



UNIVERSITÀ
CATTOLICA
del Sacro Cuore

Welcome International Students!

*Università Cattolica
del Sacro Cuore*

"wifi-unicatt" Log in with your
iCatt user account and
password



AGENDA

- About the University
 - International Student Services Team
 - University Buildings
 - Campus Services
 - IT tools
- Life in Milan
- Campus Tour
- Lunch



The **International** Student Services Team

Contacts



Francesca De Martini
Team Coordinator



Alicia Quijano
*Short Mobility Programmes
Buddy – Mentor Programme
ISEP Coordinator*



Laura Ferrari
*Academic Curriculum Course
Italian Language Course
Coordinator*



Martina Peretti
*General Inquiries
Double Degree Programmes*



Denise Diatta
*General Inquiries
Double Degree Programmes*



Olivia Menghini
*International Curriculum Course
Coordinator*

Contacts



Email:
international.advisor@unicatt.it



Phone:
(0039) 02 7234 5801 (Extension: 2)



Office:
Via Carducci, 30. 3rd floor -
Follow the blue arrows on the floor!



Office hours: Monday - Friday
Morning: 9.30am - 12.30pm
Afternoon: 2.30pm - 5pm

Make sure to check
and **BOOKMARK** the
Welcome to Cattolica page
for up-to-date information!

