



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

# Welcome International Students!

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*Università Cattolica  
del Sacro Cuore*

**"wifi-unicatt"** Log in with your  
iCatt user account and  
password



# AGENDA

- About the University
  - International Student Services Team
  - University Buildings
  - Campus Services
  - IT tools
- Life in Milan
- Campus Tour
- Lunch



# The International Student Services Team

[Contacts](#)



**Francesca De Martini**  
*Team Coordinator*



**Alicia Quijano**  
*Short Mobility Programmes  
Buddy – Mentor Programme  
ISEP Coordinator*



**Laura Ferrari**  
*Academic Curriculum Course  
Italian Language Course  
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**Martina Peretti**  
*General Inquiries  
Double Degree Programmes*



**Denise Diatta**  
*General Inquiries  
Double Degree Programmes*



**Olivia Menghini**  
*International Curriculum Course  
Coordinator*

# Contacts



**Email:**  
[international.advisor@unicatt.it](mailto:international.advisor@unicatt.it)



**Phone:**  
(0039) 02 7234 5801 (Extension: 2)



**Office:**  
Via Carducci, 30. 3<sup>rd</sup> floor -  
**Follow the blue arrows on the floor!**



**Office hours:** Monday - Friday  
Morning: 9.30am - 12.30pm  
Afternoon: 2.30pm - 5pm

Make sure to check  
and **BOOKMARK** the  
**Welcome to Cattolica page**  
for up-to-date information!

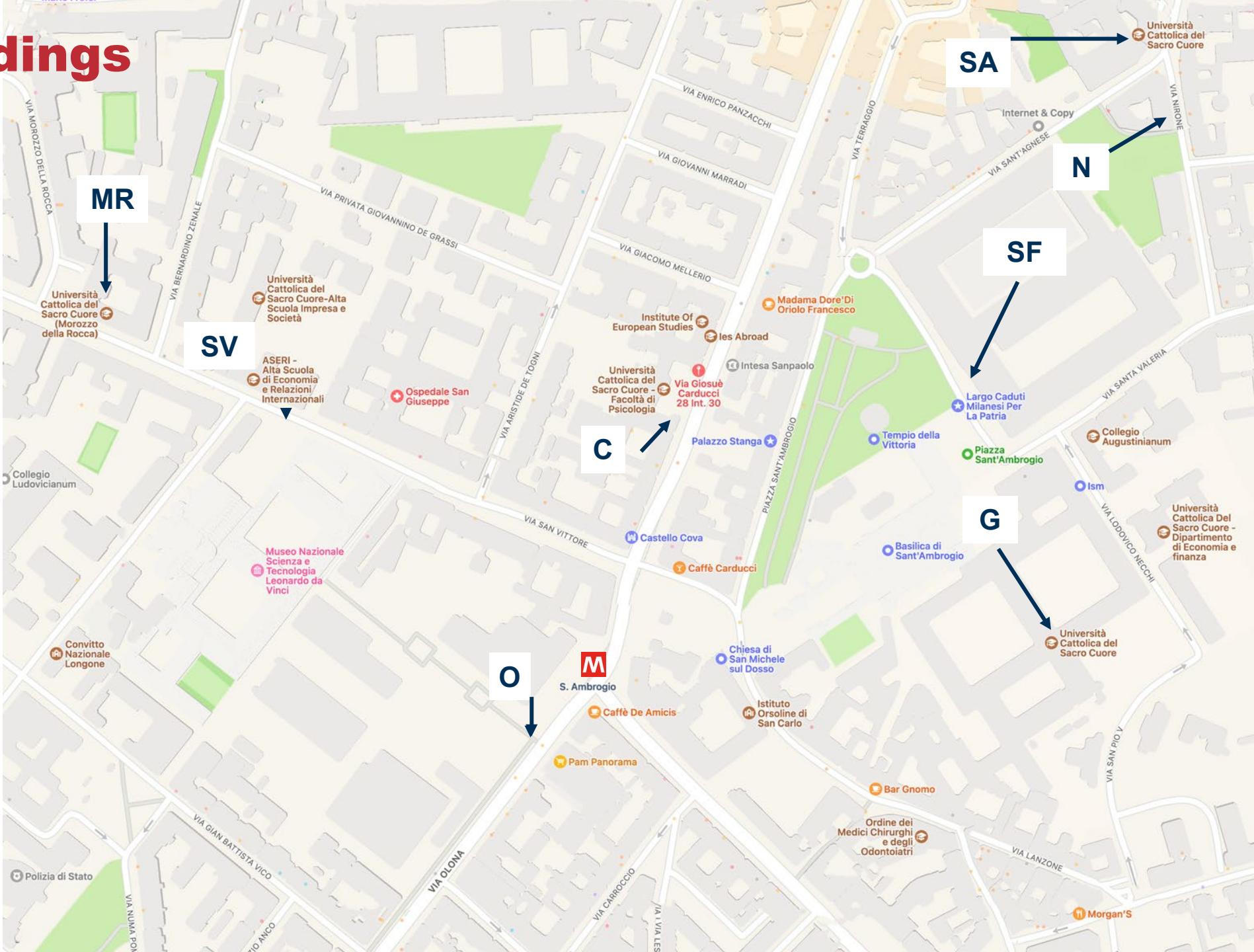
# University buildings

Your courses may be held in various buildings!

