



UNIVERSITÀ
CATTOLICA
del Sacro Cuore

STUDY ABROAD

ITALY: MILAN | PIACENZA | CREMONA | ROME

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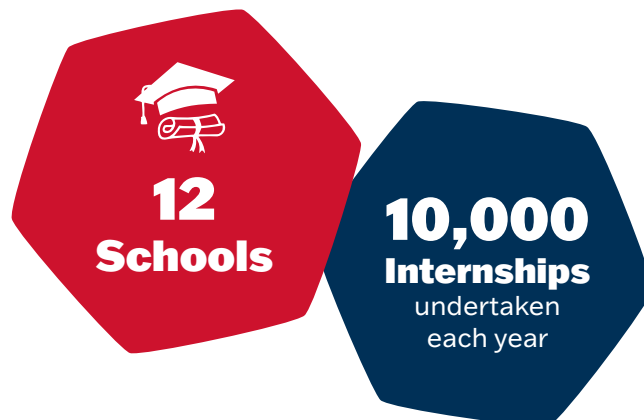
Location highlights

AT THE HEART OF EUROPE

Our **Milan campus** is located on hallowed turf. Developed around the original site of a monastery, it is in the very heart of the city. Home to **over 20,000 students**, our Doric and Ionic cloisters provide a haven of peace and grace within a city which offers an abundance of food, history, heritage and choice. Milan is **Italy's commercial heart**. Yet the city itself is a place of Cathedrals and Basilicas, galleries and museums, fortresses and canals, shops and restaurants, parklands and streetscapes.

Then we have our beautiful **campus in Piacenza**, in which we also include a small facility in nearby **Cremona**. Piacenza is located in the **culinary heartland of Italy**, a medieval town which is surrounded by the enchanting Italian countryside. Piacenza is quintessential Italy. Charming. Beautiful. Historic. And unrivalled.

Our **Rome campus** is home to our **School of Medicine and Surgery**, plus the campus is proud to host our **School of Economics**. The School of Medicine and Surgery is affiliated with the **Gemelli Hospital** meaning that all health students, across all fields, have access to a **world-class hospital** just a walk from our doorstep. Located just a few minutes from the centre of Rome, our students benefit from access to internationally acclaimed experts in their field, including a truly impressive **43 Faculty members** listed among the **top Italian Scientists**.