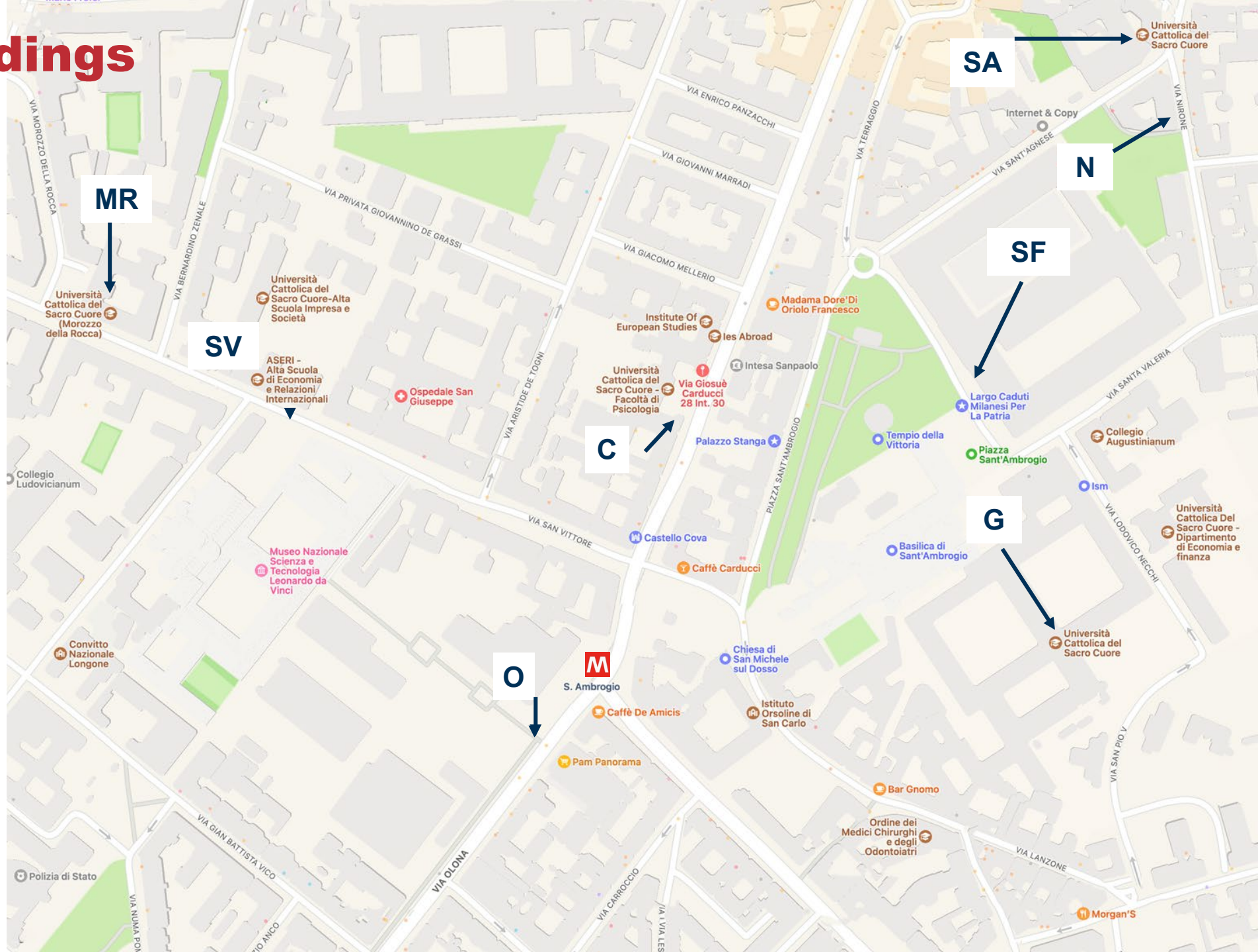
University buildings

Your courses may be held in various buildings!

Buildings Index:

- **G** = Gemelli
(Main Campus – Largo Gemelli)
- **SF** = San Francesco
- **C** = Carducci
(Cattolica International Building)
- **SA** = Sant'Agnese
- **N** = Nirone (Via Nirone)
- **O** = Olona (Via Olona)
- **MR** = Morozzo della Rocca
- **B** = Buonarroti (not on this map – 10 minute metro ride from Cadorna)
- **SV** = Via San Vittore 18

