

UNIVERSITÀ CATTOLICA del Sacro Cuore

Welcome International Students!

Università Cattolica del Sacro Cuore

"wifi-unicatt"
Log in with your
iCatt user account and password

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The International Student Services Team

Contacts



Francesca De Martini
Team Manager



Alicia Quijano
Short Mobility Programmes
Buddy-Mentor Programme
ISEP Coordinator



Laura Ferrari
Academic Curriculum Course
Italian Language Course
Coordinator



Martina Peretti
Double Degree Programmes



Denise Diatta
Double Degree Programmes

The International Student Services Team

Contacts



Eleonora Suraci
International Curriculum Course Coordinator



Caterina Spertini
Study Abroad Advisor



Alessandra Rizzo
International Programmes Operations Officer

Contacts



Email:
international.advisor@unicatt.it

Phone:
(0039) 02 7234 5801 (Extension: 2)

Office:
Via Carducci, 30. 3rd floor -
Follow the blue arrows on the floor!

Office hours: Monday - Friday
Morning: 9.30am - 12.30pm
Afternoon: 2.30pm - 5pm

Make sure to check
and **BOOKMARK** the
Welcome to Cattolica page
for up-to-date information!

Agenda Tuesday 25 August

WHEN	WHERE	WHAT
2.30pm - 3pm	**Aula Magna**	Welcome Address
3pm - 4.00pm	**Aula Magna**	Presentation of Campus Services and Life in Milan, Health & Safety, Studium Musicale di Ateneo, ESN presentation, Sports at Cattolica
4.15pm - 6pm	**Cloister**	Information points for: International Student Services; MIL Service; Erasmus Student Network (ESN); Sport in Cattolica; Studium Musicale d'Ateneo (Cattolica Music Association) **Guided campus tours** - every 20 minutes from 4.15pm-6pm by ESN and Worldbounders. Meeting point is located in the second cloister.
6pm - 7pm	**University Cafeteria (via Necchi, 9)**	Welcome aperitivo buffet

Agenda Wednesday 26 August

WHEN	WHERE	WHAT
10am – 11.30am	**G.A03 Franceschini**	Session on Cattolica International Curriculum (the session will be held in English language)
11.30am – 11.45am	**G.A03 Franceschini**	ISEP Exchange student benefits (only for ISEP Exchange students)
12.00pm – 12.30pm	**G.A03 Franceschini**	Session on Italian Language Course
2pm – 3.30pm	**G.A03 Franceschini**	Session on Cattolica Academic Curriculum (the session will be held in English language)

Agenda Thursday 27 August

WHEN	WHERE	WHAT
9.30am – 10.30am	**C.311 Carducci**	Session on Cattolica Academic Curriculum (the session will be held in Italian language)
9.30am – 10.30am	**C.310 Carducci**	Session for Double Degree students (the session will be held in English language)
12pm – 1pm	**Online**	Online Q&A session – link sent via email

The Curricula

International Curriculum	Academic Curriculum
Only for International students. If you didn't select it during the application, you **can't** select it now. ▪ Finalise your courses during the Add/Drop period	'Regular' Cattolica students AND international students can select. ▪ You can select these courses until October 31
Info session: Wednesday **10am – 11.30am** G.A03 Franceschini	**Info session: Wednesday** **2pm – 3.30pm**: G.A03 Franceschini (the session will be held in **English** language)
International Curriculum Page – Fall 2026	**Info session: Thursday** **9.30am – 10.30am** C.311at Carducci building (the session will be held in **Italian** language)
Speak to: Eleonora Suraci	**Speak to:** Laura Ferrari