## Buildings Index:

- **G** = Gemelli  
(Main Campus – Largo Gemelli)
- **SF** = San Francesco
- **C** = Carducci  
(Cattolica International Building)
- **SA** = Sant’Agnese
- **N** = Nirone (Via Nirone)
- **O** = Olona (Via Olona)
- **MR** = Morozzo della Rocca
- **B** = Buonarroti (not on this map – 10 minute metro ride from Cadorna)
- **SV** = Via San Vittore 18

Example: **Aula C.311** =  
Carducci building - 3<sup>rd</sup> Floor -  
Room 311



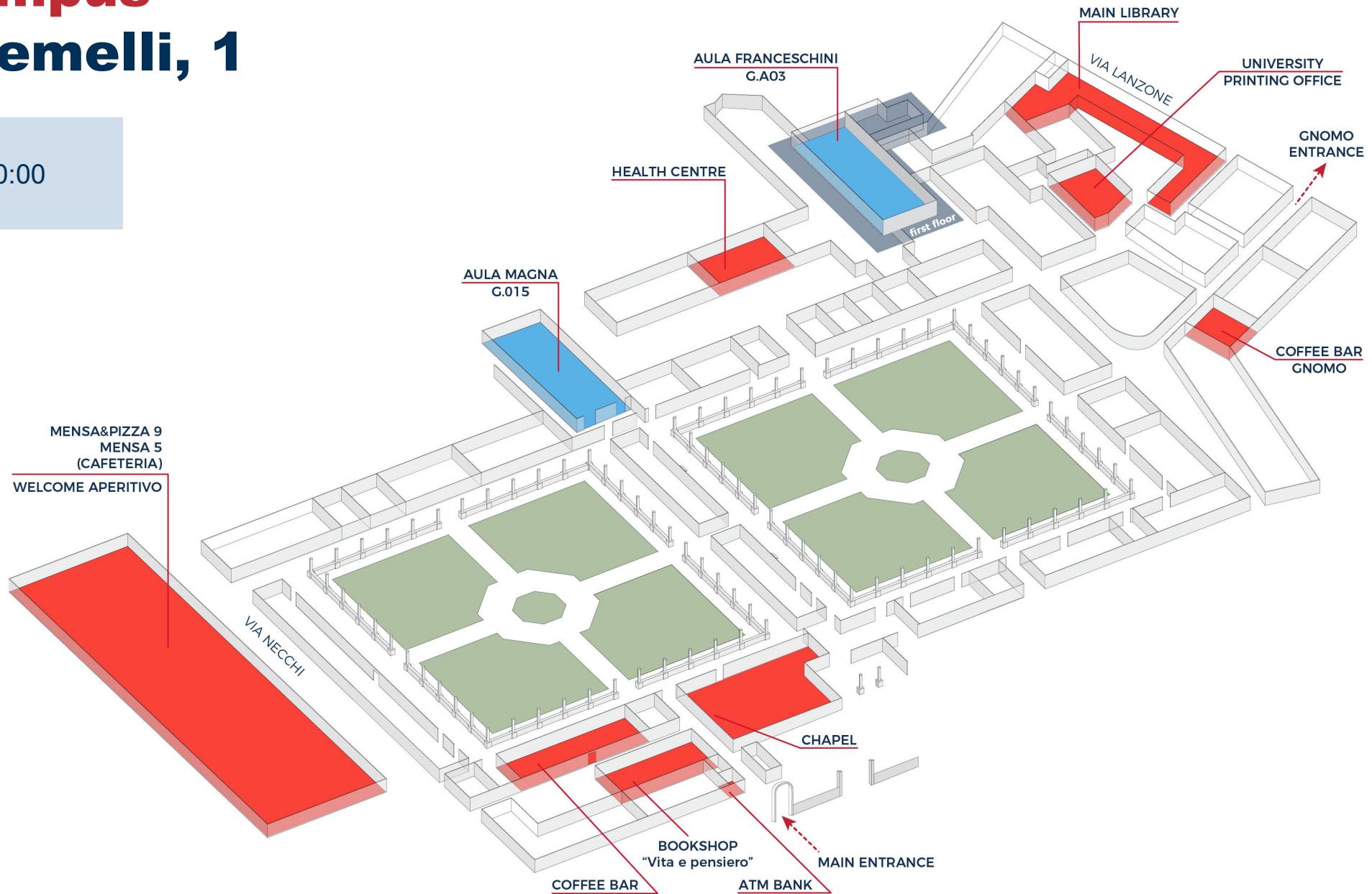
# Main campus

## Largo Gemelli, 1

### Campus hours:

Mon – Fri: 7:45 – 20:00

Sat: 9:00 – 18:00



# Cafeteria (*Mensa*)

## Locations

- Mensa&Pizza 9 (Via Necchi, 9)
- Mensa 5 (Via Necchi, 5)
- Mensa 18 (Via San Vittore, 18)

**Prices:** range from €6.65 to €5

## Payment:

- Use your student ID card: cash/bank card not accepted
- Card top-up machines are located at the entrance of the Mensa&Pizza 9 (Via Necchi, 9)