Example: **Aula C.311** =
Carducci building - 3rd Floor -
Room 311



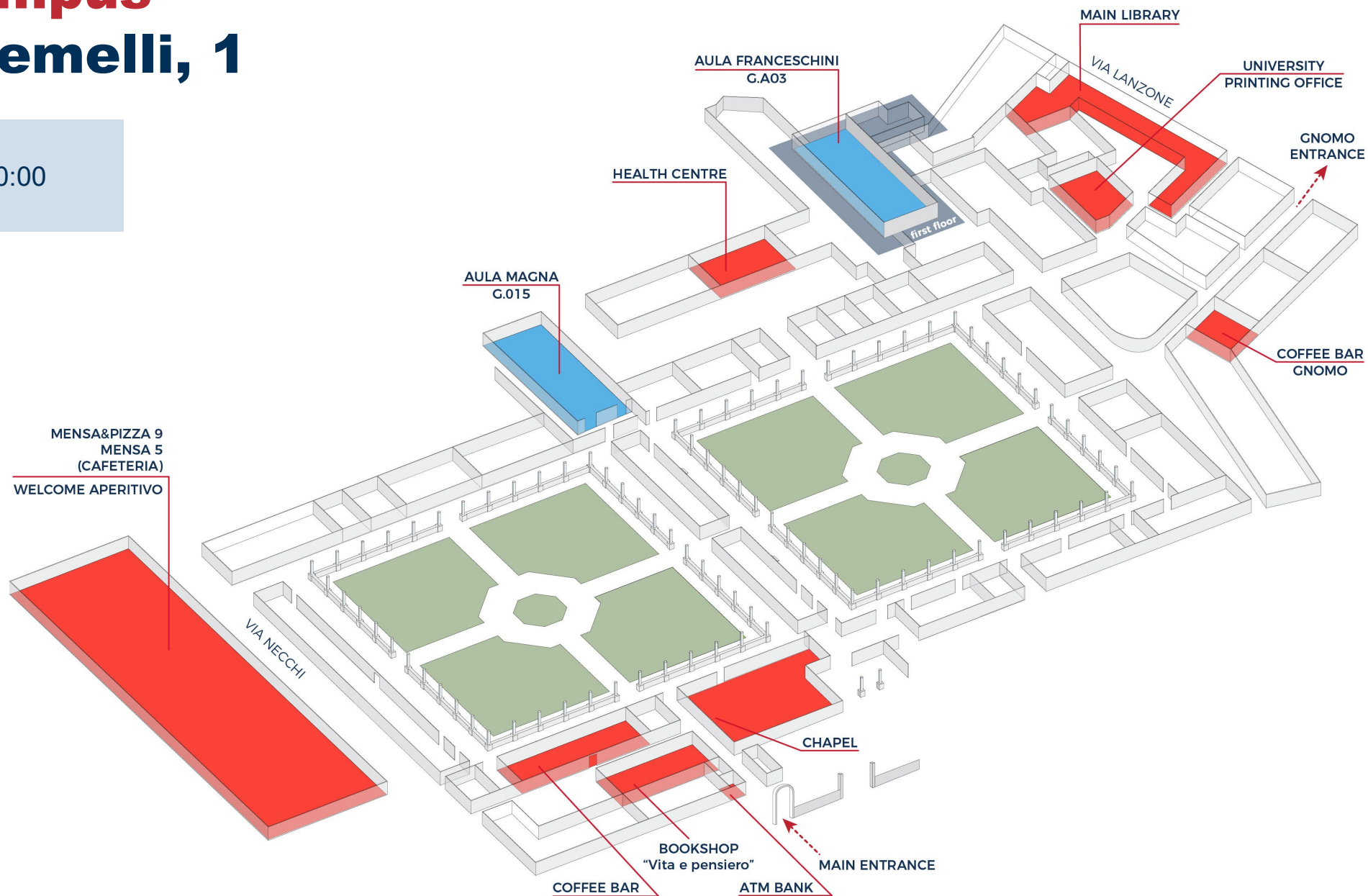
Main campus

Largo Gemelli, 1

Campus hours:

Mon – Fri: 7:45 – 20:00

Sat: 9:00 – 18:00



Cafeteria (*Mensa*)

Locations

- Mensa&Pizza 9 (Via Necchi, 9)
- Mensa 5 (Via Necchi, 5)
- Mensa 18 (Via San Vittore, 18)

Prices: range from €6.65 to €5

Payment:

- Use your student ID card: cash/bank card not accepted
- Card top-up machines are located at the entrance of the Mensa&Pizza 9 (Via Necchi, 9)

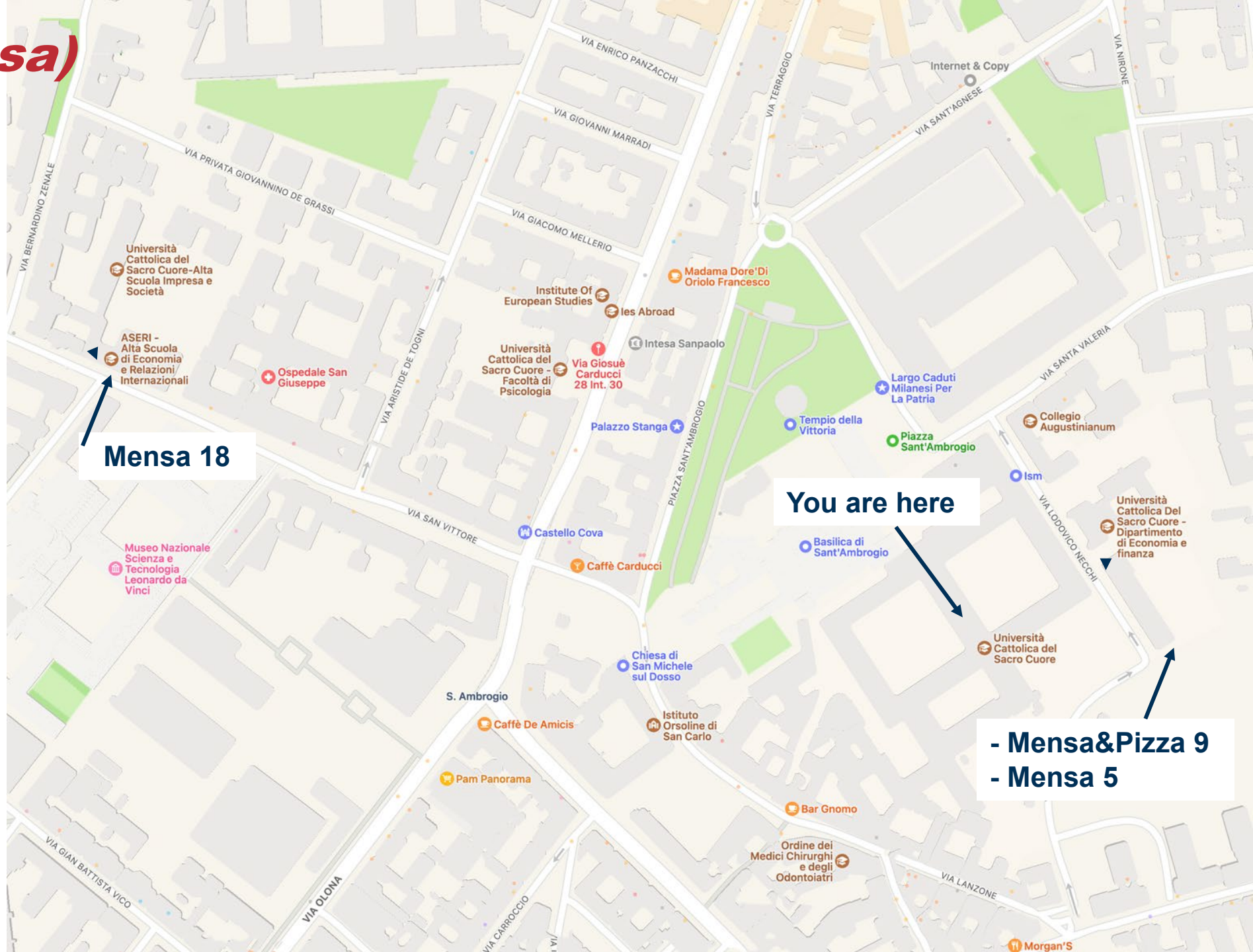
**Learn how to top-up your card in
this video**