36,056

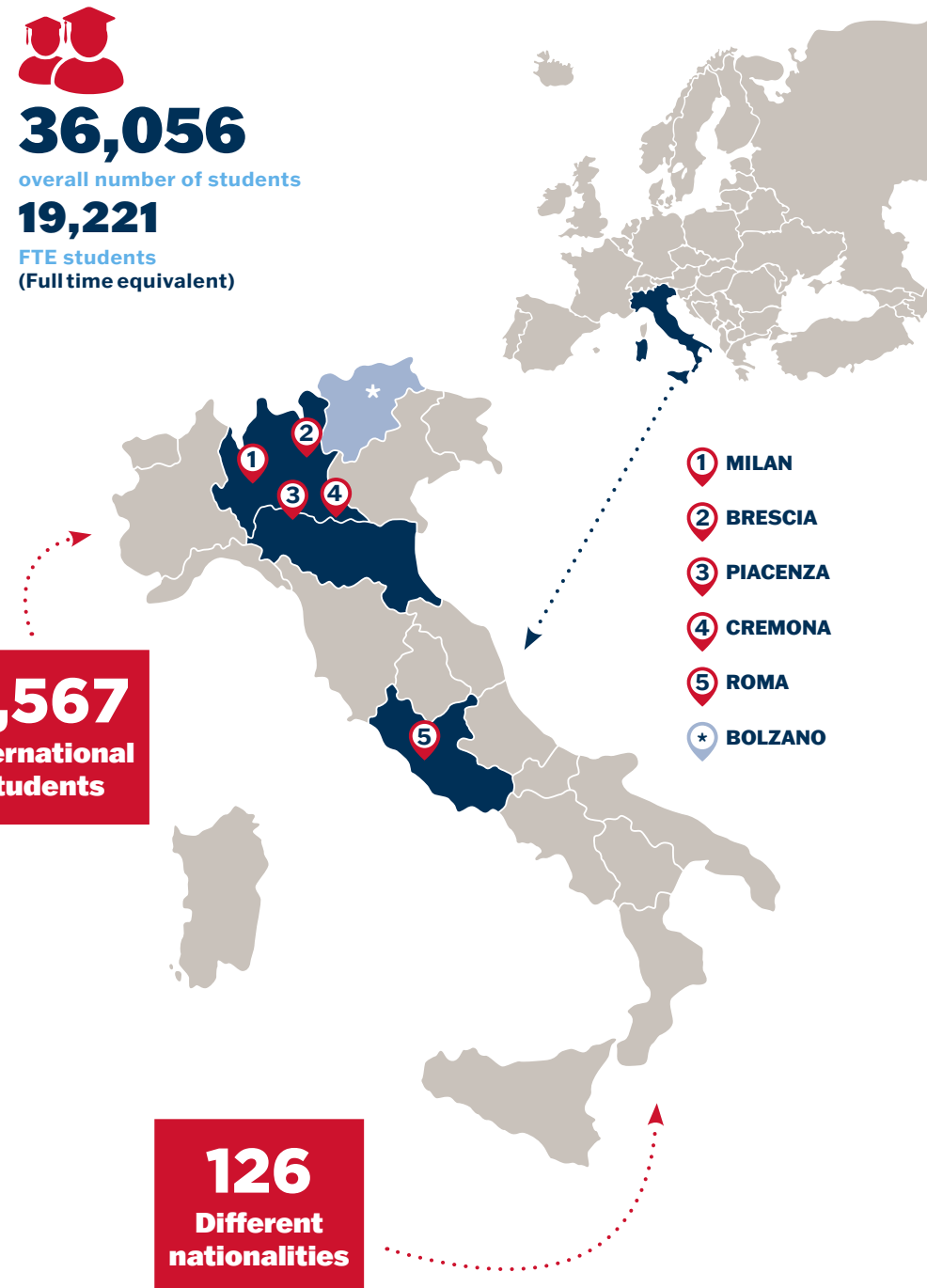
overall number of students

19,221

FTE students
(Full time equivalent)

5,567
International
students

126
Different
nationalities



Milan, Duomo



Piacenza, Duomo



Rome, Coliseum



Milan, Gae Aulenti Square



Rome, Trevi Fountain



Milan, Navigli



Piacenza, Town Hall



Rome, Tiber River & St. Peters Basilica



Milan events

EVENT	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL
Fashion Week											
Bookcity											
Music Week											
Sant'Ambrogio (Patron Saint of Milan)											
Oh Bej Oh Bej Christmas Fair											
La Scala Opera Season Opening											
Chinese New Year (Paolo Sarpi district)											
Ambrosian Carnival											
Art Week											
Design Week											
Piano City											
Food City											
Milano Film Fest											
Summer Festival											

Rome events

EVENT	JUN	JUL	AUG	SEP
Caracalla Festival				
Festival Euro Mediterraneo				
Isola del Cinema				
Lungo il Tevere				
Roman Summer				
Rock in Roma				
Rome Music Fest				
VinòForum Wine Festival				

Piacenza events

EVENT	JUN	JUL	AUG	SEP
Alley Oop Freestyle Festival (action sport and street culture festival)				
Antique Theatre Veleia Festival				
Bleech Music Festival				
Bobbio Film Festival				
Shopping Nights (Fridays in Piacenza)				
Val Tidone Festival				
Vernasca Historic Car Show				

Rankings

OUR PLACE IN THE WORLD

TIMES HIGHER EDUCATION



Top 350

Times Higher Education (THE)
World University Ranking 2025

US NEWS 2025/26

#331

Best Global Universities
in the world

SHANGHAI RANKING



#401-500

Shanghai ARWU Ranking
World University Ranking 2024

SHANGHAI GLOBAL RANKING OF ACADEMIC SUBJECTS

Top 100 IN ECONOMICS



Top 150 IN FOOD SCIENCE & TECHNOLOGY



Top 150 IN CLINICAL MEDICINE



Top 200 IN DENTISTRY & ORAL SCIENCES



Top 200 IN MEDICAL TECHNOLOGY



QS WORLD UNIVERSITY RANKINGS



#409

in the world

QS World University Rankings 2026

QS WORLD UNIVERSITY RANKINGS BY SUBJECT 2025

20 Subjects in the top 450

BY SUBJECT AGRICULTURE & FORESTRY IN THE TOP 150 2025	BY SUBJECT ACCOUNTING & FINANCE IN THE TOP 250 2025	BY SUBJECT BIOLOGICAL SCIENCES IN THE TOP 350 2025	BY SUBJECT BUSINESS & MANAGEMENT STUDIES IN THE TOP 350 2025	BY SUBJECT CLASSICS & ANCIENT HISTORY IN THE TOP 50 2025
BY SUBJECT COMMUNICATION & MEDIA STUDIES IN THE TOP 150 2025	BY SUBJECT ECONOMICS & ECONOMETRICS IN THE TOP 250 2025	BY SUBJECT EDUCATION IN THE TOP 450 2025	BY SUBJECT ENGLISH LANGUAGE & LITERATURE IN THE TOP 350 2025	BY SUBJECT HISTORY IN THE TOP 200 2025
BY SUBJECT LAW IN THE TOP 150 2025	BY SUBJECT LINGUISTICS IN THE TOP 350 2025	BY SUBJECT MEDICINE IN THE TOP 170 2025	BY SUBJECT MODERN LANGUAGES IN THE TOP 200 2025	BY SUBJECT NURSING IN THE TOP 100 2025
BY SUBJECT PHILOSOPHY IN THE TOP 250 2025	BY SUBJECT POLITICS & INTERNATIONAL STUDIES IN THE TOP 400 2025	BY SUBJECT PSYCHOLOGY IN THE TOP 150 2025	BY SUBJECT SOCIOLOGY IN THE TOP 250 2025	BY SUBJECT THEOLOGY, DIVINITY & RELIGIOUS STUDIES IN THE TOP 100 2025