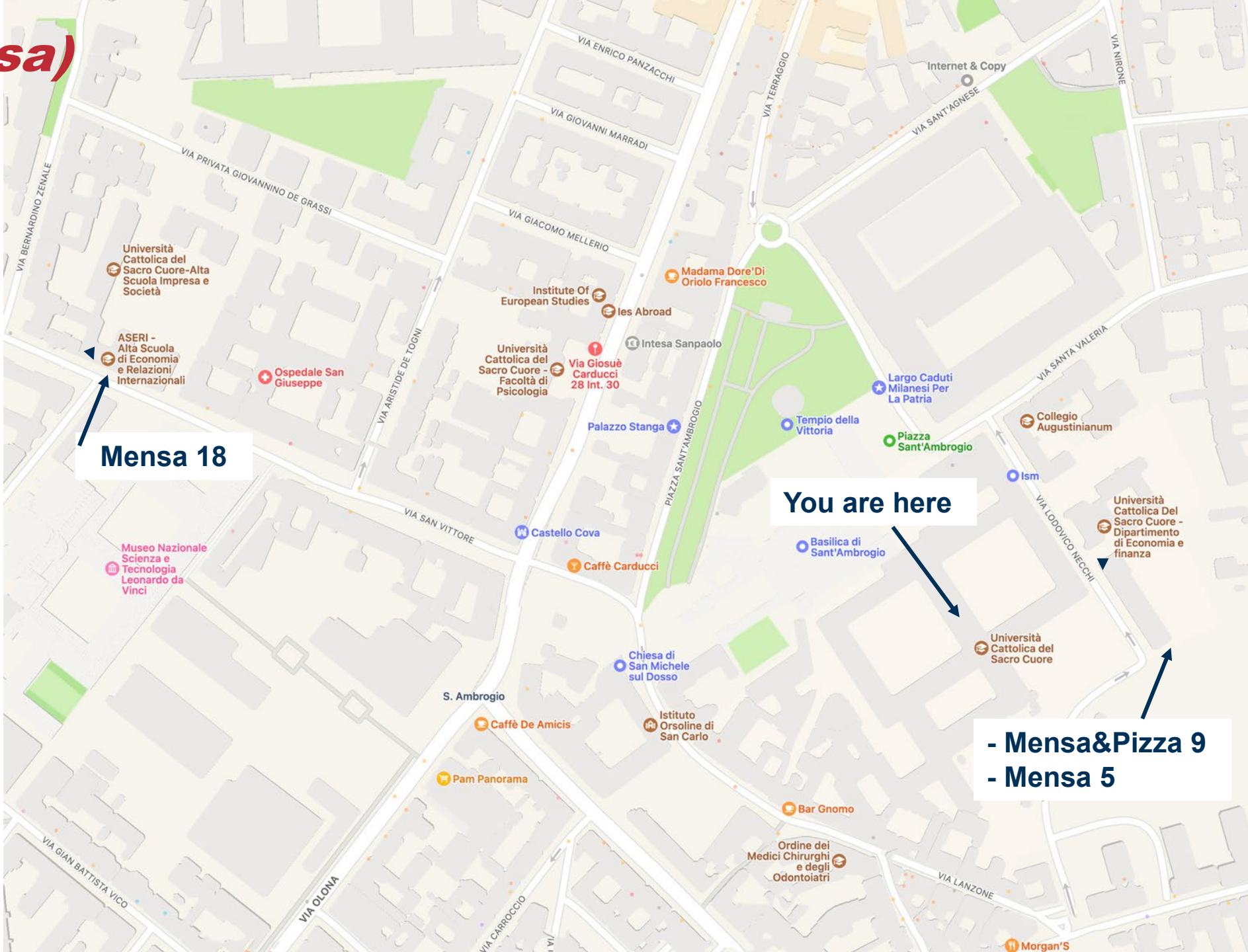
Learn how to top-up your card in [this video](#)

[Read detailed info here](#)

## Opening Hours

11.30 pm - 3.00 pm

For more specific opening times, [check online!](#)



# Composing your meal

(in the main mensa, via Necchi 9)

<b>FIRST COURSE (Primo piatto)</b>	Pasta / risotto / soup
<b>SECOND COURSE (Secondo piatto)</b>	Meat / fish/ vegetarian option (omelette, pie, large salad)
<b>SIDE DISH (Contorno)</b>	Vegetables, small salad, small piece of cheese
<b>DESSERT</b>	Yogurt, pudding, fruit
<b>DRINK (included)</b>	Refillable cup available at the cashier



## COMPLETE MEAL

First Course  
Second Course  
Side Dish  
Fruit  
Bread  
Drink (free refill)  
€6.65