Read detailed info here

Opening Hours

11.30 pm - 3.00 pm

For more specific opening times, [check online!](#)



Composing **your meal**

(in the main mensa, via Necchi 9)

FIRST COURSE <i>(Primo piatto)</i>	Pasta / risotto / soup
SECOND COURSE <i>(Secondo piatto)</i>	Meat / fish/ vegetarian option (omelette, pie, large salad)
SIDE DISH <i>(Contorno)</i>	Vegetables, small salad, small piece of cheese
DESSERT	Yogurt, pudding, fruit
DRINK (included)	Refillable cup available at the cashier

COMPLETE MEAL

First Course
Second Course
Side Dish
Fruit
Bread
Drink (free refill)
€6.65

LUNCH MEAL 1

First Course
Side Dish
Fruit
Bread
Drink (free refill)
€5.00

LUNCH MEAL 2

Second Course
Fruit/Side Dish
Bread
Drink (free refill)
€5.00

BASIC PIZZA

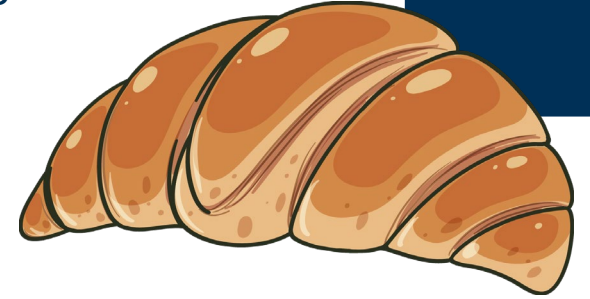
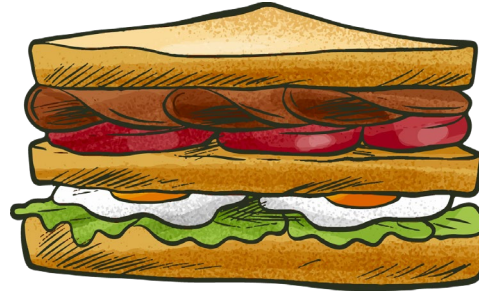
A Slice of Pizza
Fruit / Fries
Drink (free refill)
€4.50/ €5,00



This is an example of a complete meal.
Pasta (tortellini in broth), grilled meat,
side of vegetables, fruit and bread.

Coffee bars

You can take advantage of the campus bars (Gemelli and Gnomo) or one of the many bars in the neighborhood for a quick snack, a coffee or a cappuccino and brioche for breakfast



Note:

- The campus bars do not accept payment with student ID



Main library

Opening hours:

Monday – Friday : 8am – 8pm

Saturday: 9am – 6pm

Library Services

General Doctor

- No appointment required (just walk in)
- Free
- Visiting hours: Mon - Fri → 9am – 4.45pm
- English and Italian speaking doctor
- Location: Main campus, Dominicanum Building, 1st floor

Specialist Visits (Dermatologist and Nutritionist)

- Appointment required (call 02 7234 2217)
- Cost: €50 (only with credit or debit card)
- Italian speaking doctor

Psychologist

- Appointment required (send an e-mail to: consulenza.psicologica.dsu@educatt.it)
- Cost: up to 10 sessions free
- English and Italian speaking doctor
- [More info here: https://www.educatt.eu/health-care-and-psychological-counselling/](https://www.educatt.eu/health-care-and-psychological-counselling/)

Useful Apps and Websites



iCatt
Personal student page
([Website](#) or [Android](#) | [Apple](#))



Blackboard

Blackboard
Manage your courses
([Website](#))



We recommend using
Chrome or Firefox browsers (NOT Safari)
for all University platforms



iCatt personal **student page**



What is iCatt?

