



UNIVERSITÀ
CATTOLICA
del Sacro Cuore



Sustainable Food Systems

European Double Degree Programme

2026/2027



ISARA 
AGRO SCHOOL FOR LIFE



**2-year MSc
European
Double
Degree
Programme**

Sustainable Food Systems

Develop skills for a greener world, focusing on sustainability

WHAT IS A DOUBLE DEGREE?

An **integrated curriculum** organised between **two partner universities**, where you have the opportunity to study in **two different countries** and **earn two separate degrees** from **two different higher education systems**.

Degrees awarded:

- Laurea Magistrale in Food Processing: Innovation and Tradition (Università Cattolica del Sacro Cuore)
- Master of Science in Sustainable Food Systems (ISARA)

Participating Universities

Italy, Università Cattolica del Sacro Cuore - Cremona
France, Isara - Lyon

Edition #: 7

Next intake: September 2026

WHY CHOOSE THIS PROGRAMME?

Sustainability is an important aspect for the food sector. There is a high demand for qualified professionals who are able to understand the topics of sustainability **«from farm to fork»** and how to integrate and implement sustainability in the food chain.

The European Double degree programme educates young professionals in the food industry with a **helicopter view on the whole food chain**: our graduates are competent to initiate discussions on environmental and corporate social responsibility. They have the skills to develop implementation strategies for sustainability aspects and to communicate in an intercultural context.

Our graduates smoothen the path towards a sustainable food industry - a greener one.



About Cattolica and ISARA



SEMESTER 1

Università Cattolica del Sacro Cuore (Cremona, Italy)

- Management basics (5 ECTS)
- Physical chemistry and biochemistry of food (11 ECTS)
 - » Module Physical chemistry of food
 - » Module Biochemistry of food
- Food microbiology (11 ECTS)
 - » Module Food microbiology for food production
 - » Module Food microbiological safety
- Nutrition and functional foods (3 ECTS)
- Theology (in S1 or S2)*

*All degree-seeking students are required to attend theology teachings aimed at offering a reasoned and critical knowledge of the Christian message.

SEMESTER 3

ISARA (Lyon, France)

- Entrepreneurship and sustainable development in food industries (12 ECTS)
- Food processing and managerial innovation (12 ECTS)
- Core project (6 ECTS)

SEMESTER 2

Università Cattolica del Sacro Cuore (Cremona, Italy)

- Raw materials (9 ECTS)
 - » Module Grains and vegetables
 - » Module Fruit science
 - » Module Animal sources
- Food technology and plants (9 ECTS)
- Food quality assurance and international certifications (5 ECTS)

SEMESTER 4

Master thesis (30 ECTS)

The Master's thesis that will be discussed at ISARA or Università Cattolica, and it will be supervised by one of the two universities.

The thesis is composed of:

- an independent project, research and data analysis on a topic related to sustainability in food supply chain
- a written thesis and oral defense

ENTRY REQUIREMENTS AND APPLICATION PROCEDURES

You are required to have a BSc degree or equivalent in **Food Science and Technology or Nutrition**.

If you have a BSc degree in Biotechnology, Biological Sciences or Agricultural Sciences, you are welcome to apply, and may be assigned integrative readings on Microbiology and Food Technology. If you have an Economic and Social Science background, you must prove a min. of 60 ECTS in Agricultural Science, Food Science or Nutrition.

If English is not your first language, you will need to either:

- Have successfully completed a **degree programme taught in English**
- Have an official **English language certificate** (IELTS min. 6.5, paper-based TOEFL min. 550, iBT TOEFL min. 80, Cambridge English min. 176)

Applications opening: end of October, 2025

Applications deadline: April 1st, 2026 (EU and non-EU citizens)

How to apply:

- Prepare and collect all the required documents listed on the website
- Fill out the application form and upload the documents
- Pay the €75 application fee
- Once done you will receive a confirmation by email and a summary of the application

Tuition fee: €9,050 per year

Reduced tuition fee for admitted students: €6,400 per year*

Scholarships:

- **Vinci Scholarship Programme:** Cash grant (€1,000 ca.), available for the 1st year of the programme.
The MSc in Sustainable Food Systems is supported by the **Université Francio-Italienne (UFI)**, which promotes academic cooperation between France and Italy and funds student mobility initiatives.
- **Terra Isara scholarship:** tuition fee reduction (from 25% to 50%), available for the 2nd year of the programme

Please check the full application procedure at this link: <https://www.susfoods.eu/admission/>

*As part of a joint initiative by Università Cattolica and ISARA to support international enrolment, for the academic year 2026/27 admitted students benefit from a reduced tuition applicable to both years of the MSc programme.

All information in this flyer may be subject to change.

For the most recent updates, please visit the dedicated sections on www.susfoods.eu or contact susfoods@isara.fr



Start your application

CAREER PATHS

With a strong basis in sustainable food production and an international profile, graduates of this programme enjoy a wide range of career opportunities globally, and are well placed to obtain managerial positions in SMEs in the food industry, in fields such as:

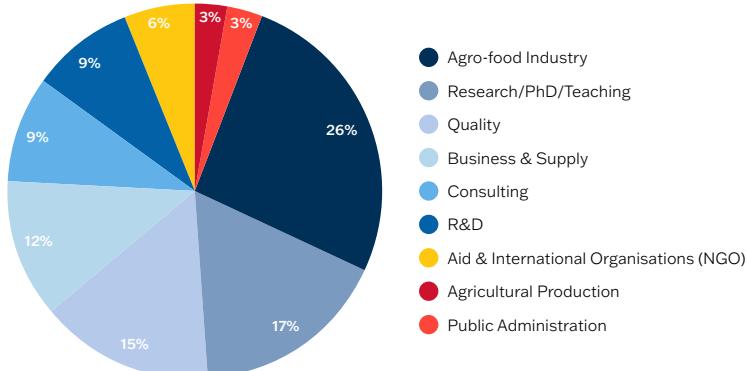
- Supply chain
- Quality and safety
- Production and processes
- Sustainable development
- Food system innovation

JOB OPPORTUNITIES

- Food Quality manager
- Agri-food sales manager

- Food quality engineer
- Sales manager

- Manager in the agri-food industries



Distribution of alumni by sector of activity (2015-2021)

COLLABORATIONS

We collaborate with leading companies in the agribusiness industry, such as:



CAREER OPPORTUNITIES AND STUDENTS TESTIMONIALS



«Joining this programme has been a **game-changer for my career**. Studying at two top universities in Food and Sustainability, I'm **learning directly from leading experts**. The unique course mix—from food biochemistry to agricultural policy—gives me the **perfect foundation for a future in sustainable food systems**.»

Chrispin BONIFACE, Tanzania

«With a background in Food Engineering and quality assurance, I wanted to **broaden my expertise**. Enrolling in this master's programme **connected me with top institutions in Italy and France**, where I explored sustainability's role in the food supply chain. This **experience was transformative**—learning from field experts and peers worldwide gave me **fresh insights** into food systems and a **global perspective** crucial for my future impact.»

Laura QUINECHE MINAYA, Peru



Hear more from our students

COST OF LIVING

Average cost of living in Italy (Cremona) per year:

- **Accommodation:** €7,800 - €10,400
- **Food:** €3,500 - €5,200
- **Public transport:** €270
- **Books and leisure:** €600

Average cost of living in France (Lyon) per year:

- **Accommodation:** €4,200 - €5,400
- **Food:** €2,400
- **Public transport:** €300
- **Books and leisure:** €1,800

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Contacts

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Global Engagement
Università Cattolica del Sacro Cuore

for more information



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