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# Global Health and Epidemiology

## Course Coordinator:

STEFANIA BOCCIA

## Faculty:

Stefania Boccia, Stefano Vella, Angelo M. Pezzullo, Leonardo Villani, Chiara Cadeddu

## Overview

**Area:** Health Sciences

**Dates:** June 9 - 20 (2 weeks)

**Campus:** Rome

**Course Number:** HL/PP300

**Term:** Summer 2025

**Credits:** 6 ECTS

## Course description

One of the overall goals of the course is introducing the students to the concepts and definitions of epidemiology and global health, as well as global health challenges governance. The course will enable students to calculate and interpret the measures of the global health burden of diseases, health indicators and major determinants of disease. Moreover, an overview on ethical issues raised in the field of global health will be provided, covering a wide range of global bioethics topics and human rights issues. One part of the lessons will be focused on infectious diseases and outbreaks but will also cover the topics of vaccination policies around the world. Non-communicable diseases (NCDs) will be explored, placing particular focus on the global epidemic rise of these conditions and preventive measures. The increase in population movement has substantial public health implications, thus, the course will provide an overview of global migration and international experiences when addressing the health needs of migrants and refugees. Moreover, the course will cover one of the major global emergencies related to environmental exposures and their impact on the population health. In particular, one part of the lessons will be focused on Planetary Health and climate crisis, which poses a threat to health with both a direct effect on health (cardiovascular disease, respiratory disease, mental disorders) and an indirect effect (migration, alteration of work activities).

The course will use an interactive teaching approach, covering lectures, practical exercises, open discussions, and group analyses. At the end of the course students will take a mandatory final exam covering contents of the whole program.

## Prerequisites

- Principles of global health or health sciences
- Basic principles of epidemiology
- Basic principles of statistics
- Highly motivated and interested in the global health thematic
- Ability to work in a team



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## Course Requirements

- Students are expected to regularly attend class sessions and to actively take part in class debate and case discussions
- Students are expected to be prepared on the assigned readings
- Students are expected to deliver one group assignments and present it to the class

## Topics

- The global burden of disease and the use of epidemiological indicators
- Globalization and global health
- Ethical challenges in the context of global health
- Genomics and public health
- Vaccination policies
- Antimicrobial Resistance
- Environmental health, Planetary Health and major global emergencies

## Learning Outcomes

- Understanding the principles of global health, major challenges and global health governance
- Ability to understand and apply epidemiological indicators
- Understanding global bioethics topics and human rights issues
- Acquisition of an international perspective of vaccination policies worldwide
- Understanding global environmental exposures and the impact on population health

## Teaching Methods

- Lectures, team working and in class discussion, site visits, role playing and case studies.

## Faculty

Stefania Boccia  
Stefano Vella  
Angelo M. Pezzullo  
Leonardo Villani  
Chiara Cadeddu

## Evaluation

- Assessment of in class participation (30%)
- Mid-term practical session - Group assignments (case studies presentation) (30%)
- Final exam (multiple choice test) (40%)



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## Detailed Description of The Assignments

- For the mid-term assessment, students will be divided into groups, according to their background, in order to have an equal distribution of different backgrounds in each group. A topic will be assigned to each group and students will be asked to give a presentation of the work.
- The final exam will be a written exam composed of 30 multiple choice questions. The weights of lectures in the questions of the final exam will be:
  - Lecture 1: Public health epidemiology: 4 questions
  - Lecture 2: Global warming and environmental exposures impacting population health: 2 questions
  - Lecture 3: Decarbonization of healthcare and its related aspects: 3 questions
  - Lecture 4: Vaccines and vaccination policies: a global picture: 3 questions
  - Lecture 5: Healthcare emergencies management: 3 questions
  - Lecture 6: Antimicrobial Resistance: a global challenges: 3 questions
  - Lecture 7: Global health trends and challenges: the global burden of disease: 2 questions
  - Lecture 8: Social determinants of health: an overview and implications for health policy: 2 questions
  - Lecture 9: Public health genomics: 3 questions
  - Lecture 10: Global health - from current challenges to governance: 3 questions
  - Lecture 11: Interactive session/working groups - Designing a global health project: 2 questions