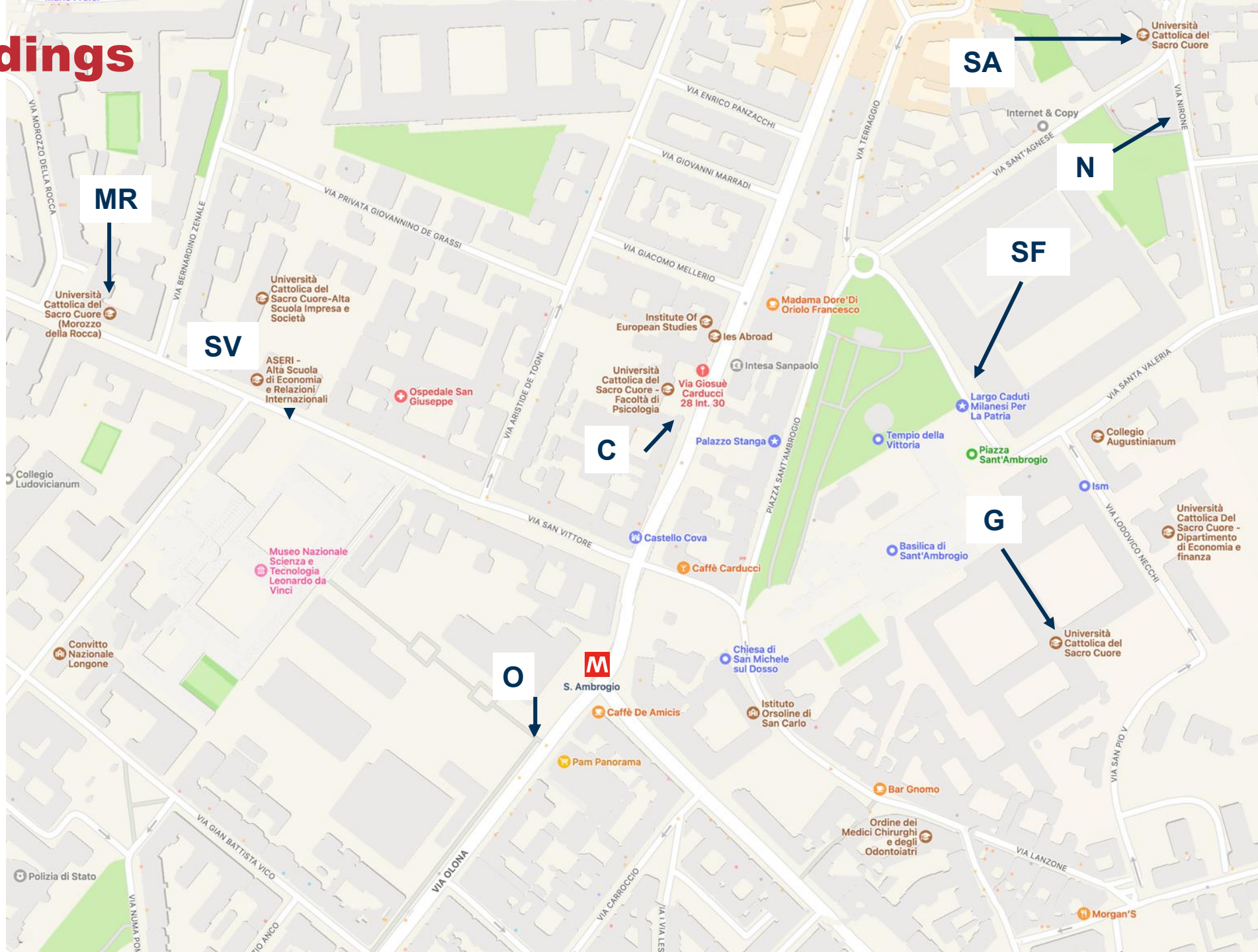
University buildings

Your courses may be held in various buildings!

Buildings Index:

