

# Welcome Winter Students!



## Summary

- ICatt account
- ICatt webpage
- Blackboard platform
- Campus services
- The city of Milan

### **The International Student Services Team**



**Francesca De Martini** Team Coordinator



#### Alicia Quijano

- Short mobility programmes
- Buddy Mentor Programme
- Isep Coordinator



#### Laura Ferrari

- Academic Curriculum courses
- Italian
   Langauge
   courses



#### Martina Peretti:

- General inquiries
- Double Degree



#### Olivia MenghiniInternational Curriculum courses



### **Contacts**



Email: international.advisor@unicatt.it



Phone: (0039) 02 7234 5801 (Extension: 2)





**Office hours:** Monday - Friday Morning: 9.30 am - 12.30 pm Afternoon: 2.30 pm - 5 pm

Make sure to **regularly check** and **BOOKMARK** the <u>Welcome to Cattolica page</u> for up-to-date information!

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### iCatt - Personal student page



#### What is iCatt?

iCatt is the student portal where you will access your **personal page** with **all the information you need** to study at Cattolica.

#### How do I access iCatt?

You can access iCatt from the **Cattolica home page** or directly at <u>https://icatt.unicatt.it</u> using the same user ID (firstname.lastname01) and password you used for the application portal.

(Note: your user ID may include middle names and could have "02" instead of "01")

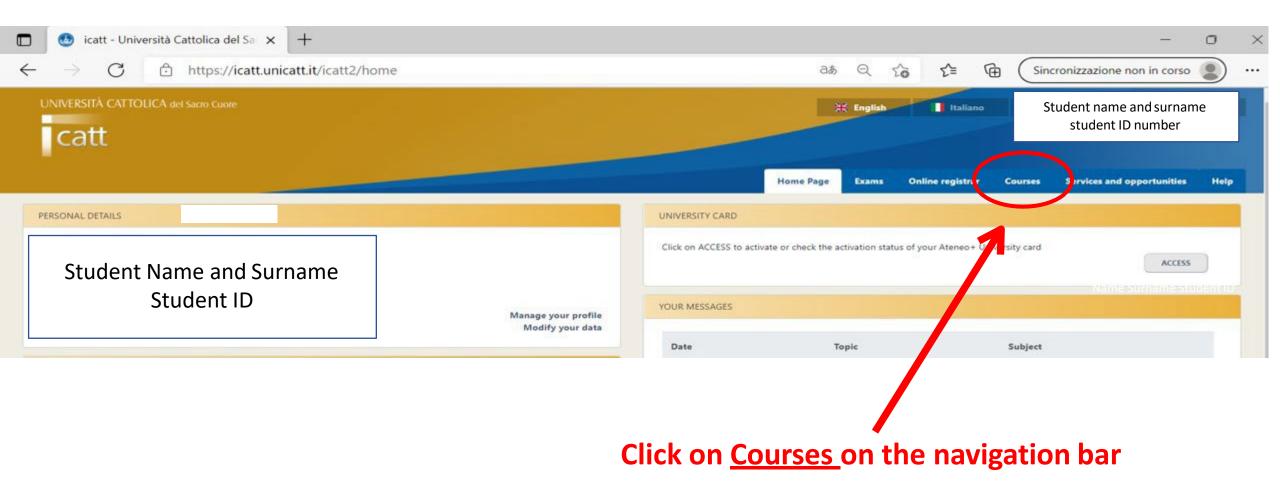
Note:

If you forget your password, click 'forgotten password' and use the *codice fiscale* that was sent to your email address just before you started your application to Cattolica