## LUNCH MEAL 1

First Course  
Side Dish  
Fruit  
Bread  
Drink (free refill)  
€5.00

## LUNCH MEAL 2

Second Course  
Fruit/Side Dish  
Bread  
Drink (free refill)  
€5.00

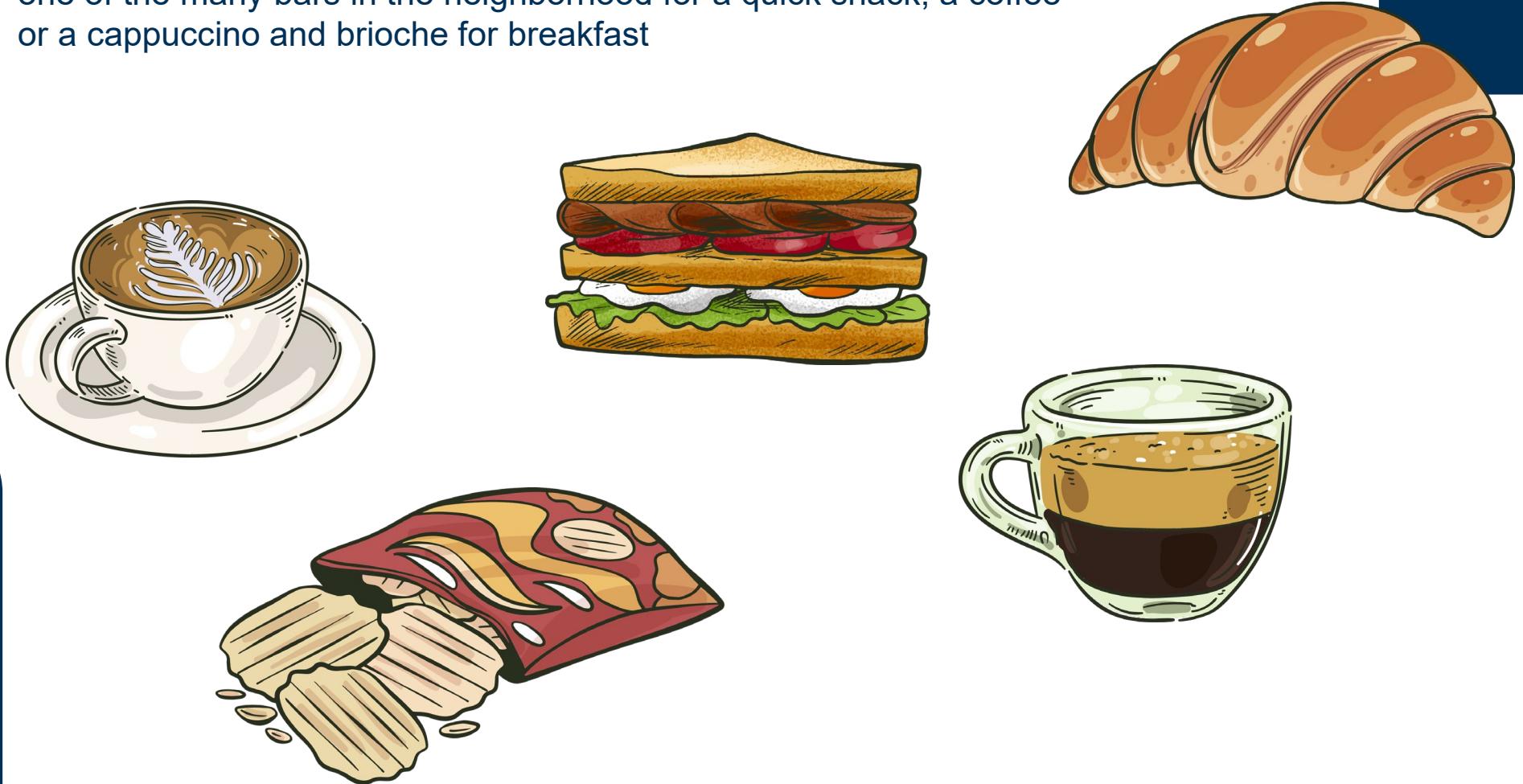
## BASIC PIZZA

A Slice of Pizza  
Fruit / Fries  
Drink (free refill)  
€4.50/ €5,00

This is an example of a complete meal.  
Pasta (tortellini in broth), grilled meat,  
side of vegetables, fruit and bread.

# Coffee bars

You can take advantage of the campus bars (Gemelli and Gnomo) or one of the many bars in the neighborhood for a quick snack, a coffee or a cappuccino and brioche for breakfast



## Note:

- The campus bars do not accept payment with student ID



# Main library

## Opening hours:

Monday – Friday : 8am – 8pm

Saturday: 9am – 6pm

[Library Services](#)

## General Doctor

- No appointment required (just walk in)
- Free
- Visiting hours: Mon - Fri → 9am – 4.45pm
- English and Italian speaking doctor
- Location: Main campus, Dominicanum Building, 1st floor

## Specialist Visits (Dermatologist and Nutritionist)

- Appointment required (call 02 7234 2217)
- Cost: €50 (only with credit or debit card)
- Italian speaking doctor

## Psychologist

- Appointment required (send an e-mail to: [consulenza.psicologica.dsu@educatt.it](mailto:consulenza.psicologica.dsu@educatt.it))
- Cost: up to 10 sessions free
- English and Italian speaking doctor
- [More info here: <https://www.educatt.eu/health-care-and-psychological-counselling/>](https://www.educatt.eu/health-care-and-psychological-counselling/)

# Useful Apps and Websites



**iCatt**  
Personal student page  
([Website](#) or [Android](#) | [Apple](#))



**Blackboard**

**Blackboard**  
Manage your courses  
([Website](#))



We recommend using  
**Chrome or Firefox browsers (NOT Safari)**  
for all University platforms



# iCatt personal student page



## What is iCatt?

The student portal where you will access your **personal page** with **all the information you need** to study at Cattolica including your course times and room numbers.

## How do I access iCatt?

You can access iCatt directly at  
**<https://icatt.unicatt.it>** using the same user ID  
(firstname.lastname01) and password you used  
for the application portal.

(Note: your user ID may include middle names  
and could have “02” instead of “01”)

# iCatt page (Web version)



UNIVERSITÀ CATTOLICA del Sacro Cuore

**iCatt**

[Home Page](#) [Esami di Profitto](#) [Segreteria Online](#) [Corsi](#) [Servizi e opportunità](#) [Help](#)

**I TUOI DATI PERSONALI**

Matricola: [REDACTED] (Red arrow points to this field)

International Programs - Sede di Milano  
Inbound Mobility Programmes

[Gestisci il tuo profilo](#)

**ESAMI DEL GIORNO**

► OGGI/  
► DOMANI

[ISCRIVITI AGLI ESAMI](#)

**REGOLAMENTI DELL'ATENEO**

Codice Etico e segnalazioni all'Organismo di Vigilanza

Da questo collegamento potrai accedere alla pagina web, in cui troverai le istruzioni per poter inviare una segnalazione all'Organismo di Vigilanza relativa a una violazione compiuta o tentata del Codice Etico UCSC, del Modello di Organizzazione, Gestione e Controllo, dello Statuto e di tutti i Regolamenti di cui l'UCSC si è dotata.

**REGOLAMENTO DIDATTICO**

**CARTA ATENEO**

Premi ACCEDI per attivare o verificare lo stato della tua Carta Ateneo+ [ACCEDE](#)

**LE COMUNICAZIONI PER TE**

Data	Categoria	Oggetto
Non ci sono dati da visualizzare		

Ultimo aggiornamento : 18/02/25, 12:14

5 elementi per pagina (Red arrow points to this button)

Accedi alla tua casella @icatt.it  
Se hai domande riguardo al tuo programma di mobilità, contatta l'International Student Services team, scrivendo una email a: [international.advisor@unicatt.it](mailto:international.advisor@unicatt.it)

**ACCESSO CORSI BLACKBOARD**

[Accedi a Blackboard](#)

Student name and surname  
and student ID number  
will be shown here

# How can I see my courses and course schedules?



- **iCatt Page**
- **iCatt App**
- **Welcome Page**

A screenshot of a web browser displaying the iCatt Welcome Page. The page has a yellow and blue header with the iCatt logo. The navigation bar at the top includes "Home Page", "Exams", "Online registrar", **Courses** (which is circled in red), "Services and opportunities", and "Help". The "Courses" link is underlined in red. A red arrow points from the text "Click on Courses on the navigation bar" at the bottom to the "Courses" link in the header. The main content area shows "PERSONAL DETAILS" for a user named SYDNI EMERSON FOLEY with ID 5100120, and "UNIVERSITY CARD" and "YOUR MESSAGES" sections.