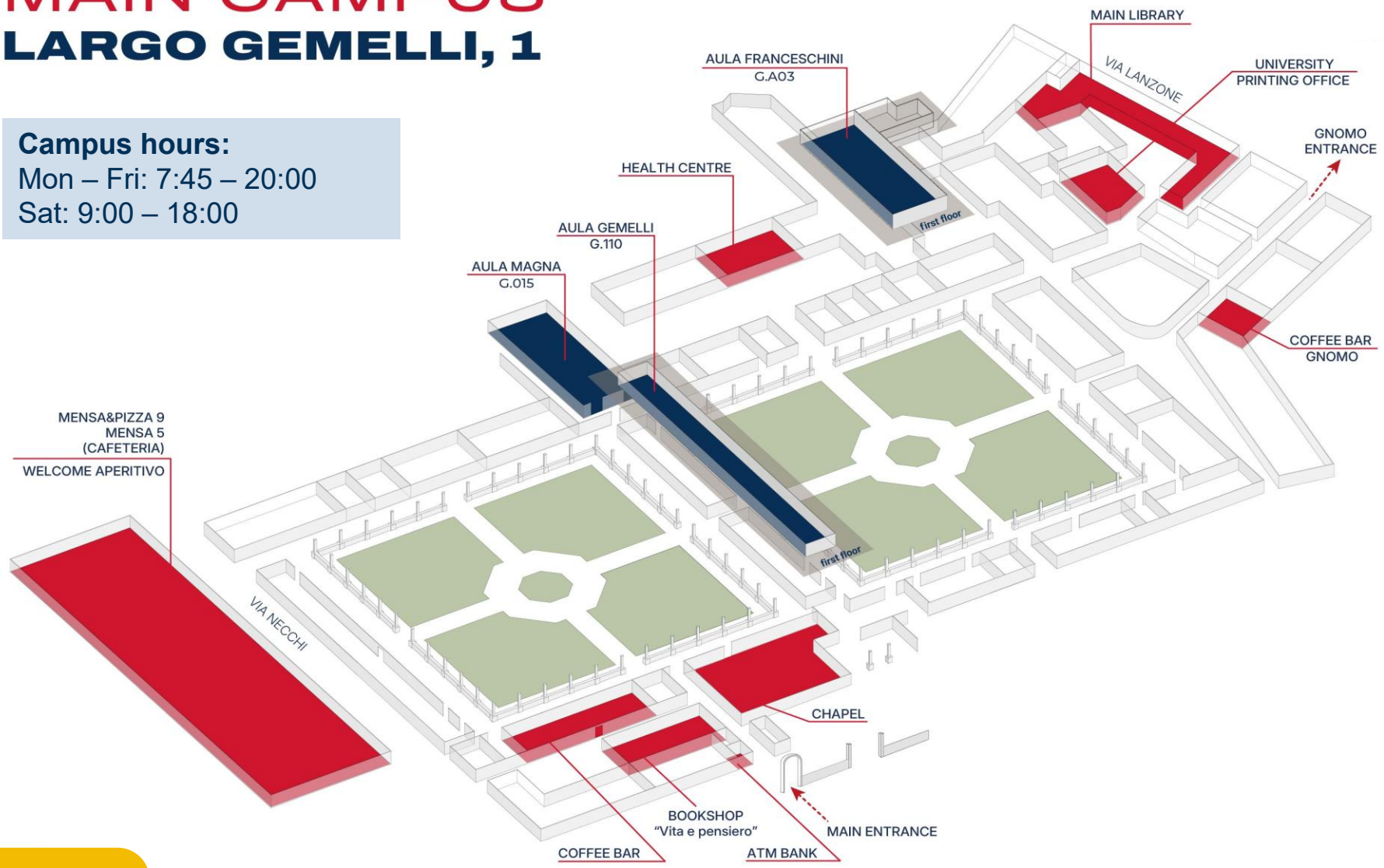
- **G** = Gemelli
  (Main Campus – Largo Gemelli)
- **SF** = San Francesco
- **C** = Carducci
  (Cattolica International Building)
- **SA** = Sant'Agnese
- **N** = Nirone (Via Nirone)
- **O** = Olona (Via Olona)
- **MR** = Morozzo della Rocca
- **B** = Buonarroti (not on this map – 10 minute metro ride from Cadorna)
- **SV** = Via San Vittore 18

Example: **Aula** C.311 = Carducci building - 3rd Floor - Room 311



MAIN CAMPUS
LARGO GEMELLI, 1

Campus hours:
Mon – Fri: 7:45 – 20:00
Sat: 9:00 – 18:00



UNIVERSITÀ CATTOLICA del Sacro Cuore

Cafeteria *(Mensa)*

Locations

- Mensa&Pizza 9 (Via Necchi, 9)
- Mensa 5 (Via Necchi, 5
- Mensa 18 (Via San Vittore, 18)

Prices: range from €6.65 to €5

Payment:

- Use your student ID card: cash/bank card not accepted
- Card top-up machines are located at the entrance of the Mensa&Pizza 9 (Via Necchi, 9)

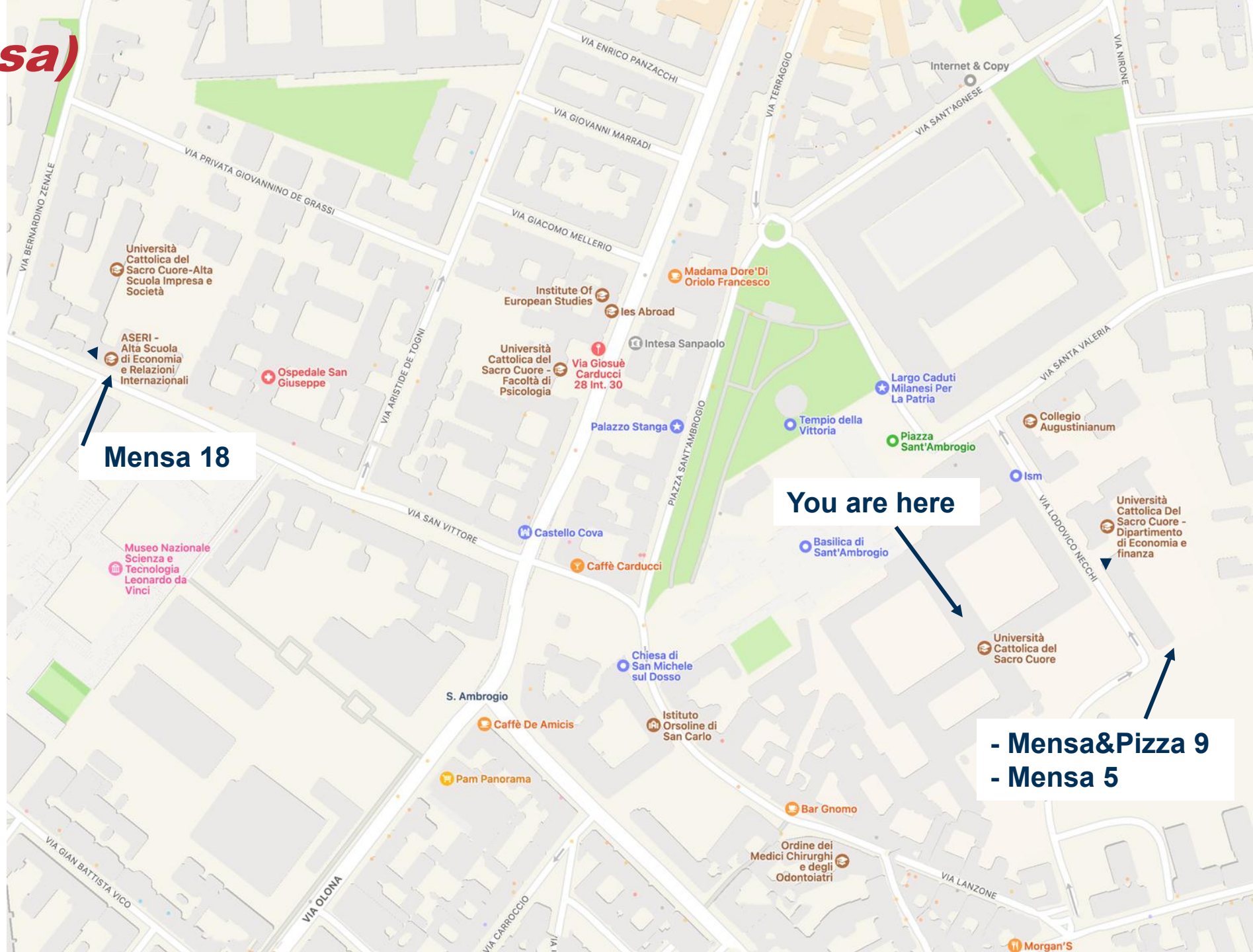
Learn how to top-up your card in this video

Read detailed info here

Opening Hours

11.30 pm - 3.00 pm
7:00 pm –8:00 pm Mensa 5

For more specific opening times, check online!