QS WORLD UNIVERSITY RANKINGS: EUROPE 2025

140 EUROPE UNIVERSITY RANKING

IN ITALY

3rd INBOUND EXCHANGE STUDENTS

Study programmes

SEMESTER AND FULL YEAR

Studying abroad means that you are going **to spend a semester or a year at an international university** and get to have an **unforgettable in-person experience** with new professors, coursemates, study methods and a totally different culture, all while accumulating **credits** toward your home institution degree and **enriching your portfolio**.

Semester study abroad students may enroll in **one or both** Italian language courses (intensive and/or semester) and add **up to four** English or Italian-taught courses.

Your time to study abroad is now!

For more information please visit › international.unicatt.it



Study programmes

IN ENGLISH AND ITALIAN

Cattolica offers **two different curricula of study** to all international students, with a variety of courses to choose from. Opt for an **existing curricula or create the education you want** by selecting courses from either of the two options.

For detailed information please visit › international.unicatt.it

	INTERNATIONAL CURRICULUM	UNIVERSITY ACADEMIC CURRICULUM
LANGUAGE OF INSTRUCTION	English	English/Italian
CALENDAR	September/December February/May	September/February January or February/July
CLASS PROFILE	Mostly international students	Mostly Italian students
COURSE SPECIFICS	<ul style="list-style-type: none"> Required attendance Expected participation One midterm and final examination 	<ul style="list-style-type: none"> Highly recommended attendance Two or more final examination dates for each course*
REGISTRATION	Required before the beginning of classes	Course selection after the beginning of classes; individual registration of examination required

*Non EU students can request an early exam session in December/May

English-taught courses

INTERNATIONAL CURRICULUM

EN

Milan campus

Business and Economics

- Business ethics
- Business, government and the global economy
- Diversity at work: working better by working together
- Entrepreneurial finance
- Entrepreneurship lab: creating a new business
- Green management & sustainability
- International marketing: strategies for the global marketplace
- Leadership coaching bringing potential to the stage of work
- Strategic management & entrepreneurship: the Italian perspective
- Sustainable tourism lab
- The economics of the European integration
- The globalisation of finance: managing returns and risks
- The human side of business

Fashion and Design

- A fashion brand: from line creation to market placement. A case study
- Fashion and gender: an ever-changing relationship
- Fashion images and the city of Milan. A sociological perspective on modern Italian fashion
- Luxury business insights
- Made in Italy: shaping Italian lifestyle through fashion and food
- Managing sustainability in fashion and luxury
- The fashion market: structure, players and success factors
- What is design? The fundamentals of an Italian industry

International Relations

- International relations and the Middle East: a comparative European perspective
- The European Union in the world: crisis or transformation?
- The international system in international relations: origins, evolution, and contemporary challenges

Italian Culture: Literature, Theater, Cinema, Music and Philosophy

- A mafia story: its representation in literature, cinema, and television

- Creative Italian storytelling: from literature to cinema to other forms of fiction
- Drama: "The Word to the Action" in the Italian Commedia dell'Arte
- Italian wine culture in literature and practice
- Italy, a country to savor
- Methods of illusion: la mise-en-scène from drama to fiction and visual arts
- The discovery of Italy through its culinary traditions
- The female character in Italian contemporary literature and culture
- The Italian foods of the future
- Writers & paintings words and colors: Italy and the arts

Media and Communication

- "Green is the new black": asset and appeal of the value "environment" in global business communication
- "Luxury for sustainability": how values meet and cross in corporate and brand communication
- A sensorial journey towards intercultural competences
- Brand communication in the art and tourism sectors
- Digital journalism and digital media in Italy
- Federico Fellini and contemporary Italian cinema
- From strategy to effective presentations: methodologies to write and present convincing and engaging communications
- Personal marketing: performance skills at work
- Publishing, publicity and cultural journalism
- Television, advertising, music: the Italian approach to the media
- The music business
- What makes us global? Effective strategies for global interconnectedness

Sociology and Psychology

- A life worth living. Human strengths and well-being
- Are individuals the same in the East and West? Cultural differences in social psychological processes
- Discovering the mystery of the ordinary life. Social psychology in action
- Reading Milan and Italian cities: place-making and cultural resources
- Social psychology in theatre