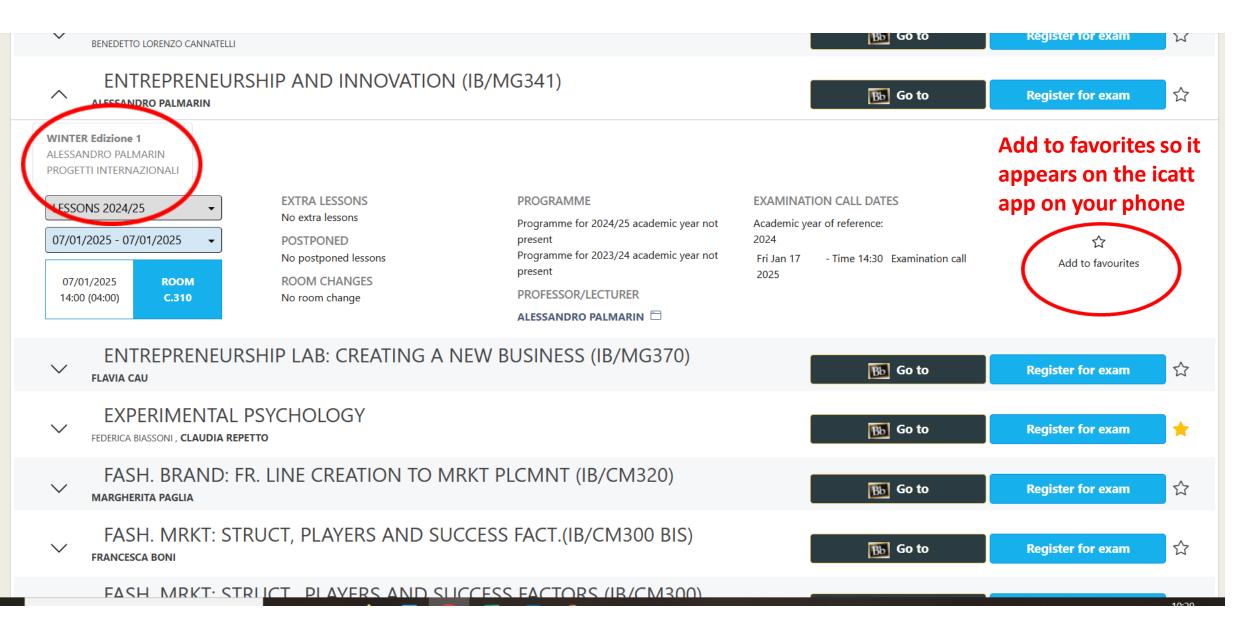
### What does my iCatt Personal Page look like?

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### How can I see my courses?



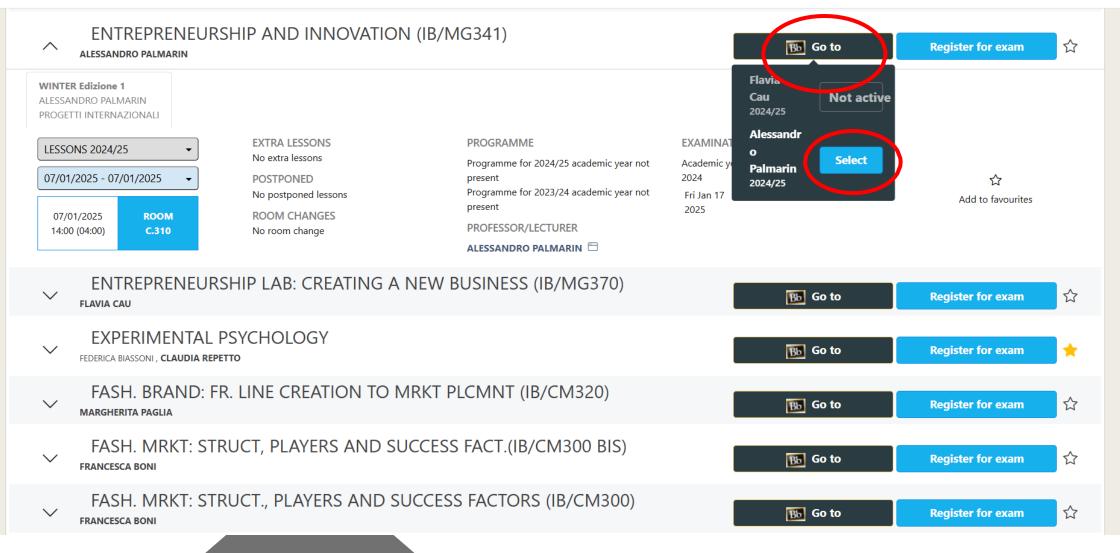
### How can I see my courses?



