



Foundation Year 2025-2026

Università Cattolica del Sacro Cuore



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Weekly Timetable

WHEN	WHERE	WHAT
9.00am – 10.30pm	Room C.211	Lesson
10.30am – 11.00am		Coffee break
11.00pm – 12.30pm	Room C.211	Lesson
12.30pm – 14.30pm		Lunch break
14.30pm – 16.00pm	Room C.211	Lesson (except Fridays!)

First semester

WHEN	WHAT
Sept 8 th – 19th	Intensive English Refresher
Sept 22 nd – Dec 5th	Subject Courses and Italian lessons

Sept 22nd – October 10th 2025

WHEN	WHAT
Mondays	Italian
Tuesdays	Science and Technology
Wednesdays	Italian
Thursdays	Science and Technology
Fridays	Italian

Timetable October 13th – October 31st 2025

WHEN	WHAT
Mondays	Italian
Tuesdays	Human and Social Studies
Wednesdays	Italian
Thursdays	Human and Social Studies
Fridays	Italian

November 3rd – November 21st 2025

WHEN	WHAT
Mondays	Italian
Tuesdays	Art and Literature
Wednesdays	Italian
Thursdays	Art and Literature
Fridays	Italian

November 24th – December 3rd 2025

WHEN	WHAT
Mondays	Italian
Tuesdays	Business and Tourism
Wednesdays	Italian
Thursdays	Business and Tourism
Fridays	Italian

December 4th and 5th 2025

WHAT

Progress Tests

Progress Tests (N.B. Lessons in afternoon Friday 5th Dec)

December 6th to January 11th Christmas Holidays

January 12th and 13th 2026

WHAT

One-to-one Tutorials / Study time

WHEN	WHAT
January 2026	Academic Reading and Listening Skills
End of January	Progress Tests

WHEN	WHAT
February 2026	Academic Writing Skills
End of February	Progress Tests and Tutorials

WHEN	WHAT
March 2026	Academic Speaking Skills
End of March	Progress Tests and Tutorials

Easter Holidays March 21st – April 26th

WHEN	WHAT
May 2026	Academic Presentation Skills
End of Mov	Progress Tests and Tutorials
End of May	Revision week and exam preparation

Final Exams 2026

WHEN	WHAT
May 28 th and 29th	Final Exams
First week of June	Results, tutorials and resits
June 5th 2026	End of year celebration!

Where to find this information...

WHERE	WHAT
ICatt	Foundation English One
Blackboard	2025-ZXZ446-32959 FOUNDATION ENGLISH ONE (2025-2026)