English-taught courses*

ACADEMIC CURRICULUM



Milan campus

Banking and Finance

- Actuarial and financial modelling for solvency II
- Advanced financial accounting
- Advanced microeconomics
- Applied econometrics
- Applied statistics for finance
- Corporate finance
- Corporate governance and social responsibility
- Data management
- Derivative securities pricing
- EU risk governance regulations
- Financial markets, credit and banking
- Investment risk management
- Market microstructure
- Monetary economics
- Principles of financial regulation
- Quantitative risk management
- Real estate finance
- Risk management
- Statistical modelling (Bayesian statistics)
- The R language and environment for statistical computing

Communication Management

- Contemporary history
- Economics for business and management: firm, consumer and markets
- Law for fashion and food
- Material and cultural studies
- Research methodologies (qualitative and quantitative methods)
- Social psychology
- Sociology
- Italian for communication
- Consumption and consumers ethics
- Economics for business and management II: imperfect competition and strategic thinking
- Persuasive communication
- Principles of management and accounting
- Social history of media
- Sociology of media and communication
- Political science with lab

Criminology

New Undergraduate Programme starting in AY 2025/26

Economics and Management

- Applied econometrics
- Applied statistics and big data

- Applied statistics and big data (business analytics)
- Brand management
- Business communication
- Business strategy
- Change management
- Comparative company law
- Corporate finance (options, futures and derivatives)
- Corporate governance and social responsibility
- Corporate strategy
- Cross-cultural management
- Customer-based marketing strategy
- Economic history
- Economic policy
- Empirical economics
- Entrepreneurship
- Financial accounting
- Financial mathematics
- Game theory and strategy
- HR management
- Industrial organisation
- Information systems
- Innovation and R&D management
- International business management
- International corporate finance
- International economics
- Introductory macroeconomics
- Introductory microeconomics
- IT for economics and management
- Labor economics
- Law of international arbitration
- Logistics and operations management
- Macroeconomics
- Management accounting
- Management and organisation in the digital economy
- Management control systems
- Management information systems
- Marketing management
- Mathematics
- Mathematics for economic analysis
- Microeconomics
- Monetary economics and asset pricing
- Organisation theory and design
- Performance measurement
- Policy evaluation
- Political and public economics
- Political economy of the EU
- Principles of financial regulation
- Principles of law
- Principles of management
- Project management
- Public finance

- Public management
- Quantitative methods for finance
- Statistical modeling
- Statistics
- Supply chain management
- Transnational business law
- Work and organisational psychology

Finance

- Advanced statistics
- Business English
- Business law and financial regulation
- Corporate finance
- Derivatives
- EU law for financial economists
- Financial intermediation
- Financial management
- Foundations of private law
- International monetary economics
- Introduction to financial econometrics
- Introduction to quantitative finance
- Macroeconomics
- Management and accounting
- Mathematics
- Microeconomics
- Reporting and financial statement analysis
- Statistical methods for finance and insurance
- Statistics
- Valuation and private equity

Foreign Languages

- English literature, annual course (William E. Yeats)
- English literature, semester course (the XIX century)
- English literature, semester course (the Irish poetry)
- Musical languages in a historical perspective
- English linguistics

Innovation and Technology Management

- Applied statistics for business analytics
- Cross-cultural negotiation
- Design thinking and start-up launch
- Economics of innovation
- Finance and risk management
- Global challenges and firm strategies
- History of innovation
- Intellectual property and labour law
- IT coding, tools and security
- Management control systems and performance measurement
- Marketing innovation
- Materials physics and technologies
- Omnichannel management
- Organising and leading change
- Privacy and security
- Project and people management
- Project financing and open innovation
- Strategic supply chain management
- Strategies for emerging technologies

- Technologies in action
- Work psychology and smart working

International Relations and Global Affairs

- Advanced English for international relations
- Arabic language and culture
- Chinese language and culture
- Democracy, institutions and economic development
- Diversity in organisations and cross-cultural management
- Economic geography
- Ethnic religious minorities in Western Asia and North Africa
- Geo-politics and geo-history
- Geoeconomia - Economic geography
- Global economic policies and institutions
- Global ethics and restorative justice
- History of international relations
- History of political institutions
- History of political thought
- Indian ocean world
- International and European union law
- International economics
- International history: the wider Mediterranean area
- International relations
- Political science
- Politics in media
- Principles of economics
- Public law and governance
- Quantitative methods for social sciences
- Social psychology
- Sociology

Methods and Topics in Arts management

- Accounting and fundraising in the arts
- Advanced economics and management of arts
- Advanced English in the cultural industry
- Comparative cultural policy
- Digital in the arts
- English for management and communication
- HR management in the arts industry
- Law and the arts
- Social networks theory and analysis for the cultural sector
- Statistics for art management
- Strategy in the arts
- Study tour in the visual and performing arts field
- Urban cultural studies