### How to activate your course to Blackboard

In order to access your course material you must activate Blackboard for each class

- 1. Click on the black button with the BB logo next to your course
- 2. Click on Select



### How to enter Blackboard: Return to your Home Page and click on Go to Blackboard

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#### Click on COURSES on your Blackboard home page to access your course.

Privacy

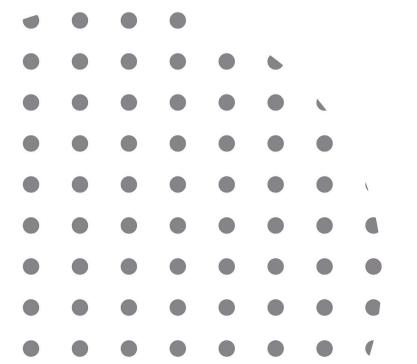
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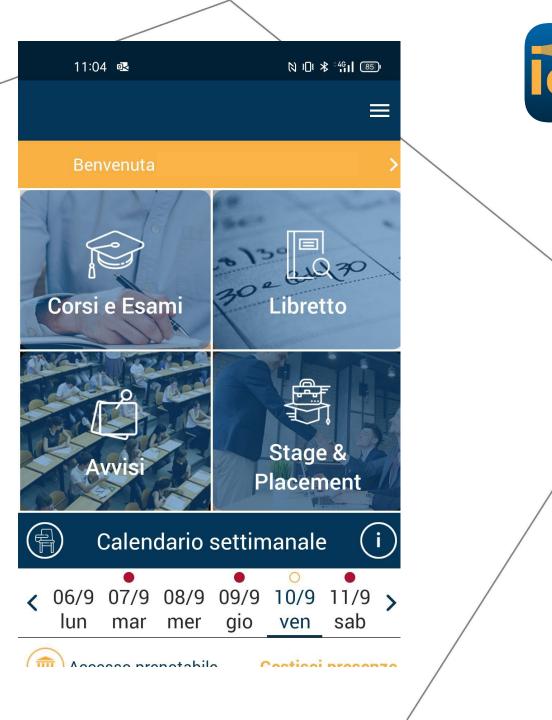
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Courses	2024-ZXQ628-107661 ENTREPRENEURSHIP AND INNOVATION (IB/MG341) (2024-2025) Original Course View Open · Start now   Alessandro Palmarin   More info ~	☆
Calendar	2022-ZXP709-72182 STRATEGIC MANAGEMENT & ENTREPRENEURSHIP (IB/MG340) (2022-2023) Original Course View Open   Andrea Carlo Maria Sottini   More info 🗸	✿
<ul> <li>➡ Grades</li> <li>➡ Tools</li> <li>➡ Sign Out</li> </ul>	2023-ZXP709-82489 STRATEGIC MANAGEMENT & ENTREPRENEURSHIP (IB/MG340) (2023-2024) Original Course View Open · Start now   <u>Multiple Instructors</u>   More info ~	☆

## iCatt App

#### Download the **iCatt App** to:

- check information about courses
- schedules and classrooms





Cati

### Classrooms

Course	Professor	Room	
ZXQ628 - Entrepreneurship and Innovation	Alessandro Palmarin	C.310	
ZXP322 - Personal Branding: Impact, Influence and			/
Effectiveness in the Workplace	Stefania Vitulli	C.311	
	Marco Minciullo		
ZXP323 - Green Management and Sustainability		C.314	

## ACADEMIC POLICIES

- Attendance is mandatory
- Excused absence only with a medical certificate
- Unexcused absences may lead to 3 or 4 points taken off final grade.
- Exams cannot be rescheduled
- If you have not yet signed the policy, you can go to <u>this link</u> and return it signed to <u>international.advisor@unicatt.it</u>



## Your @iCatt email account

Every student enrolled at Cattolica has an iCatt email address: your iCatt username + @icatt.it

#### How do I access my iCatt email account? Three ways:



All **Cattolica official communications** related to courses will be directed to your **@icatt mailbox**. **Make sure to check it regularly**. For more information visit <u>this page</u>.