## Readings

- Selection from: Charles Guest, Walter Ricciardi, Ichiro Kawachi, and Iain Lang (2013) Oxford Handbook of Public Health (5 ed.), OXFORD UNIVERSITY PRESS
- WHO: World health statistics 2018: monitoring health for the SDGs, sustainable development goals (2018)
- WHO: guidelines on ethical issues in public health surveillance (2017) WHO: Global Vaccine ActionPlan Report (2017)
- Selection of reading from individual faculty members

## Schedule

- Lecture 1: Public health epidemiology
- Lecture 2: Global warming and environmental exposures impacting population health
- Lecture 3: Decarbonization of healthcare and its related aspects
- Lecture 4: Vaccines and vaccination policies: a global picture
- Lecture 5: Healthcare emergencies management
- Lecture 6: Antimicrobial Resistance: a global challenge
- Lecture 7: Global health trends and challenges: the global burden of disease
- Lecture 8: Social determinants of health: an overview and implications for health policy
- Lecture 9: Public health genomics
- Lecture 10: Global health - from current challenges to governance
- Lecture 11: Interactive session/working groups - Designing a global health project
- Discussion & Q&A for the exam. Final exam, final remarks and conclusion.



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## Rules of conduct

**Attendance:** Attendance is mandatory, and no absence/s will be excused. Please consider that Field Trips are considered equal to regular classes and indeed you are expected to attend the visits. Unexcused absences will not be accepted. An excused absence will only be granted if you are seriously ill and can support your claim with a local doctor's certificate dated the day you missed class (therefore you must go to the doctor that same day) that has to be delivered to the Professor or to Cattolica International Office. Any other absence will not be excused and will result in not being admitted to the final exam, which corresponds to a 0 (zero) in the final exam.

**Exam Date:** The exam date cannot be re-scheduled. Should the dates of the final exams be moved for force major reasons, Cattolica International Office and the Professor will promptly inform you in class and/or via e-mail on the new date agreed. Unexcused absences to the exams will result in a failing grade in the course.

In cases of unforeseeable circumstances such as illness or injury on the day of the exams, you must submit a medical certificate and communicate your absence to the Professor and Cattolica International Office via email prior to the exam. If the student does not justify his/her absence through sufficient documentation and with adequate notice before the final test, you will receive an automatic Failed. Absences for other unforeseeable circumstances will not be accepted and will result in a failing grade.

## Biographies

### STEFANIA BOCCIA

Stefania Boccia is full Professor of Hygiene, Preventive Medicine and Public Health at Università Cattolica del Sacro Cuore in Rome, and Co-Research Director of the Epidemiology and Biostatistics facility at Policlinico Universitario A. Gemelli – IRCCS. Since March 2025, she has been the Director of the Department of Life Sciences and Public Health at Università Cattolica.

She is also an affiliate of the Meta-Research Innovation Center at Stanford University, USA. She is associate editor of the European Journal of Epidemiology and the European Journal of Public Health, and a member of the advisory board of Lancet Regional Health – Europe. Author of 401 scientific papers—330 indexed in Medline—and 34 books or book chapters, her work focuses mainly on Cancer Epidemiology and Prevention, Personalised Prevention, Epidemiological Methodology, Health Services Research, Genomics in Public Health, Hospital Hygiene and Environmental Hygiene. She has a Scopus h-index of 59 and her work has received 13,393 citations. Her main research topics include Public Health Genomics and Cancer Epidemiology and Prevention. She currently coordinates the EU-funded project “A PeRsOnalized Prevention roadmap for the future HEalThcare” (PROPHET) and participates in several other EU-funded initiatives.