Composing your meal

(in the main mensa, via Necchi 9)

FIRST COURSE ***(Primo piatto)***	Pasta / risotto / soup
SECOND COURSE ***(Secondo piatto)***	Meat / fish/ vegetarian option (omelette, pie, large salad)
SIDE DISH ***(Contorno)***	Vegetables, small salad, small piece of cheese
DESSERT	Yogurt, pudding, fruit
DRINK (included)	Refillable cup available at the cashier

COMPLETE MEAL
First Course
Second Course
Side Dish
Fruit
Bread
Drink (free refill)
€6.65

LUNCH MEAL 1
First Course
Side Dish
Fruit
Bread
Drink (free refill)
€5.00

LUNCH MEAL 2
Second Course
Fruit/Side Dish
Bread
Drink (free refill)
€5.00

BASIC PIZZA
A Slice of Pizza
Fruit / Fries
Drink (free refill)
€4.50/ €5,00

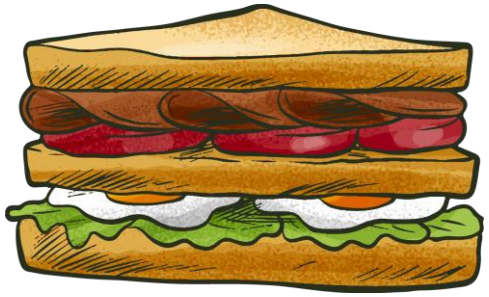


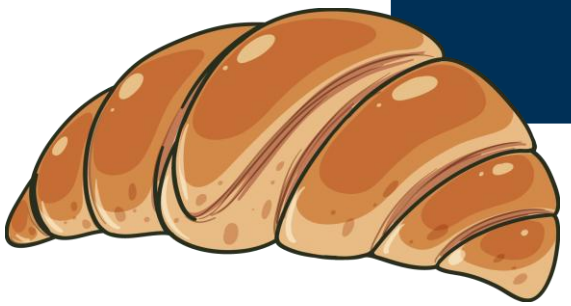
This is an example of a complete meal. Pasta (tortellini in broth), grilled meat, side of vegetables, fruit and bread.

Coffee bars

You can take advantage of the campus bars (Gemelli and Gnomo) or one of the many bars in the neighborhood for a quick snack, a coffee or a cappuccino and brioche for breakfast











Note:

- **The campus bars do not accept payment with student ID**

Printing & photocopying

WHAT	WHERE	HOW
Printing Shops	***Fotocopie Elicopie*** (Via Carducci, 37)	Across the road from the International (Carducci) building. USB or Email the file. OR search «*fotocopisteria*» in google maps to find the one nearest to you
Printing Machines	**On Campus** (one also at Carducci building 3rd floor)	**Using your Student ID Card** You can find instructions on how to use your Student ID Card to print, copy and scan documents HERE and in the Services and Opportunities Section of your iCatt page. (minimum amount to load on is €5)** A4 black and white x1 = €0.035 A4 colour x1 = €0.30
Ufficio Fotoriproduzioni University printing office	**Main Campus** (Gregorianum Building - before entering the main library on the left)	You can pay and print there directly. A4 black and white x1 = €0.05 A4 colour x1 = €0.30

The money you load onto your card for the Cafeteria **cannot be used to pay for printing



Main library

Opening hours:

Monday – Friday : 8am – 8pm

Saturday: 9am – 6pm

Library Services

Book a spot to study on **Affluences** (more on this later)

Cattolica Medical Centre

Note: The medical centre will not issue medical notes for days that have passed

General Doctor

- No appointment required (just walk in)
- Free
- Visiting hours: Mon - Fri → 9am – 4.45pm
- English and Italian speaking doctor
- Location: Main campus, Dominicanum Building, 1st floor
- Re-opens 7th September

Specialist Visits (Nutritionist)