Psychology

- Fundamentals of neurobiology and genetics
- Research methods in psychology
- Pedagogy
- Sociology
- Psychodynamics
- Experimental psychology
- Social psychology
- Contemporary philosophical issues

* Please note that the list of courses might be subject to slight changes

- Philosophy of psychology
- Statistics for psychology
- Advanced research methods in psychology
- Developmental psychology
- Group processes and intervention (with practical activities)
- Interview and survey design (with practical activities)
- Neuropsychology and anatomofunctional basis of cognitive processes
- Work and organisational psychology
- Cooperative learning activities

Statistical and Actuarial Sciences

- Accounting and management in insurance
- Actuarial life insurance
- Actuarial non-life insurance
- Actuarial social insurance and pension funds
- Advanced calculus and stochastic processes
- Computational statistics
- Data analysis for insurance
- Econometrics
- Economic statistics
- Economics for finance
- Insurance law and regulation
- Insurance statistics and advanced risk theory
- Quantitative methods for finance
- Actuarial models for social security and pension funds
- Economics for finance
- Insurance statistics and advanced risk theory
- Actuarial non-life insurance

The Art and Industry of Narration

- Communicative and negotiatory strategies of the English language
- English drama on stage and on screen
- History and industry of international cinema
- The art and industry of publishing
- From novel to film: Britain
- Writing for cinema and television
- Writing and producing for animation
- Transmedia storytelling
- From novel to film: USA
- Contemporary Italian cinema
- English specialised texts

Piacenza - Cremona campus

Agricultural and Food Economics

- Agricultural and food market institutions
- Agricultural and food legislation
- Agricultural and food marketing
- Agricultural, food and environmental policies
- Business Management and Finance
- Business planning for start-up
- Business strategy and leadership
- Food supply chain management
- Consumer food psychology and marketing intelligence

- Economic fundamentals of the agri-food system
- Economics of agricultural and food markets
- Food footprint: the environmental impact of the agri-food chain
- Industrial organisation
- Quantitative methods
- Technology for food safety

Food Processing: Innovation and Tradition

- Raw materials
- Physical chemistry and biochemistry of food
- Food microbiology
- Agricultural and food supply chain management
- Food technology and plants
- Food quality assurance and international certifications

Food Production Management

- Animal science
- Applied agri-food microbiology
- Applied agronomy and horticulture
- Applied enology
- Applied statistics and physics
- Applied viticulture
- Biochemistry
- Chemistry
- Biomass waste management
- Cereal grains, processing and technology
- Crop protection
- Food economics
- Food technology
- Food marketing
- Food safety
- Integrated vineyard protection
- Fruits and nuts
- Plant physiology and genetics
- Microbiology of dairy and meat food
- Milk, meat production and technology
- Sustainability and food law
- Soil health and biodiversity
- Vegetable production and technology

Global Business Management

- Business analytics
- Business ethics
- Corporate governance
- Economics of global competitiveness and sustainability
- Data science and management
- Intercultural marketing
- Financial markets and institutions
- International affairs
- International human resource management
- Managerial economics
- Performance measurement and controlling
- Mergers and acquisitions
- Public private partnerships
- Silicon Valley immersion programme
- Strategy and international business

- Sustainability management
- Supply chain and operation management

Viticulture and Enology

- Advances in enology
- Applied grapevine ecophysiology
- Disease and pest management towards a sustainable viticulture
- Enhancing the wine quality: innovation in monitoring and controls
- Topics in wine marketing
- Vineyard variability: tradition and precision approaches

Rome campus

Healthcare Management

- Epidemiology
- Financial management accounting in healthcare
- Health economics
- Health econometrics and programme evaluation
- Healthcare and insurance in comparative systems
- Human resources management in complex organisations
- International law and health
- Management and innovation in health & social services
- Pharmacoeconomics and health technology assessment
- Planning and control in healthcare
- Quality and operations management
- Statistics and big data

* Please note that the list of courses might be subject to slight changes

Italian-taught courses

ACADEMIC CURRICULUM



Milan campus

Students with adequate Italian language proficiency may also choose courses from the 8 Schools and over 30 curricula either at the undergraduate or graduate level. For course listings and descriptions visit › international.unicatt.it

Italian-taught courses are available within the following Schools:

- Economics
- Banking & finance
- Law
- Foreign languages and literature
- Political and social sciences
- Psychology
- Humanities
- Education

Piacenza campus

Italian-taught courses available from the following Schools:

- Economics and law
- Education
- Agriculture, food and environmental sciences

Rome campus

Italian-taught courses available from the following Schools:

- Economics
- Medicine and surgery

Brescia campus

Italian-taught courses available from the following Schools:

- Humanities
- Education
- Foreign languages and literature
- Mathematics and Physics
- Political and social sciences
- Psychology
- Religion studies