Click on Courses on the navigation bar

# How can I see my courses?



BENEDETTO LORENZO CANNATELLI

**ENTREPRENEURSHIP AND INNOVATION (IB/MG341)**

ALESSANDRO PALMARIN

**WINTER Edizione 1**  
ALESSANDRO PALMARIN  
PROGETTI INTERNAZIONALI

LESSONS 2024/25  
07/01/2025 - 07/01/2025  
07/01/2025 14:00 (04:00) ROOM C.310

EXTRA LESSONS  
No extra lessons

POSTPONED  
No postponed lessons

ROOM CHANGES  
No room change

PROGRAMME  
Programme for 2024/25 academic year not present

PROFESSOR/LECTURER  
ALESSANDRO PALMARIN

EXAMINATION CALL DATES  
Academic year of reference:  
2024  
Fri Jan 17 2025 - Time 14:30 Examination call

**Add to favorites so it appears on the iCatt app on your phone**

★ Add to favourites

**ENTREPRENEURSHIP LAB: CREATING A NEW BUSINESS (IB/MG370)**  
FLAVIA CAU

**EXPERIMENTAL PSYCHOLOGY**  
FEDERICA BIASSONI, CLAUDIA REPETTO

**FASH. BRAND: FR. LINE CREATION TO MRKT PLCMNT (IB/CM320)**  
MARGHERITA PAGLIA

**FASH. MRKT: STRUCT, PLAYERS AND SUCCESS FACT.(IB/CM300 BIS)**  
FRANCESCA BONI

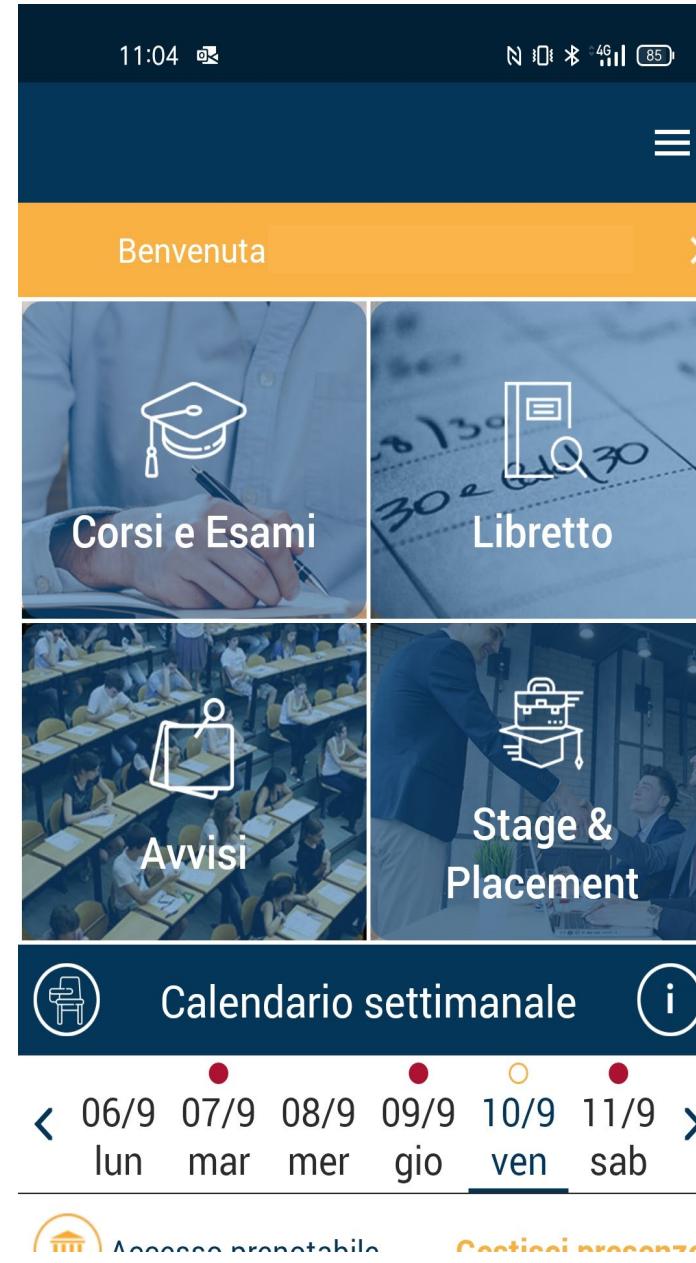
**FASH. MRKT: STRUCT, PLAYERS AND SUCCESS FACTORS (IB/CM300)**

**Go to** **Register for exam** **Go to** **Register for exam**

# iCatt App

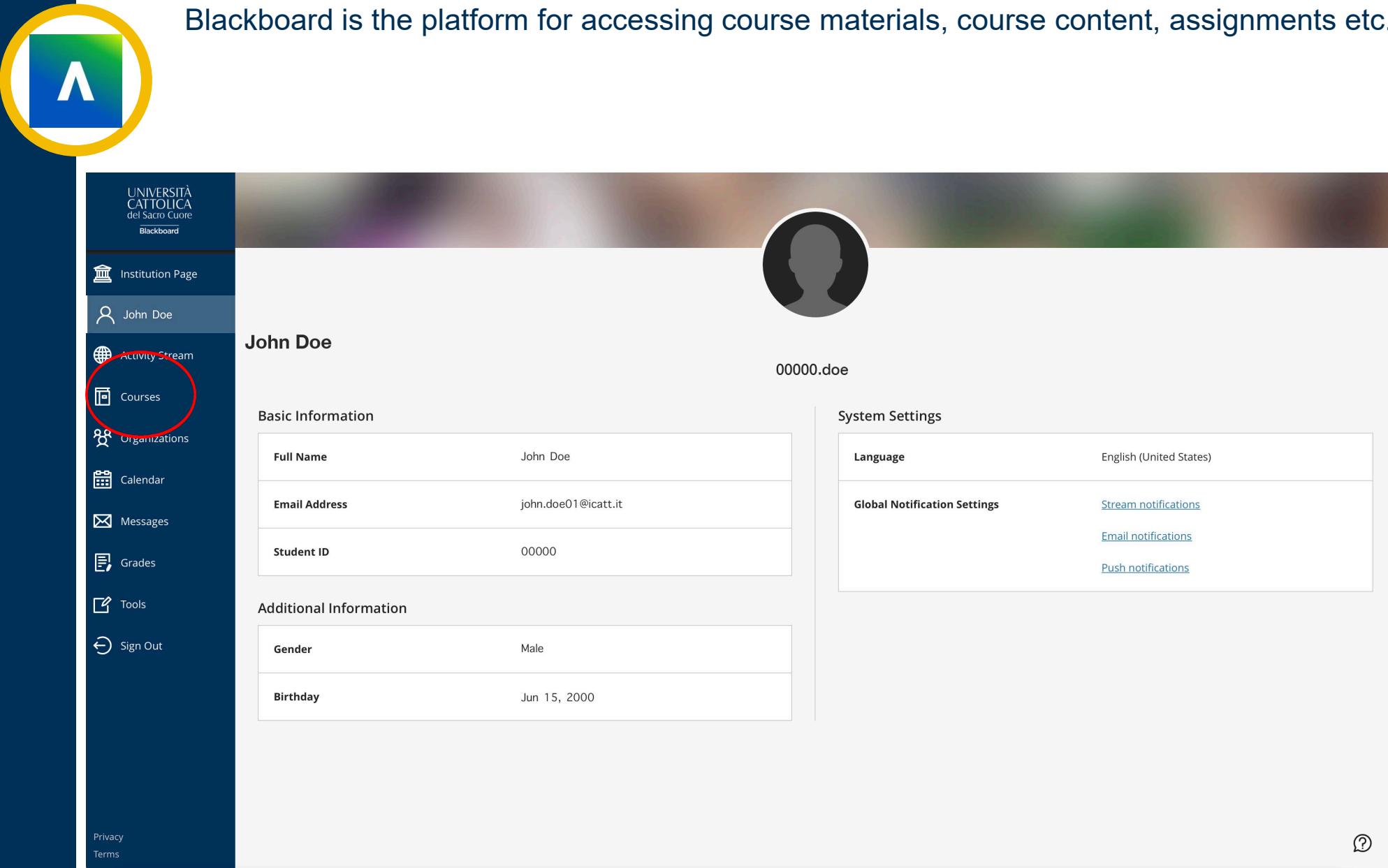


The iCatt App shows information about your courses such as schedules and classrooms



# Blackboard page

Blackboard is the platform for accessing course materials, course content, assignments etc.



The image shows a screenshot of the Blackboard user profile page for a user named John Doe. The page is divided into several sections: a sidebar on the left, a header with a profile picture, a main content area with basic information, additional information, and system settings.