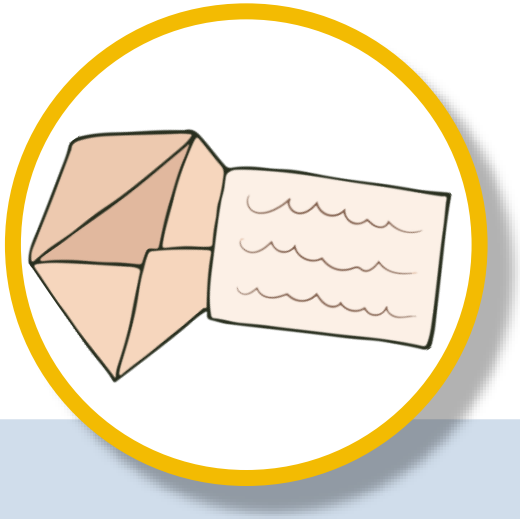
- Appointment required (call 02 7234 2217)
- Cost: €50 (only with credit or debit card)
- Italian speaking doctor

Psychologist

- Appointment required (send an e-mail to: consulenza.psicologica.dsu@educatt.it)
- Cost: up to 10 sessions free
- English and Italian speaking doctor
- More info here: https://www.educatt.eu/health-care-and-psychological-counselling/

Mail & letters

If you can't receive mail at home, you can have it sent to the Carducci building.



ONLY LETTERS. NO PACKAGES
We will notify you by email when we receive your mail.



If you need to receive **large mail** or **packages, they cannot be sent to Carducci.**
We advise you have them sent by registered mail, or through express mail services (DHL, UPS, FedEx) and use their parcel collection service.

Amazon packages can be shipped to **Amazon Locker 'Nila'** located in the Via Necchi 9 Cafeteria.

POST DETAILS:
Università Cattolica del Sacro Cuore
Your Name and Last Name
c/o International Student Services
Via Carducci 28/30
20123 Milano – Italy
Phone: +39 02 7234 5801



How to use your Student ID Card

- **Swipe it** on the **card reader** to enter the University buildings
- **Pay** for your **meal** at the Cafeteria
- Use **University services** (printers, medical centre, library services, exams)
- If you want to use it as a **prepaid card,** go to the bank just inside the entrance of Largo Gemelli and to make an appointment. You need the **official fiscal code** for this. **Non EU** students must have applied for their permit of stay.

For International students it is already activated and ready to use!
The information on the letter inside is for local Cattolica students. You can ignore what is written on the letter.

Permit of Stay *(Permesso di soggiorno)*

All **non-EU students** who entered Italy with a study VISA **must apply** for the **Permit of Stay**

Non-EU students should have already received the Permit of Stay Kit (the big white envelope) containing the paper application form. If you are a non-EU student and you have **not** received it from us, let us know!

You will need to print copies of:

- Passport (photo page)
- Passport (VISA page)
- Your Admission Letter, stamped by the consulate
- Copy of health insurance details

You don't need the fiscal code for this.


RICHIESTA DI RILASCIO/RINNOVO DEL PERMESSO/CARTA DI SOGGIORNO PER CITTADINI STRANIERI

Al Signor Questore di

CAP LOCALITÀ PR

Centro Servizi - CSA
VIALE TRASTEVERE 191
00153 ROMA RM



We strongly advise you to WATCH THIS VIDEO that provides step-by-step guidance on how to complete the Permit of Stay documents (specific video for Cattolica students!)

Tax/Fiscal Code *(Codice Fiscale - CF)*

What is it?

- A code made up of numbers and letters unique to your personal information.
- Required for most **rental contracts** and some online purchases including the **public transport travel card**.
- It is free and it remains the same forever
- It is not linked to the Permit of stay and you don't need to wait for this to send your application.

If you have not received your **official** Tax/Fiscal Code from the Agenzie delle Entrate (Italian Tax Authority) yet, you must book an appointment to get it **in person.** You can find out how here.

You have already received a Fiscal Code from Cattolica via email which is a "fake" code and can **ONLY be used to reset your iCatt / email password.** Do not provide this "fake" code to anyone because it is not correct for any other purpose.

Cattolica WiFi connection



Search for the network
“**wifi-unicatt**”



To **log in**, use your **user account** and **password**
(the same as your **iCatt account**)

To reset your password, use the ‘fake’ fiscal code you received by email from iam_noreply. The new password will reset for all of your iCatt platforms (email, Blackboard, iCatt, Wifi).