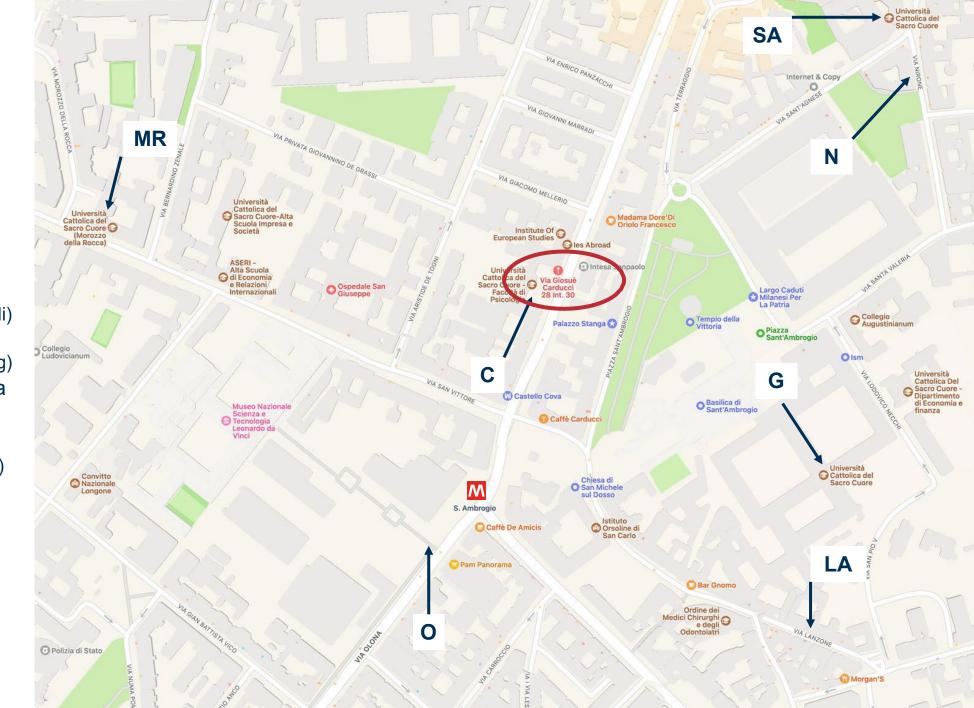
## University Buildings

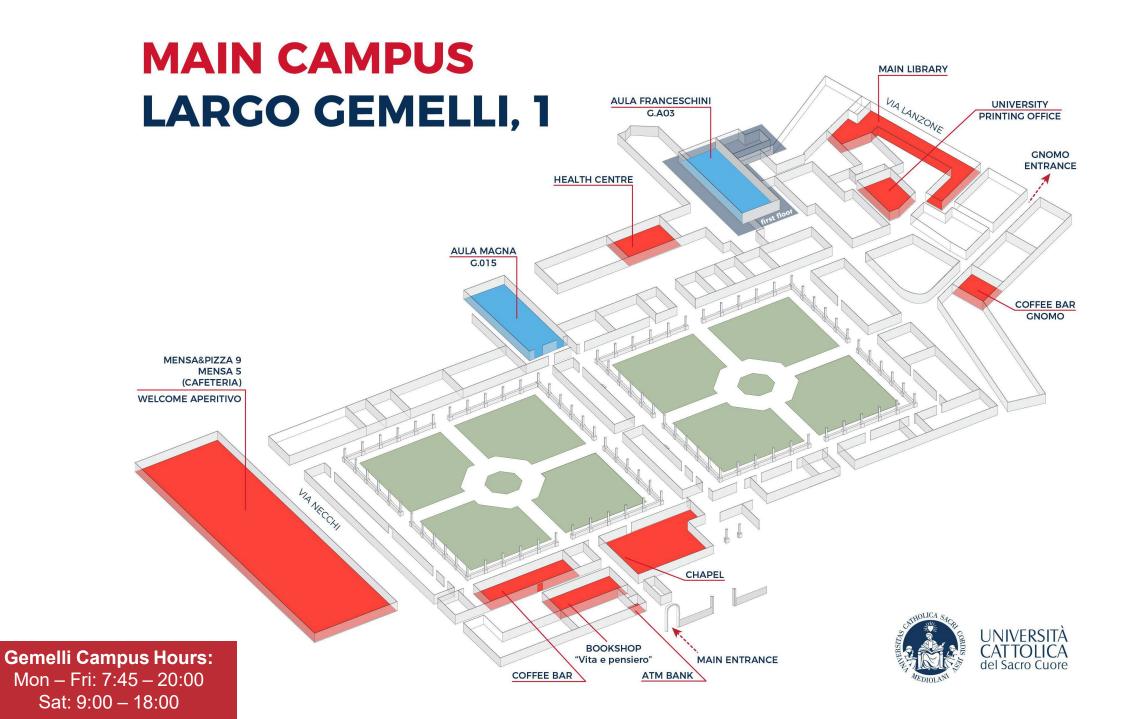
Your courses may be held in various buildings!

**Buildings Index:** 

- **G** = Gemelli (Main Campus – Largo Gemelli)
- C = Carducci (Cattolica International Building)
- MR = Morozzo della Rocca
- SA = Sant'Agnese
- N = Nirone (Via Nirone)
