



**UNIVERSITÀ  
CATTOLICA**  
del Sacro Cuore

## WINTER 2025

**COURSE: Sports Team Management: An Effective Approach For  
Performance And Health Enhancement**

**Professors: C. Galvani, F. Sollazzo, F. Nascimbene, P. Bruseghini, A. Meroni**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Week 1	January 13	January 14	January 15	January 16	January 17	January 18	January 19
	<p><b>Orientation (9:30 -12:30)</b></p> <p><b>Lesson 14:00 – 17:00 C.013</b></p>	<p><b>Lesson 9:00 – 12:00 C.013</b></p> <p><b>13:00 – 16:00 C.013</b></p>	<p><b>Lesson 9:00 – 12:00 C.013</b></p> <p><b>14:00 – 16:00 Field Trip</b></p>	<p><b>Lesson 9:00 – 12:00 C.013</b></p> <p><b>14:00 – 16:00 Field Trip</b></p>	FREE	FREE	FREE
Week 2	January 20	January 21	January 22	January 23	January 24	January 25	January 26
	<p><b>Lesson 9:00 – 10:00 (F.013)</b></p> <p><b>10:00 – 12:00 (F.002 Big Gym)</b></p> <p><b>Lesson 13:00 – 14:00 (F.013)</b></p> <p><b>14:00 – 16:00 (F.002 Big Gym)</b></p>	<p><b>Lesson 9:00 – 10:00 (F.013)</b></p> <p><b>10:00 – 12:00 (F.002 Big Gym)</b></p> <p><b>Lesson 13:00 – 14:00 (F.013)</b></p> <p><b>14:00 – 16:00 (F.002 Big Gym)</b></p>	<p><b>Lesson 9:00 – 10:00 (F.013)</b></p> <p><b>10:00 – 12:00 (F.002 Big Gym)</b></p> <p><b>Lesson 13:00 – 14:00 (F.013)</b></p> <p><b>14:00 – 16:00 (F.002 Big Gym)</b></p>	<p><b>Lesson 9:00 – 10:00 (F.013)</b></p> <p><b>10:00 – 12:00 (F.002 Big Gym)</b></p> <p><b>Lesson 13:00 – 14:00 (F.013)</b></p> <p><b>14:00 – 16:00 (F.002 Big Gym)</b></p>	<p><b>Lesson 9:00 – 10:00 (F.013)</b></p> <p><b>10:00 – 12:00 (F.002 Big Gym)</b></p>	FREE	FREE

