



UNIVERSITÀ
CATTOLICA
del Sacro Cuore

PS/SO310 – Discovering the Mystery of the Ordinary Life. Social Psychology in Action

Prof. CAMILLO REGALIA

COURSE DESCRIPTION

The development of our life is embedded in a series of actions and interactions with others. Every day we meet and communicate with familiar and unfamiliar people, enter social situations with short-term immediate goals, and these are linked to broader long-term goals and ultimately to more fundamental motives (such as establishing social ties, understanding ourselves and others, gaining and maintaining status, defending ourselves and those we value, and attracting and so on).

The course aims to examine our everyday social behavior and show the main psycho-social processes and the key factors shaping human acting, feeling, and thinking. A special focus will be on the role played by the culture in influencing the way we think of ourselves and act with others.

PREREQUISITES

A background in Psychology and Research Methods may prove helpful, but it is not compulsory.

METHOD OF TEACHING

Lecture and Seminar

COURSE REQUIREMENTS

Students have to comply with the following requirements:

- a) Students are expected to regularly attend class sessions and actively contribute to in-class debate.
- b) Students are expected to study in advance the assigned course readings.
- c) Students will have to take two written exams: a mid-term test and a final test, at the end of the teaching period.
- d) Students are required to do a short presentation on a course-related topic.

The use of the mobile phone is not allowed during the class.

CREDITS

6 ECTS



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GRADING

Attendance and class participation	20 % of final grade
Group assignments + class presentation	20 % of final grade
Midterm test	30 % of final grade
Final written exam	30 % of final grade

COURSE READINGS AND MATERIALS

All the readings will be available in a course pack and the lecturer's slides will be available on Blackboard.

INSTRUCTOR BIO

Camillo Regalia is currently Full Professor of Social Psychology at the Department of Psychology and Director of the PhD School of Psychology. He teaches Social Psychology, Immigration Psychology and Social Psychology of the Family at the Faculty of Education. He is Executive Member of the Associazione Italiana di Psicologia (Italian Psychological Association), of the European Society on Family Relations (ESFR) and of the Scientific Committee of the Centre for Family Studies & Research (Università Cattolica del Sacro Cuore). He is Management Committee Member of ISCH COST Action IS1311 Intergenerational Family Solidarity across Europe (INTERFASOL). His main research interests are in: pro-social constructs (self- and other-forgiveness, empathy, and gratitude within close and family relationships; intergroup forgiveness), family relations, relational antecedents and correlates of religious identity, self-efficacy beliefs and the influence of culture and migration on identity and family functioning. He recently received the grant "Language, Integration and Immigrants" by Minister of Interior.

E-MAIL ADDRESS

camillo.regalia@unicatt.it