	INTERNATIONAL CURRICULUM		ACADEMIC CURRICULUM	
	SEMESTER 1 Fall	SEMESTER 2 Spring	SEMESTER 1 Fall	SEMESTER 2 Spring
ORIENTATION 1	End of August	End of January	End of August	End of January
ORIENTATION 2	Mid September	Mid February	Mid September	Mid February
CLASSES START	Second half of September	Second half of February	Second half of September	Second half of February
EXAMINATION SESSION	End of December	End of May	January - February	June - July

Scan or click here for more detailed information:



! TRIMESTER COURSES - ONLY FOR THE FACULTY OF ECONOMICS, UNDERGRADUATE (LAUREA TRIENNALE) AND GRADUATE (LAUREA MAGISTRALE) LEVEL:

1 ST TRIMESTER	Third week of September - Mid December (exams included)
2 ND TRIMESTER	Beginning of January - Beginning of April (exams included)
3 RD TRIMESTER	Mid April - End of July (exams included)

Piacenza and Rome campus

Academic calendar details will be available online at › international.unicatt.it



Italian language

INTENSIVE AND SEMESTER COURSES

Università Cattolica has been welcoming, hosting and managing **hundreds of international students** within the scope of international mobility projects and to **promote internationalisation** for many years. The department organises Italian language courses designed for students who want to **learn, study and explore the Italian language**.

Milan campus

The **intensive course** (44 units - 6 ECTS) is held before the beginning of each semester.

The **semester course** (44 units - 6 ECTS) runs throughout the semester and in conjunction with other academic coursework.

Important: as a study abroad student you will benefit from a **consistent discount** on the **course fee**. You will however be asked to formally register for one or both courses. As part of the registration process you will be asked to complete an **online placement test** in order to assess which level is the most appropriate for you.

A taste of Italy

SHORT-TERM PROGRAMMES 2025

Università Cattolica's Summer and Winter programmes are ideal to get a taste of Italy while studying in a **traditional Italian educational context**.

Language of instruction

All courses will be taught in English.

A mix of theory and practice

Every week, students will participate in a site visit, strictly relevant to the course (business company, agency, etc) to ensure a 360° direct experience of the subject.

Contact hours & credits

Each week session: Monday to Friday/44 contact-hours per session - 6 ECTS each course.

Short-term programmes

WINTER



Scan or click here for more detailed information:



Business (Milan campus)

- Business, government and the global economy (2 weeks)
- Entrepreneurship and innovation (2 weeks)
- Green management and sustainability (2 weeks)

Communication (Milan Campus)

- Personal branding: impact, influence and effectiveness in the workplace (3 weeks)

Sports Science (Milan Campus)

- Effective approaches to sports performance and health enhancement (2 weeks)

	JAN 7-9	JAN 12-16	JAN 19-23	JAN 26-30
Business (Milan campus)	Business, government and the global economy		Green management and sustainability	
	Entrepreneurship and innovation			
Communication (Milan campus)	Personal branding: impact, influence and effectiveness in the workplace			
Sports Science (Milan campus)			Effective approaches to sports performance and health enhancement	

Dates are based on the 2025/26 calendar and are subject to change for Winter 2026/27

Company visits

Experiential learning matters! Check out some examples of past field trips that have been embedded in our Summer courses. Having a real world experience while studying always makes a big difference. *



click or scan
for more
information



*please note that these are just some examples, and that company visits may vary

Short-term programmes SUMMER



Students will be able to choose from the following different areas listed below and combine them in a 2, 3, 4, 5, 6 or 7-week session. Please note: students can select as many courses as they want as long as they do not conflict

Business (Milan campus)

- Business, government and the global economy
- Luxury business strategy
- Strategic management and entrepreneurship
- The fashion market: structure, players and success factors

Marketing and Communication (Milan campus)

- Brand strategy experience: a professional approach
- Mass communication and media industries: the Italian style in producing and managing TV, ads and music
- New frontiers in brand communication and consumer engagement
- Personal branding: impact, influence and effectiveness in the workplace
- Understanding the customer: theories, trends, and values for an effective communication strategy

Cultural Studies (Milan campus)

- A mafia story: its representation in literature, cinema and television
- Discovering Italy through its culinary traditions
- Italian masterpieces, portrayal of a culture through its cinema
- Italian wine culture in literature and in practice
- Writing a story: the art of captivating people through storytelling

International Relations (Milan campus)

- AI and global politics: navigating technology's impact on international relations
- Italian politics. International change and domestic transformation

Psychology (Milan campus)

- Community psychology and family business: an integrated perspective
- Integrating mind-body approaches in clinical psychology: mindfulness, relaxation, and placebo effects

Sports Science (Milan Campus)

- Strategies for promoting active lifestyles and healthy nutrition

Education (Milan campus)

- Inclusive education

Health Sciences (Rome campus)

- Applied bioethics
- From molecules to cells: a translational path towards novel therapeutics
- Global health and epidemiology
- Health policy and management for universal coverage