- LA = Lanzone (Via Lanzone)
- O = Olona (Via Olona)

Example: C.311 = Carducci building - 3<sup>rd</sup> Floor - Room 311





## Cafeteria (Mensa)

#### Locations

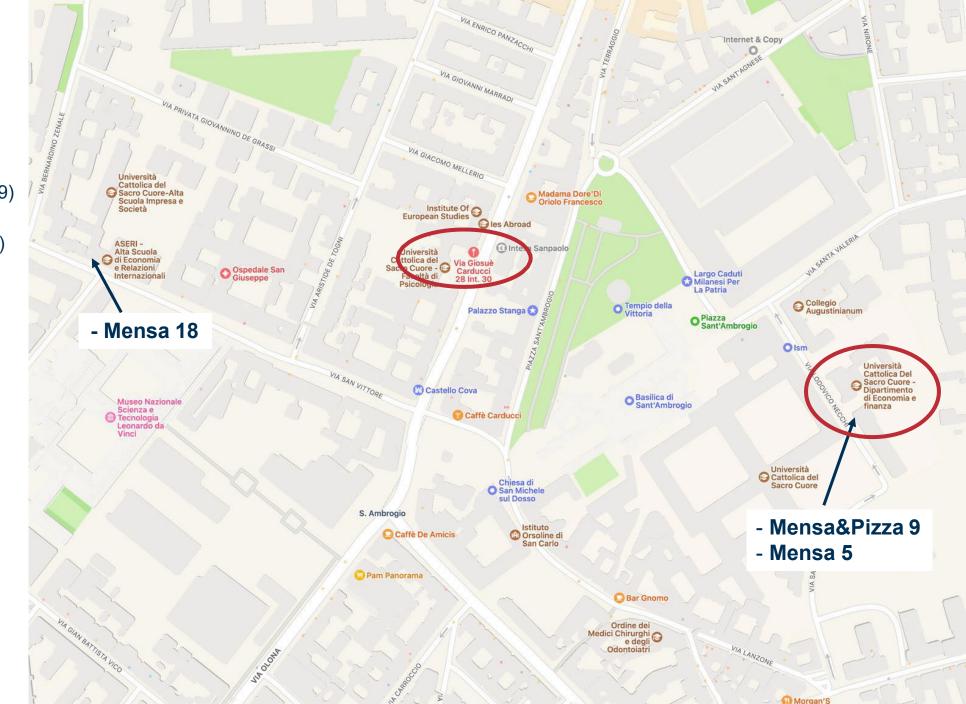
- Mensa&Pizza 9 (Via Necchi, 9)
- Mensa 5 (Via Necchi, 5)
- Mensa 18 (Via San Vittore, 18)
   Prices
- Complete meal: €6,50
- Lunch meal: €5,00