**Header:** The header features a large blue square with a white letter 'A' inside, which is highlighted with a yellow circle. Below the 'A' is the text 'UNIVERSITÀ CATTOLICA del Sacro Cuore' and 'Blackboard'. The profile picture of John Doe is a dark, circular placeholder.

**Sidebar:** The sidebar on the left contains the following items:

- Institution Page
- John Doe (selected)
- Activity Stream
- Courses** (highlighted with a red circle)
- Organizations
- Calendar
- Messages
- Grades
- Tools
- Sign Out

**Content Area:** The main content area displays the following information:

**John Doe**

00000.doe

**Basic Information**

Full Name	John Doe
Email Address	john.doe01@icatt.it
Student ID	00000

**Additional Information**

Gender	Male
Birthday	Jun 15, 2000

**System Settings**

Language	English (United States)
Global Notification Settings	<a href="#">Stream notifications</a> <a href="#">Email notifications</a> <a href="#">Push notifications</a>

# Your @iCatt email account



Every student enrolled at Cattolica has an iCatt email address:  
your iCatt username + @icatt.it

**How do I access my iCatt email account?**

**Three options:**

1  
Visit the [Outlook website](#)  
and [add an account](#)

2  
Click on the **envelope** at  
the top right of the  
[www.unicatt.it](#) homepage

3  
Directly from your **iCatt**  
page in the “**Your  
Messages**” section



All **Cattolica official communications** related to  
courses will be directed to your **@icatt mailbox**.  
**Make sure to check it regularly (and the SPAM box)**.  
For more information visit [this page](#).

You may want to add a new account to your current  
email box in order to access more than one account  
on your email app and receive push notifications



*Milan*  
IS my  
*City*  
now

## Life in Milan

- Transport
- General safety tips
- Food and drink
- What to see in Milan
- A brief Italian lesson

# Public transport: “ATM”

The basic fare that can be purchased is the 3 zones (Mi1-Mi3).

