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# Discovering the Mystery of the Ordinary Life. Social Psychology in Action

PROF. CAMILLO REGALIA

<b>Area of study:</b>	Psychology
<b>Area Code:</b>	PS/SO310
<b>Method of Instruction:</b>	In-person

## Description

The development of our life is embedded in a series of actions and interactions with others. Every day we meet and communicate with familiar and unfamiliar people, enter social situations with short-term immediate goals, and these are linked to broader long-term goals and ultimately to more fundamental motives (such as establishing social ties, understanding ourselves and others, gaining and maintaining status, defending ourselves and those we value, and attracting and so on). The course aims to examine our everyday social behavior and show the main psycho-social processes and the key factors shaping human acting, feeling, and thinking. A special focus will be on the role played by the culture in influencing the way we think of ourselves and act with others.

## Course contents

## Prerequisites

A background in Social Psychology and Research Methods may prove helpful, but it is not compulsory.

## Method of instruction

Lecture and Seminar

## Course requirements

Students have to comply with the following requirements:

- Students are expected to regularly attend class sessions and actively contribute to in-class debate.
- Students are expected to study in advance the assigned course readings, when requested
- Students will have to take two written exams: a mid-term test and a final test, at the end of the teaching period.
- Students are required to do a short presentation on a course-related topic.

The use of the mobile phone is not allowed during the class.

## Credits

6 ECTS

## Grading



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Attendance and class participation	20% of final grade
Class presentation	20% of final grade
Midterm test	30% of final grade
Final written exam	30% of the final grade

## Course readings and materials

All the readings will be available in a course pack and the lecturer's slides will be available on Blackboard.

## Instructor bio

**Prof. Camillo Regalia** is currently Full Professor of Social Psychology at the Department of Psychology, Director of Centre for Family Studies & Research, Director of the PhD School of Psychology.

He teaches Social Psychology, Immigration Psychology and Social Psychology of the Family at the Faculty of Education and the Faculty of Psychology. His main research interests are in: pro-social constructs (self- and other-forgiveness, empathy, and gratitude within close and family relationships; intergroup forgiveness), family relations, relational antecedents and correlates of religious identity, self-efficacy beliefs and the influence of culture and migration on identity and family functioning. He is author and co-author of several international publications.

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