#### Payment

- Use your student ID card: cash not accepted
- Card top-up machines are located at the entrance of the Mensa&Pizza 9 (Via Necchi, 9)

#### **Opening Hours**

From 11.30 am until 3.00 pm. For more specific opening times, check online!



## **Composing your meal**

FIRST COURSE (Primo piatto): SECOND COURSE (Secondo piatto):

SIDE DISH (Contorno):

**DESSERT:** 

Pasta/ risotto/ soup

Meat/ fish/ vegetarian option (omelette, pie)/ large salad

Vegetables, small salad, small piece of cheese

Yogurt, pudding, fruit



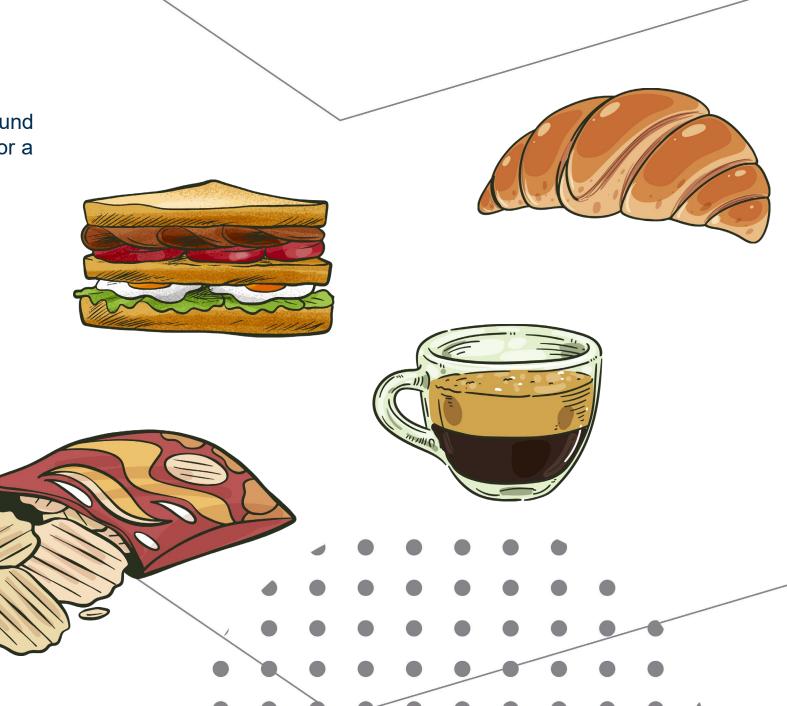
<b>COMPLETE</b> <b>MEAL</b> First Course Second Course Side Dish Fruit Bread Drink (free refill)	LUNCH MEAL 1 First Course Side Dish Fruit Bread Drink (free refill)	 <b>LUNCH MEAL</b> <b>2</b> Second Course Fruit Bread Drink (free refill)	<b>LUNCH MEAL</b> <b>3</b> Second Course Side Dish Bread Drink (free refill)	<b>BASIC</b> <b>PIZZA</b> A Slice of Pizza Fruit Drink (free refill)	<b>BASIC</b> <b>PIZZA</b> A Slice of Pizza Fries Drink (free refill)
€6.65	€5.00	€5,00	€5,00	€4,50	€5.00

### The Main Cafeteria "Mensa" on Via Necchi 9

- 1. Load money onto your student ID (insert your ID and remove straight away, as shown on the video)
- 2. Check the day's menu and join the line: there are two lines:
  - Pizza line
  - Regular line (at one point the line splits left and right, but the food is the same)
- 3. Grab a tray, cutlery and bread (optional)
- 4. Choose what you would like based on the options on the previous slide
- 5. Grab a beverage at the beverage fountain machine (free refills)
- 6. Pay by swiping your student ID card at the cash register
- 7. Enjoy! (buon appetito!)
- 8. When you are finished eating, place your tray on the conveyor belt in the dining area on the right.