The student portal where you will access your **personal page** with **all the information you need** to study at Cattolica including your course times and room numbers.

How do I access iCatt?

You can access iCatt directly at **<https://icatt.unicatt.it>** using the same user ID (firstname.lastname01) and password you used for the application portal.

(Note: your user ID may include middle names and could have “02” instead of “01”)

iCatt page (Web version)



Student name and surname
and student ID number
will be shown here

UNIVERSITÀ CATTOLICA del Sacro Cuore

i catt

English Italiano [User Name] [User ID]

Home Page Esami di Profitto Segreteria Online Corsi Servizi e opportunità Help

I TUOI DATI PERSONALI

[Redacted]

Matricola: [Redacted]

International Programs - Sede di Milano
Inbound Mobility Programmes

[Gestisci il tuo profilo](#)

ESAMI DEL GIORNO

▶ *OGGI*

▶ *DOMANI*

[ISCRIVITI AGLI ESAMI](#)

REGOLAMENTI DELL'ATENEO

Codice Etico e segnalazioni all'Organismo di Vigilanza

Da questo collegamento potrai accedere alla pagina web, in cui troverai le istruzioni per poter inviare una segnalazione all'Organismo di Vigilanza relativa a una violazione compiuta o tentata del Codice Etico UCSC, del Modello di Organizzazione, Gestione e Controllo, dello Statuto e di tutti i Regolamenti di cui l'UCSC si è dotata.

REGOLAMENTO DIDATTICO

CARTA ATENEO

Premi ACCEDI per attivare o verificare lo stato della tua Carta Ateneo+

[ACCEDI](#)

LE COMUNICAZIONI PER TE

Data	Categoria	Oggetto
Non ci sono dati da visualizzare		

Ultimo aggiornamento : 18/02/25, 12:14

5 elementi per pagina

Accedi alla tua casella @icatt.it

Se hai domande riguardo al tuo programma di mobilità, contatta l'International Student Services team, scrivendo una email a: international.advisor@unicatt.it

ACCESSO CORSI BLACKBOARD

Accedi a Blackboard

How can I see my courses and course schedules?



- Icatt Page
- Icatt App
- [Welcome Page](#)

A screenshot of the Icatt website interface. The browser address bar shows 'https://icatt.unicatt.it/icatt2/home'. The page header includes the 'UNIVERSITÀ CATTOLICA del Sacro Cuore' logo, the 'icatt' logo, and a navigation bar with links: 'Home Page', 'Exams', 'Online registrar', 'Courses', 'Services and opportunities', and 'Help'. The 'Courses' link is circled in red. Below the navigation bar, there are sections for 'PERSONAL DETAILS' (showing 'SYDNI EMERSON FOLEY' and 'Student id number: 5100120'), 'UNIVERSITY CARD' (with an 'ACCESS' button), and 'YOUR MESSAGES' (with a table header: 'Date', 'Topic', 'Subject'). A red arrow points from the 'Courses' link to the bottom text.

icatt - Università Cattolica del Sa x

https://icatt.unicatt.it/icatt2/home

UNIVERSITÀ CATTOLICA del Sacro Cuore

icatt

English Italiano SYDNI EMERSON FOLEY 5100120

Home Page Exams Online registrar **Courses** Services and opportunities Help

PERSONAL DETAILS

SYDNI EMERSON FOLEY
Student id number: 5100120
International Programs - Sede di Milano
Inbound Mobility Programmes

Manage your profile
Modify your data

UNIVERSITY CARD

Click on ACCESS to activate or check the activation status of your Ateneo+ University card

ACCESS

YOUR MESSAGES

Date	Topic	Subject
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Click on Courses on the navigation bar

How can I see my courses?