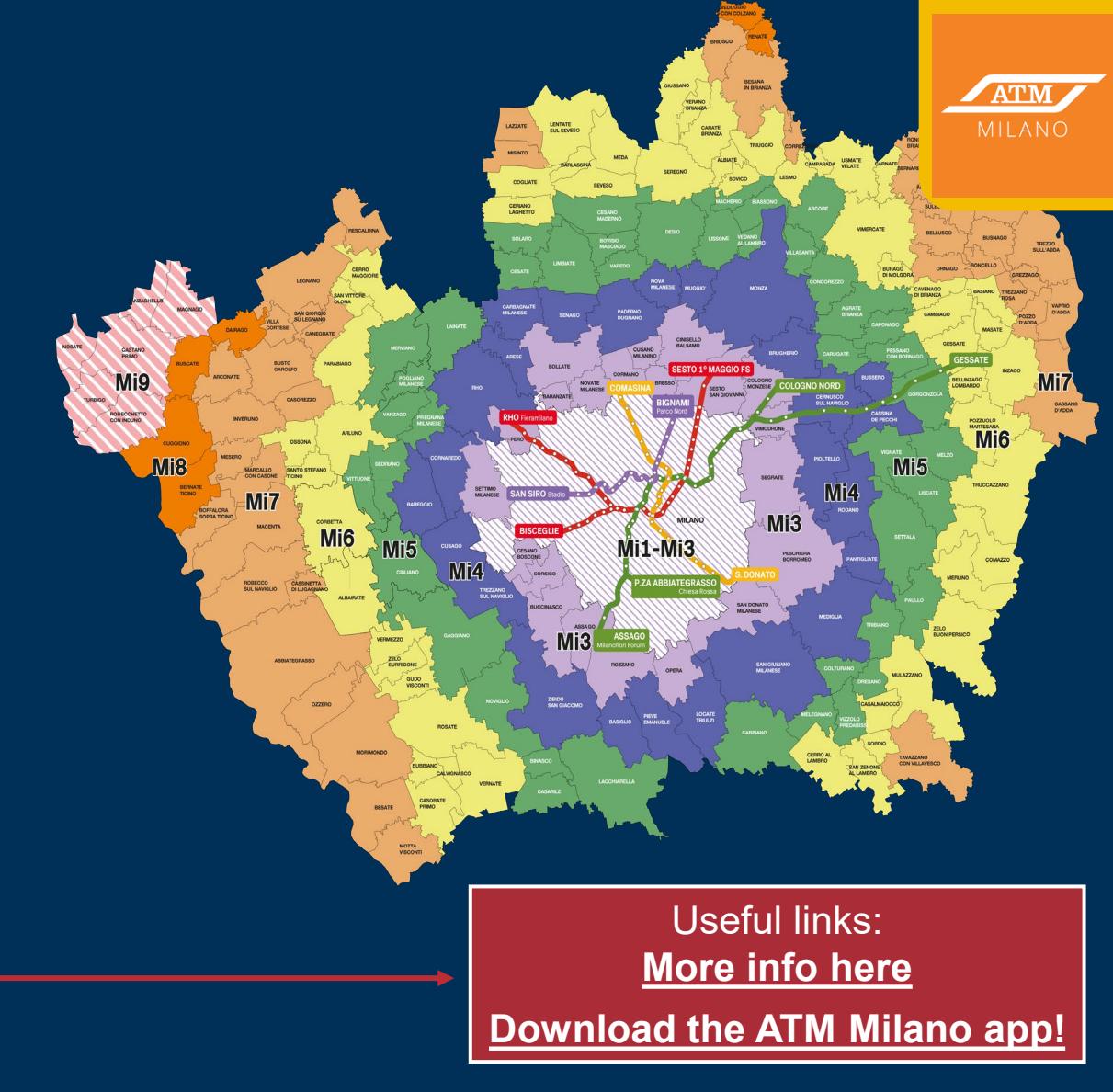
## Costs for Mi1-Mi3 (Includes metro, bus and tram)

- **Regular ticket** (valid for 90 minutes from the first validation): € 2,20
- **Monthly pass:** €22,00 + a 1 time purchase of the electronic card: €10,00
- Weekly pass and two-day passes are also available

[Check how to apply for you atm card here!](#) If you want to top up the card for the current month, it must be done before the 20<sup>th</sup>.

[You must book an appointment either on the app or by going to the ATM point.](#)

Be aware of public transport strikes.  
Use the ATM app for updates and also to buy virtual tickets



Useful links:  
[More info here](#)  
[Download the ATM Milano app!](#)

**ATTENTION:** Always validate your ticket when you get on a bus/tram/metro.

**Paper ticket:** Insert the ticket in the Metro station turnstile barrier (buy it from the machine in the metro or from the Tabacco shop)

**Virtual ticket:** Buy a ticket on the ATM Milano app and scan the QR code (only scan on the metro; no need to scan on bus and tram)

**Contactless bank card (Metro + buse/tram):** Tap your contactless bank card to enter (and exit the metro)

# Taxi service

## White taxis:

They generally accept card but ask the driver first

How to catch a cab:

At a taxi stand at several points throughout the city

You can call several taxi services on these numbers:

024040, 026969, 028585

## Taxi apps:

Put your bank details into the app and pay online for the journey you take.



[Uber](#)



[Freenow](#)



[itTaxi](#)



[InTaxi](#)

# General Safety Tips

Milan is a relatively safe city! Just some things to remember...

- **Pickpockets** - be aware at train/metro stations, public transport and crowded places
- Always make sure your **backpack/handbag is closed. Hold it in your arms on public transport**
- Avoid putting your bag on the back of your chair when out in public
- Don't leave your **phone/wallet** on the table in bars – be careful of the 'paper trick' thieves
- Keep your important documents (e.g. Passport) safe at home, and make sure you have **scans or copies** of them.
- Don't walk home alone late at night if you can avoid it - call a taxi. Download a taxi app today.