Short-term programmes

SUMMER



	JUNE 8-12	JUNE 15-19	JUNE 22-26	JUNE 29 - JULY 3	JULY 6-10	JULY 13-17	JULY 20-24
Business (Milan campus)	Strategic management and entrepreneurship		Business, government and the global economy		Social and eco entrepreneurship		
			The fashion market: structure, players and success factors				
			Luxury Business Strategy				
Marketing and Communication (Milan Campus)	Mass communication and media industries: the Italian style in producing and managing TV, ads, and music		New frontiers in brand communication and consumer engagement		Understanding the customer: theories, trends, and values for an effective communication strategy		
			Brand strategy experience: a professional approach		Personal branding: impact, influence and effectiveness in the workplace		
Cultural Studies (Milan Campus)	Discovering Italy through its culinary traditions		A mafia story: its representation in literature, cinema and television		Italian masterpieces, portrayal of a culture through its cinema		
	Italian wine culture in literature and in practice		Writing a story: the art of captivating people through storytelling				
International Relations (Milan Campus)			AI and global politics: navigating technology's impact on international relations		Italian politics. International change and domestic transformation		
Psychology (Milan campus)			Community psychology and family business: an integrated perspective		Integrating mind-body approaches in clinical psychology: mindfulness, relaxation, and placebo effects		
Sports Sciences (Milan Campus)	Strategies for promoting active lifestyles and healthy nutrition						
Education (Milan Campus)			Inclusive education				
Health Sciences (Rome Campus)	Global health and epidemiology		Health policy and management for universal coverage				
	From molecules to cells: a translational path towards novel therapeutics		Applied bioethics				



Courses may be subject to change. Scan or click here for more detailed information:



Hands-on

EXPERIENTIAL LEARNING OPPORTUNITIES

Milan campus

Service Learning/Volunteering Abroad

This unique opportunity is designed to inspire students to serve a community abroad and develop soft skills that they will use in the future.

- When: Fall Semester: Sept - Dec or Spring Semester: February - May
- Credits: non-credit bearing

Area: Education and Language training

The Language Assistant Programme is addressed to Study Abroad and Exchange students who are interested in an enriching community engagement experience in an Italian environment. In collaboration with primary and secondary schools located in Milan and in the greater city area, students will have the chance to support teachers and work under their direction in classrooms and outside of class activities with the following tasks:

- Plan activities to motivate pupils/students to learn more about the target language
- Share aspects of your culture
- Organise group and class activities
- Boost conversation practice
- Help with text reading and comprehension
- Participate in activities aimed at teaching a specific subject in a foreign language

The placement will be in schools where the languages taught may be English, French, German and Spanish.

› international.unicatt.it/service-learning

Rome Campus

Clinical Electives

The Medical School offers customized clinical internships to international students who are currently enrolled in undergraduate or master medical degrees at their home institution. Students have the opportunity to work at the hospital Policlinico "A. Gemelli", with health professionals in the area of their interest.

It is possible to customize the internship by providing a proposal with details on the training programme: the department, the subject, the duration (a minimum of 1 month is required), the dates, etc.

› international.unicatt.it/clinical-internships





Student services

BECAUSE WE CARE



International Student Services

It is a students' home away from home and it houses the support staff: [advisors](#), [mentors](#) and [friends](#). Our staff have a unique understanding of the challenges experienced by international students, based on [firsthand international experience](#).

The first place of assistance for students before, during and after their experience in Cattolica for the following matters:

- Academic
- Administrative
- Services
- Every-day life in Milan

Health centre

The Cattolica health centre provides students with medical care, nursing care and psychological counseling. General, specialist (gynecology, ophthalmology, diet) and preventative medical examinations are available to students.

Feature: Access is free, no appointment needed. English-speaking doctors are available. Psychological counseling is offered on a fee paying basis for a maximum of 10 appointments.

Student Life

International student associations

Erasmus Student Network (ESN) is an invaluable support network for international students. They organise numerous social and cultural events, tours and recreational activities.

Buddy programme

The Buddy Programme is aimed at creating the opportunity for inbound international students to meet Cattolica domestic students in order to simplify the transition into Cattolica campus life and to help them get the best out of their cultural and social life during their study abroad experience.

Mentor programme

Università Cattolica offers to all semester students the opportunity to extend their stay and join our Summer/Winter Programme as a group Mentor. Students will be supporting the International Office staff with activities for newcomers, whilst sharing their "expertise" on the city with the new students in an attempt to help them get adjusted.

Library

A unique underground and prestigious library containing over 2 million volumes.

Sport facilities

Centro Universitario Sportivo (CUS) is an association that promotes sport and physical education for university students in Milan. The CUS information point is located at the Milan campus, Largo A. Gemelli, 1.