BENEDETTO LORENZO CANNATELLI

Go to

Register for exam

ENTREPRENEURSHIP AND INNOVATION (IB/MG341)

ALESSANDRO PALMARIN

WINTER Edizione 1
ALESSANDRO PALMARIN
PROGETTI INTERNAZIONALI

LESSONS 2024/25

07/01/2025 - 07/01/2025

07/01/2025
14:00 (04:00)

ROOM
C.310

EXTRA LESSONS
No extra lessons

POSTPONED
No postponed lessons

ROOM CHANGES
No room change

PROGRAMME
Programme for 2024/25 academic year not present
Programme for 2023/24 academic year not present

PROFESSOR/LECTURER
ALESSANDRO PALMARIN

EXAMINATION CALL DATES
Academic year of reference:
2024
Fri Jan 17 - Time 14:30 Examination call
2025

Add to favourites

ENTREPRENEURSHIP LAB: CREATING A NEW BUSINESS (IB/MG370)

FLAVIA CAU

Go to

Register for exam

EXPERIMENTAL PSYCHOLOGY

FEDERICA BIASSONI, CLAUDIA REPETTO

Go to

Register for exam

FASH. BRAND: FR. LINE CREATION TO MRKT PLCMNT (IB/CM320)

MARGHERITA PAGLIA

Go to

Register for exam

FASH. MRKT: STRUCT, PLAYERS AND SUCCESS FACT.(IB/CM300 BIS)

FRANCESCA BONI

Go to

Register for exam

FASH. MRKT: STRUCT, PLAYERS AND SUCCESS FACTORS (IB/CM300)

Go to

Register for exam

Add to favorites so it appears on the icatt app on your phone

iCatt App



The **iCatt App** shows information about your courses such as schedules and classrooms





Blackboard page





Blackboard is the platform for accessing course materials, course content, assignments etc.


UNIVERSITÀ
CATTOLICA
del Sacro Cuore
Blackboard


 Institution Page


 John Doe


 Activity Stream


 Courses


 Organizations

 Calendar

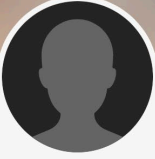
 Messages

 Grades

 Tools

 Sign Out

Privacy
Terms



00000.doe

John Doe

Basic Information

Full Name	John Doe
Email Address	john.doe01@icatt.it
Student ID	00000

Additional Information

Gender	Male
Birthday	Jun 15, 2000

System Settings

Language	English (United States)
Global Notification Settings	Stream notifications Email notifications Push notifications

Your @iCatt email account



Every student enrolled at Cattolica has an iCatt email address:
your iCatt username + @icatt.it

How do I access my iCatt email account?
Three options:

1 Visit the <u>Outlook website</u> and add an account	2 Click on the envelope at the top right of the <u>www.unicatt.it</u> homepage	3 Directly from your iCatt page in the “ Your Messages ” section
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All **Cattolica official communications** related to courses will be directed to your **@icatt mailbox**.
Make sure to check it regularly (and the SPAM box).
For more information visit [this page](#).

You may want to add a new account to your current email box in order to access more than one account on your email app and receive push notifications



Life in Milan

- Transport
- General safety tips
- Food and drink
- What to see in Milan
- A brief Italian lesson

Milan
IS my
City
now

The coat of arms of Milan, featuring a red cross on a white shield, topped with a crown.

Public transport: “ATM”

The basic fare that can be purchased is the 3 zones (Mi1-Mi3).

Costs for Mi1-Mi3 (Includes metro, bus and tram)

- **Regular ticket** (valid for 90 minutes from the first validation): € 2,20
- **Monthly pass**: €22,00 + a 1 time purchase of the electronic card: €10,00
- Weekly pass and two-day passes are also available

Check how to apply for you atm card here! **If you want to top up the card for the current month, it must be done before the 20th.**

You must book an appointment either on the app or by going to the ATM point.