**EMERGENCY  
SERVICE NUMBER:  
112 or 911  
(Police, Ambulance,  
Fire Department)**

# A brief Italian Lesson (Una breve lezione)

Hello → **Buongiorno / Salve** (formal / for people you don't know)

Hi! / bye! → **Ciao**

My name is... → **Mi chiamo**

Please → **Per favore** ('per favor-ay')

Excuse me → **Mi scusi** (asking for a person's attention)

Excuse me → **Permesso** (asking for permission to pass/enter)

I would like → **Vorrei...**

Can I have...? → **Posso avere...**?

How much does it cost? → **Quanto costa...?**

Where is...? → **Dov'è...?** ('Dov-ay...?')

Thank you → **Grazie** ('gra-tz-ee-ay')

You're welcome! → **Prego**

Have a nice day! → **Buona giornata!**

Have a nice evening → **Buona serata!**

**TIP:** Pronounce every vowel in the word



*Buongiorno, mi chiamo...*

*Posso avere un'informazione?*

*Vorrei sapere dove è l'ufficio immigrazione.*

*Grazie e buona giornata!*

# Food and Drink

- **Payment system** varies in bars and restaurants  
(In the bar: usually pay first at the cashier and then order by showing the receipt)

- **Aperitivo:** it's a pre-dinner/relax-after-work moment that usually goes from 6 – 9pm

You can have drinks and snacks or small dishes and sometimes a buffet!



- **Tipping** isn't expected. In restaurants you will be charged a '**coperto**' (**service fee**) that is usually around €2 per person – this is always clearly written on the bill and is **not optional**.

- **Lunch time:** 12.00 pm – 2.30 pm

**Dinner time:** 7.00 pm – 10.00 pm

- **Public water fountains:** free, clean water. Tap water in Milan is usually fine to drink!

- Visit your **local market** for an authentic **Italian grocery shopping experience**

- **Typical breakfast at the bar:** *cappuccino* and *cornetto* (also called *brioche* or *croissant*)

Check out  
this article  
for more  
tips!

# What to see in Milan (and nearby)

## Parks:

- Parco Sempione
- Parco Solari (including indoor swimming pool)
- BAM - Biblioteca degli Alberi Milano
- Giardino Indro Montanelli
- Boscoincittà
- Parco Lambro

## Monuments:

- Duomo di Milano (and rooftop)
- Castello Sforzesco
- Arco della Pace
- Torre Branca
- Cimitero Monumentale
- Basilica di Sant'Ambrogio

## Museums\*:

- Palazzo Reale
- Santa Maria delle Grazie (The Last Supper)
- MUDEC – Museo delle Culture
- GAM – Galleria di Arte Moderna
- Pinacoteca di Brera
- Museo della Scienza e della Tecnica Leonardo da Vinci
- Triennale
- Biblioteca Ambrosiana
- Hangar Bicocca

(Mostly free entry\* on first Sunday of the month)

## Nightlife Areas (dinners and bars):

- Piazza Gae Aulenti
- Corso Como
- Colonne di San Lorenzo
- Navigli
- Isola
- Arco della Pace

## Weekend/ Day Trips (close to Milan):

- Como
- Lake Como
- Lake Garda
- Brescia
- Cremona
- Bergamo
- Varese

## Weekend Mountain Breaks:

- Piani di Bobbio
- Pila
- Presolana Montepora
- Aprica
- Valmalenco
- Montecampione
- Pontedilegno-Tonale

Check out [this article](#) for a guide of Milan!

For any other info you may need, visit [YesMilano](#)





Duomo di Milano



Piazza Gae Aulenti



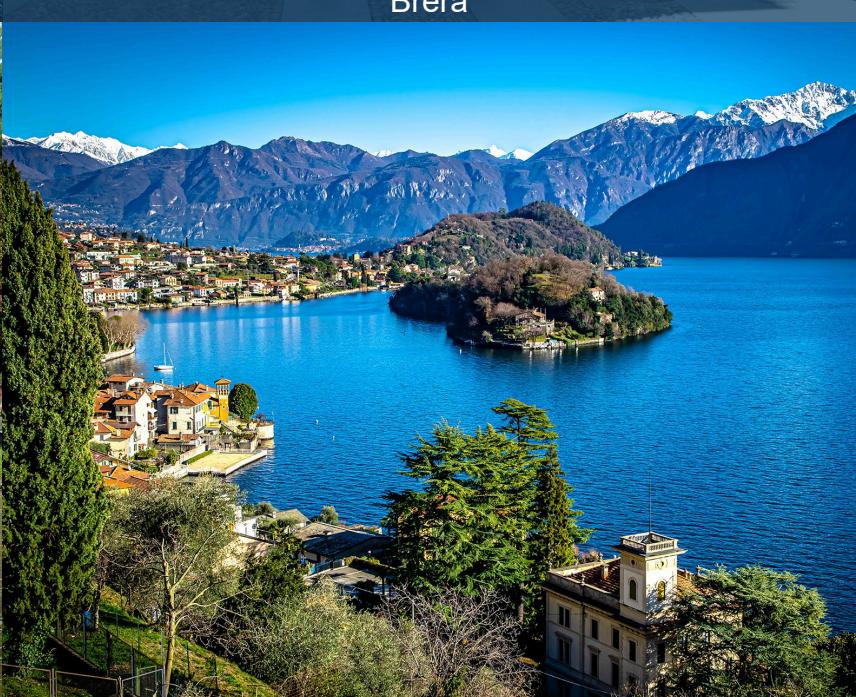
Brera



Navigli



Parco Sempione/Arco della Pace



Lake Como

# Thank you for listening

## What's Next?

- **10-15 minute break**
- **ESN Presentation**
- **Campus Tour**
- **Lunch**