### **Coffee Bars**

You can take advantage of the bars around the campus for a quick snack, a coffee or a **brioche** (croissant) with cappuccino



## How to Use Your Student ID Card



• Eat at the Cafeteria

Use University services

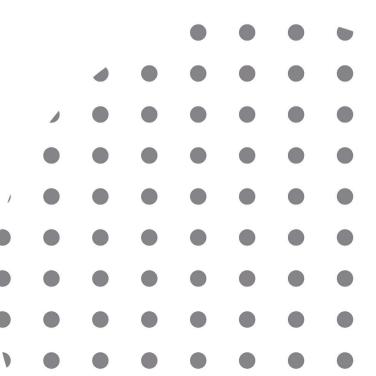
 (printers, medical centre, library services)

Access some areas reserved for authorized person

## **Cattolica WiFi Connection**

search for the network "wifi-unicatt"

To log in, use your user account and password (the same as your iCatt account)



### **HEALTH CENTER**

Main campus, Dominicanum Building, 1st floor

- No appointment required (free access)
- Free visits
- Visits hours: Mon Thur Fri → 9.00 am –
   4.45 pm | Tue Wed → 1.00 pm 4.45 pm
- English and Italian speaking doctor

## Life in Milan



- A brief Italian lesson
- Public transport
- General safety tips
- Food and drink
- What to see in Milan

## A Brief Italian Lesson (Una breve lezione)

Hello → Buongiorno (formal / for people you don't know)

Hi! / bye! → Ciao

My name is... → *Mi chiamo* 

Please → Per favore ('per favor-ay')

Excuse me -> Mi scusi (asking for a person's attention)

Excuse me → *Permesso* (asking for permission to pass/enter)

I would like → Vorrei...

Can I have...? → Posso avere...?

How much does it cost? → Quanto costa...?

Where is...? → Dov'è...? ('Dov-ay...?')

Thank you → Grazie ('gra-tz-ee-ay')

Have a nice day! → Buona giornata!

TIP: Pronounce every vowel in the word

Buongiorno, mi chiamo...

Posso avere un'informazione?

Vorrei sapere dove è l'ufficio immigrazione.

Grazie e buona giornata!

## **Public Transport: "ATM"**

Milan is divided in zones. The minimum fare that can be purchased is the 3 zones (Mi1-Mi3).

#### Costs for Mi1-Mi3:

- **Regular ticket** (valid for 90 minutes from the first validation): € 2,20
- Monthly pass: €22,00 + a 1 time purchase of the electronic card: €10,00 (valid on metro, bus, tram)
- Weekly pass (€18.50) and three-day passes are also available

#### Check how to apply for you atm card here!

Be aware of public transport strikes. Use the ATM app for updates and also to buy virtual tickets

ATTENTION: Always validate your ticket when you get on a bus/tram/metro.
Paper ticket: Insert the ticket in the machine
Virtual ticket: Buy a ticket on the ATM app and scan the QR code (only for the metro; no need to scan on bus and tram)
Contactless bank card: Tap your contactless bank card to enter and exit



Useful links: <u>More info here</u> ownload the ATM Milano app

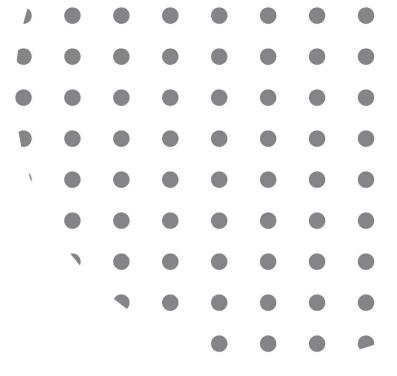
## **Taxi Service**

- White taxis are generally cheaper than UBER
- They generally accept cards but ask the driver first