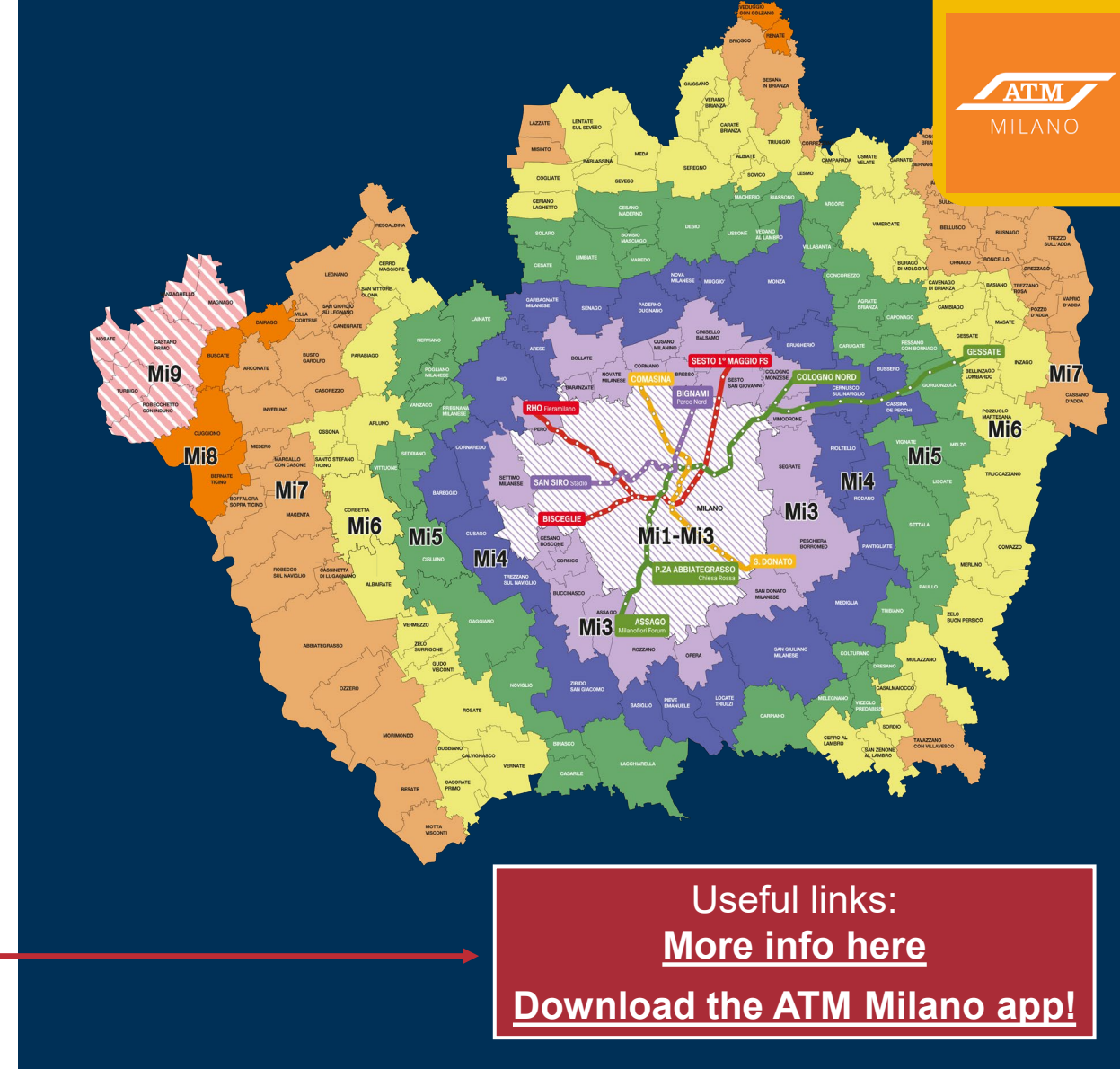
Be aware of public transport strikes.
Use the ATM app for updates and also to buy virtual tickets

ATTENTION: Always **validate** your ticket when you get on a bus/tram/metro.

Paper ticket: Insert the ticket in the Metro station turnstile barrier (buy it from the machine in the metro or from the Tabacco shop)

Virtual ticket: Buy a ticket on the ATM Milano app and scan the QR code (only scan on the metro; no need to scan on bus and tram)

Contactless bank card (Metro + buse/tram): Tap your contactless bank card to enter (and **exit the metro**)



Useful links:
More info here
Download the ATM Milano app!

Taxi service

White taxis:

They generally accept card but ask the driver first

How to catch a cab:

At a taxi stand at several points throughout the city

You can call several taxi services on these numbers:

024040, 026969, 028585

Taxi apps:

Put your bank details into the app and pay online for the journey you take.



General Safety Tips

Milan is a relatively safe city! Just some things to remember...