### STEFANO VELLA

Stefano Vella, MD achieved specialty degrees in both Infectious Diseases and Internal Medicine. He is currently adjunct Professor of Global Health at Università Cattolica del Sacro Cuore in Rome, Italy, and member of the Program Committee of Horizon Europe (Health Cluster 2021-2027). He was the Director of the Global Health Center of the National Institute of Health and, until 2016, he was the Director of the Drug Department of the National Institute of Health. Dr. Vella is the former President of the Italian Drug Agency. His research group works and publishes extensively on various aspects of HIV pathogenesis, treatment and prevention. Dr Vella, has been invited as speaker in over 100 International Conferences, is an article reviewer for numerous journals, including Science, Lancet, Journal of Infectious Diseases, AIDS, Journal of AIDS, and he has published more than 200 articles in international journals. Since 1996, as Member of the Governing Council of the International AIDS Society [IAS] and subsequently as IA President (2000-2002), he actively worked towards promoting access to treatment and care in the South of the World and moving the international AIDS conferences in the South of the World. Indeed, he was chair of numerous WHO therapeutic guidelines for the prevention and



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treatment of HIV/AIDS. Finally, he was scientific advisor of the Italian Ministry of Foreign Affairs, of the Ministry of Finances and of the Ministry of Health.

### **ANGELO MARIA PEZZULLO**

Researcher with specific experience, education, and interests in the methods of research and evidence synthesis for public health. President since 2024 of the Public Health Epidemiology section of the European Public Health Association (EUPHA). Has visited and conducted research at various Italian and foreign institutions: Istituto Superiore di Sanità (Rome, 2018), EUPHA (Utrecht, Netherlands, 2019-20), Department of Epidemiology at Erasmus MC (Rotterdam, Netherlands, 2020-22), Meta-Research Innovation Center at Stanford (Stanford, USA, 2022, 2024), Jefferson College of Population Health (Philadelphia, USA, 2022). Contributed to the foundation and served as scientific director of the Italian Institute for Planetary Health from 2019 to 2022. Earned an MD in 2016 from the University of Campania, a MSc in Epidemiology at the Erasmus University Rotterdam in 2020, and board certification in Public Health and Preventive Medicine (2021) and a PhD in Public Health (2024) at Università Cattolica.

### **LEONARDO VILLANI**

Leonardo Villani is a MD, specialist in Hygiene and Preventive Medicine and Associate professor of General and Applied Hygiene at UniCamillus - Saint Camillus International University of Health and Medical Sciences of Rome. He is mainly involved in national and international research projects related to the epidemiology of infectious diseases, leadership in healthcare systems, vaccination, environmental health, health determinants and health policies at national and international level. He is Scientific Coordinator of the Italian Institute for Planetary Health (IIPH) and member of the scientific secretariat of the National Observatory on Health in Italian Regions. He has had a research collaboration in Management Innovations, Diagnostics and Clinical Pathways, with a specific focus on healthcare-associated infections and antimicrobial resistance, at Ospedale Pediatrico Bambino Gesù of Rome. In April 2023, he co-founded the National Observatory on Antimicrobial Resistance (Osservatorio Nazionale sull'Antimicrobico Resistenza - ONsAR). From December 2021 to October 2022, he worked as a Medical Executive at the Health Directorate of the Local Health Authority (LHA) ASL Roma 1.

### **CHIARA CADEDDU**

Associate Professor and Theme Chair of Planetary Health at the Erasmus School of Health Policy and Management, Erasmus University Rotterdam. A Medical Doctor, Public Health specialist, and PhD in Basic Biomedical Sciences and Public Health.

From 2020 to 2023, she served as Assistant Professor of Hygiene and Public Health at Università Cattolica del Sacro Cuore in Rome and Scientific Coordinator of the Italian Institute for Planetary Health (IIPH). Previously, she was a Researcher at the Italian National Institute of Health (ISS) and Consultant at the Chief Medical Office of the Italian National Cancer Institute "Regina Elena".

Her expertise spans planetary health, healthcare education and management, health technology assessment (HTA), vaccinology, and vaccine confidence. She also has contributed to numerous projects funded by the European Commission and the Italian Ministry of Health.