#### How to catch a cab:

At a taxi stand at several points throughout the city

- You can call several **taxi services** on these numbers:
- 024040, 026969, 028585
- Download one of these Apps:





## **General Safety Tips**

- Be very aware of **pickpockets** at train stations, metro stations and on public transport
- Always make sure your backpack/handbag is closed. Hold your bag/backpack in your arms on transport
- Don't leave your **phone/wallet** on the table in bars
- In Italy you are required to always have an ID card with you. However, we advise you to keep your passport in your apartment in a safe place.
- Make sure you have scans or copies of your important documents, and keep them safe at home/ online
  - If you're getting home late, **don't walk home alone** if you can avoid it call a taxi

### EMERGENCY SERVICE NUMBER: 112 (Police, Ambulance, Fire Department)

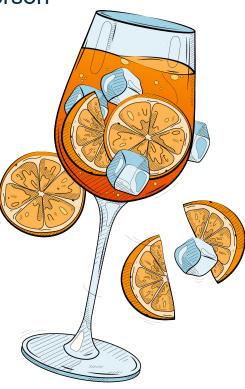
### **General tips**

- Appropriate clothing is expected at University: watch and learn from local students
- Be aware of your surroundings
- Quiet hours are generally 10 pm on weekdays and 11 pm on weekends
- If you visit a church, cover shoulders and knees and remove hats
- Get out of your comfort zone!
- Interact with locals

Speak to us if you want to discuss anything!

### **Food and Drink**

- Payment system varies in bars and restaurants
- Aperitivo: it's a pre-dinner/relax after work moment that usually goes from 6.00 pm to 9.00 pm. You can have drinks and snacks or small dishes.
- Tipping isn't expected (You may leave some extra euros and this will be appreciated, but it is not necessary).
   However, you will be charged a 'coperto' (service fee) that is usually around € 2,00 per person
- Lunch time: 12.00 pm 2.30 pm
   Dinner time: 7.00 pm 10.00 pm
- Public water fountains: free, clean water
- Visit the local farmers market for an authentic Italian grocery shopping experience
- Typical breakfast at the bar: cappuccino and cornetto (also called brioche or croissant)



Check out this article for more tips!



## What to see in Milan (and whereabouts)

#### Parks:

- Parco Sempione
- Parco Solari (including indoor swimming pool)
- BAM Biblioteca degli Alberi Milano
- Giardino Indro Montanelli
- Boscoincittà
- Parco Lambro

#### Monuments:

- Duomo di Milano
- Castello Sforzesco
- Arco della Pace
- Torre Branca
- Cimitero Monumentale
- Basilica di Sant'Ambrogio

#### Museums\*:

- Palazzo Reale
- Santa Maria delle Grazie (The Last Supper)
- MUDEC Museo delle Culture
- GAM Galleria di Arte Moderna
- Pinacoteca di Brera
- Museo della Scienza e della Tecnica Leonardo da Vinci
- Triennale
- Biblioteca Ambrosiana
- Hangar Bicocca
- (Mostly free entry\* on first Sunday of the month)

#### Nightlife Areas (dinners and bars):

- Piazza Gae Aulenti
- Corso Como
- Colonne di San Lorenzo
- Navigli
- Isola
- Arco della Pace

#### Weekend Trips (close to Milan):

- Como
- Lake Como
- Lake Garda
- Brescia
- Cremona
- Bergamo
- Varese

#### Weekend Mountain Breaks:

- Piani di Bobbio
- Pila
- Presolana Montepora
- Aprica
- Valmalenco
- Montecampione
- Pontedilegno-Tonale

For any other info you may need, visit **YesMilano** 

#### Check out this article for a guide of Milan!



## YesMilano

# Y E S MILANO

### Your Guide to the City



## Get connected with fellow students **ESN IXESN** N O INTERNATIONAL EXCHANGE ERASMUS STUDENT NETWORK NICATT Help International students in Milan have an unforgettable experience.