- **Pickpockets** - be aware at train/metro stations, public transport and crowded places
- Always make sure your **backpack/handbag** is **closed. Hold it in your arms on public transport**
- Avoid putting your bag on the back of your chair when out in public
- Don't leave your **phone/wallet** on the table in bars – be careful of the 'paper trick' thieves
- Keep your important documents (e.g. Passport) safe at home, and make sure you have **scans or copies** of them.
- Don't walk home alone late at night if you can avoid it - call a taxi. Download a taxi app today.

**EMERGENCY
SERVICE NUMBER:
112 or 911**
(Police, Ambulance,
Fire Department)

A brief Italian Lesson (*Una breve lezione*)

Hello → **Buongiorno** / **Salve** (formal / for people you don't know)

Hi! / bye! → **Ciao**

My name is... → **Mi chiamo**

Please → **Per favore** ('per favor-ay')

Excuse me → **Mi scusi** (asking for a person's attention)

Excuse me → **Permesso** (asking for permission to pass/enter)

I would like → **Vorrei...**

Can I have...? → **Posso avere...?**

How much does it cost? → **Quanto costa...?**

Where is...? → **Dov'è...?** ('Dov-ay...?')

Thank you → **Grazie** ('gra-tz-ee-ay')

You're welcome! → **Prego**

Have a nice day! → **Buona giornata!**

Have a nice evening → **Buona serata!**

**TIP: Pronounce every
vowel in the word**



Buongiorno, mi chiamo...

Posso avere un'informazione?

Vorrei sapere dove è l'ufficio immigrazione.

Grazie e buona giornata!

Food and Drink

- **Payment system** varies in bars and restaurants
(In the bar: usually pay first at the cashier and then order by showing the receipt)
- **Aperitivo:** it's a pre-dinner/relax-after-work moment that usually goes from 6 – 9pm
You can have drinks and snacks or small dishes and sometimes a buffet!
- **Tipping** isn't expected. In restaurants you will be charged a '**coperto**' (**service fee**) that is usually around €2 per person – this is always clearly written on the bill and is **not optional**.
- **Lunch time:** 12.00 pm – 2.30 pm
Dinner time: 7.00 pm – 10.00 pm
- **Public water fountains:** free, clean water. Tap water in Milan is usually fine to drink!
- Visit your **local market** for an authentic **Italian grocery shopping experience**
- **Typical breakfast at the bar:** *cappuccino* and *cornetto* (also called *brioche* or *croissant*)



Check out
[this article](#)
for more
tips!

What to see in Milan (and nearby)

Parks:

- Parco Sempione
- Parco Solari (including indoor swimming pool)
- BAM - Biblioteca degli Alberi Milano
- Giardino Indro Montanelli
- Boscoincittà
- Parco Lambro

Monuments:

- Duomo di Milano (and rooftop)
- Castello Sforzesco
- Arco della Pace
- Torre Branca
- Cimitero Monumentale
- Basilica di Sant'Ambrogio

Museums*:

- Palazzo Reale
- Santa Maria delle Grazie (The Last Supper)
- MUDEC – Museo delle Culture
- GAM – Galleria di Arte Moderna
- Pinacoteca di Brera
- Museo della Scienza e della Tecnica Leonardo da Vinci
- Triennale
- Biblioteca Ambrosiana
- Hangar Bicocca

(Mostly free entry* on **first Sunday of the month**)

Nightlife Areas (dinners and bars):

- Piazza Gae Aulenti
- Corso Como
- Colonne di San Lorenzo
- Navigli
- Isola
- Arco della Pace

Weekend/ Day Trips (close to Milan):

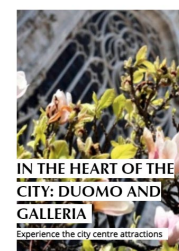
- Como
- Lake Como
- Lake Garda
- Brescia
- Cremona
- Bergamo
- Varese

Weekend Mountain Breaks:

- Piani di Bobbio
- Pila
- Presolana Montepora
- Aprica
- Valmalenco
- Montecampione
- Pontedilegno-Tonale

Check out [this article](#) for a guide of Milan!

For any other info you may need, visit [YesMilano](#)





Duomo di Milano



Piazza Gae Aulenti



Brera



Navigli



Parco Sempione/Arco della Pace



Lake Como

Thank you for listening

What's Next?

- **10-15 minute break**
- **ESN Presentation**
- **Campus Tour**
- **Lunch**