GetFIT is a popular gymnasium located just 5 minutes walking distance from Cattolica Milan campus, boasting added value with

a sauna, swimming pool and squash courts. **Feature:** Special gym subscriptions are available to international students thanks to the collaboration between Università Cattolica and GetFIT gym.

The musical community "Studium Musicale di Ateneo"

It is the centre of the musical community, with a highly reputed choir annually seeking new singers, and an orchestra eager for musicians to join the ensemble. "Studium - Note d'inChiostro" organises concerts, courses, seminars, academic laboratories and summer schools.

› <https://milano.unicatt.it/student-life-attivita-musicali>



Accommodation

Semester

Finding a great place to live while studying abroad can really enhance your experience of University life.

Cattolica's student housing options are as numerous as they are varied: students may check a great number of platforms or seek assistance from ESN, the international student association.

There might be limited availability through Milano International Living Service (MIL Service), which offers single or shared rooms in fully furnished apartments.

Summer/Winter

Università Cattolica can provide accommodation in residences.

Costs

The indicative cost for a 2-week stay is between 650€ - 700€.

The cost also includes:

- wireless internet connections
- utilities (water and electricity)
- basic cable television
- kitchenware

Find out more › international.unicatt.it/ucscinternational-milan-accommodation

Money matters

TUITION FEES



If your university is a partner institution, please refer to your advisor to receive information on programme costs, as they may differ from published prices.

SEMESTER PROGRAMME	Non EU residents	EU residents
Tuition fees - Milan & Piacenza (up to 36 ECTS)	€ 6,200 per semester	€ 5,200 per semester
Programme application fee	€ 75	€ 75
Average housing cost in Milan	€ 4,500 - 6,000 per semester	€ 4,500 - 6,000 per semester
Average housing cost in Piacenza	€ 3,500 - 4,000 per semester	€ 3,500 - 4,000 per semester

SUMMER/WINTER PROGRAMME	Cost
Tuition fees Included: workshop, lectures, and visits related to the topics discussed in class. Not included: travel expenses, local transportation, meals and accommodation.	<ul style="list-style-type: none"> ■ One course: € 1,550 ■ Two courses: € 2,900 ■ Three courses: € 4,250
Programme application fee	€ 75

Università Cattolica can provide accommodation (shared apartments/residence) through MIL Service, should students request it. The indicative cost for a 2-week stay is € 600.

Cost of living

Depending on your spending habits you may have to budget an average of € 200 to € 400 per month if you plan on doing lots of shopping, travelling, and other extra-curricular activities.

Living expenses for 1 semester

	Accommodation*	€4,500 - €6,000
	Food**	€2,000 - €3,000
	Leisure	€1,500 - €2,500
	Books	€300
	Public transport	€135
	Travelling and other activities	€500 - €1,000

Monthly total: €1,500 - €2,200

* Not including meals. The accommodation's cost may vary depending on the area, the kind of room (single or double), utilities etc. Living costs in Piacenza are approximately €200 per month lower than in Milan and in Rome.

** You will receive a badge which allows you to eat in the cafeteria. The average cost for a sandwich and drink close to campus is € 7.

Next steps

ADMISSION PROCEDURES

Semester

To apply for a semester or full year programme, you will need to complete an online application. Application instructions and full admission procedures are available at

› international.unicatt.it

Application deadline details

- Fall/full year application deadline: May 15
- Spring application deadline: October 15

Semester/full year programme requirements

- Current enrolment at an institution of higher education
- Good academic standing
- Grade Point Average of 2.75 or higher, or equivalent
- Completion of a minimum of 2 semesters at undergraduate level
- English proficiency: if non-native speaker, applicants need to submit a min. TOEFL score of 79 iBT or an IELTS score of 6 or an equivalent certificate; or have successfully completed a degree programme taught in English; or currently studying in English at their home institution

Applicants for Cattolica coursework in Italian must provide an Italian Language Proficiency Report.

How to apply

Online application form, application instructions and full admission guidelines are available at › international.unicatt.it

If your university is a partner institution, you must not apply online. Please refer to your advisor to receive information on application.

Summer/Winter

To apply for a short-term programme, you will need to fill out an online application.

Programmes requirements

- Grade Point Average of 2.75 or higher, or equivalent
- Completion of a minimum of 2 semesters at undergraduate level
- Good level of English. Non-native English speakers must give evidence of their language proficiency of a minimum B2 level or equivalent (ex: TOEFL iBT 79, IELTS score of 6, First Certificate of English, Cambridge ESOL or other certification)

Summer application deadline: April 15

Winter application deadline: November 1

How to apply

Online application form, application instructions and full admission guidelines are available at › international.unicatt.it

Experiential Learning Opportunities

For specific admissions and application procedures for these programmes, please see the relevant information on our website.

Find out more from

› international.unicatt.it



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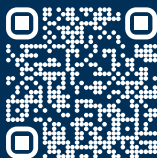
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