Useful Apps and Websites

iCatt
Personal student page
(**Website** or **Android** | **Apple**)

Blackboard
Manage your courses
(**Website**)

Affluences
Book a study spot in the Library
(**Website** or **Android** | **Apple**)

iCatt personal student page

What is iCatt?

iCatt is the student portal where you will access your **personal page** with **all the information you need** to study at Cattolica including your course times and room numbers.

How do I access iCatt?

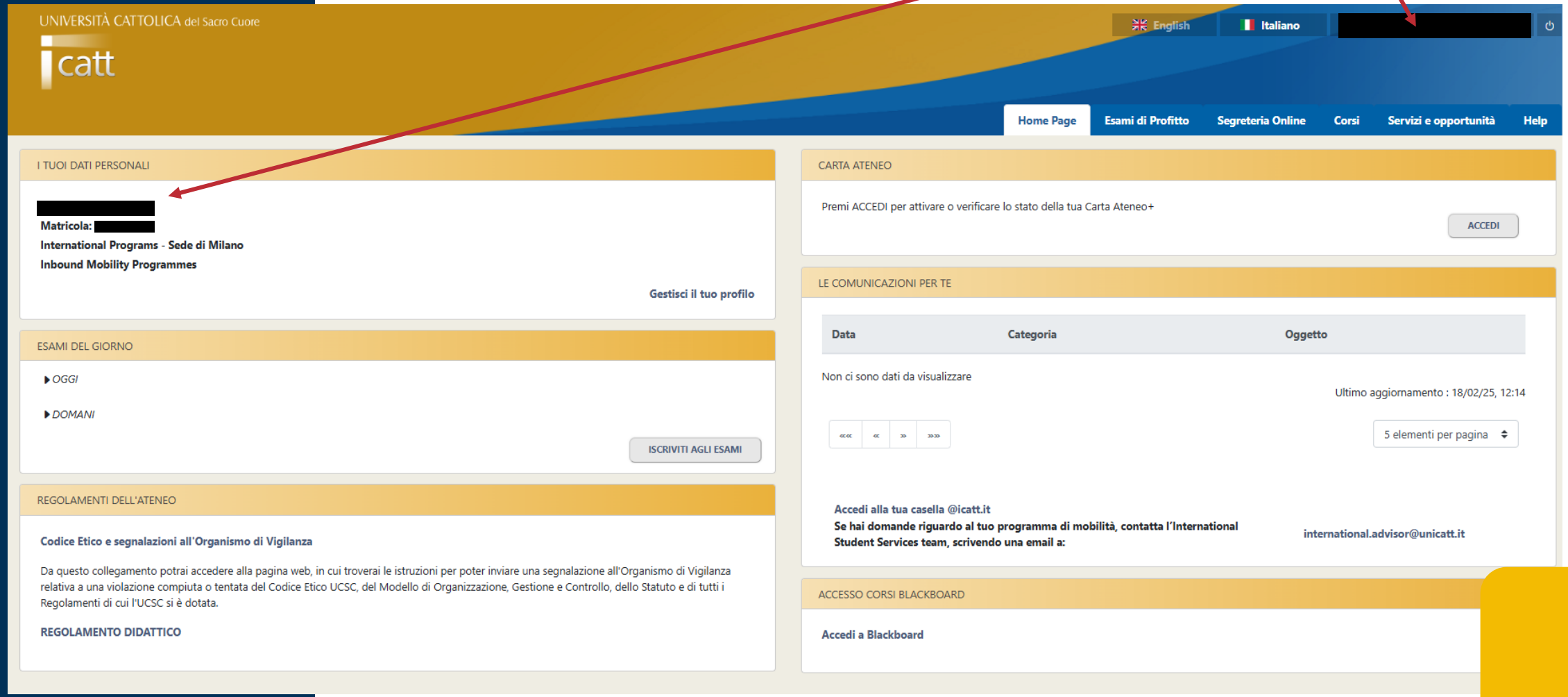
You can access iCatt directly at **https://icatt.unicatt.it** using the same user ID (firstname.lastname01) and password you used for the application portal.

(Note: your user ID may include middle names and could have “02” instead of “01”)

If you receive an email from the system in the middle of the semester to change your password, DO change it or you will get locked out.

iCatt page (Web version)

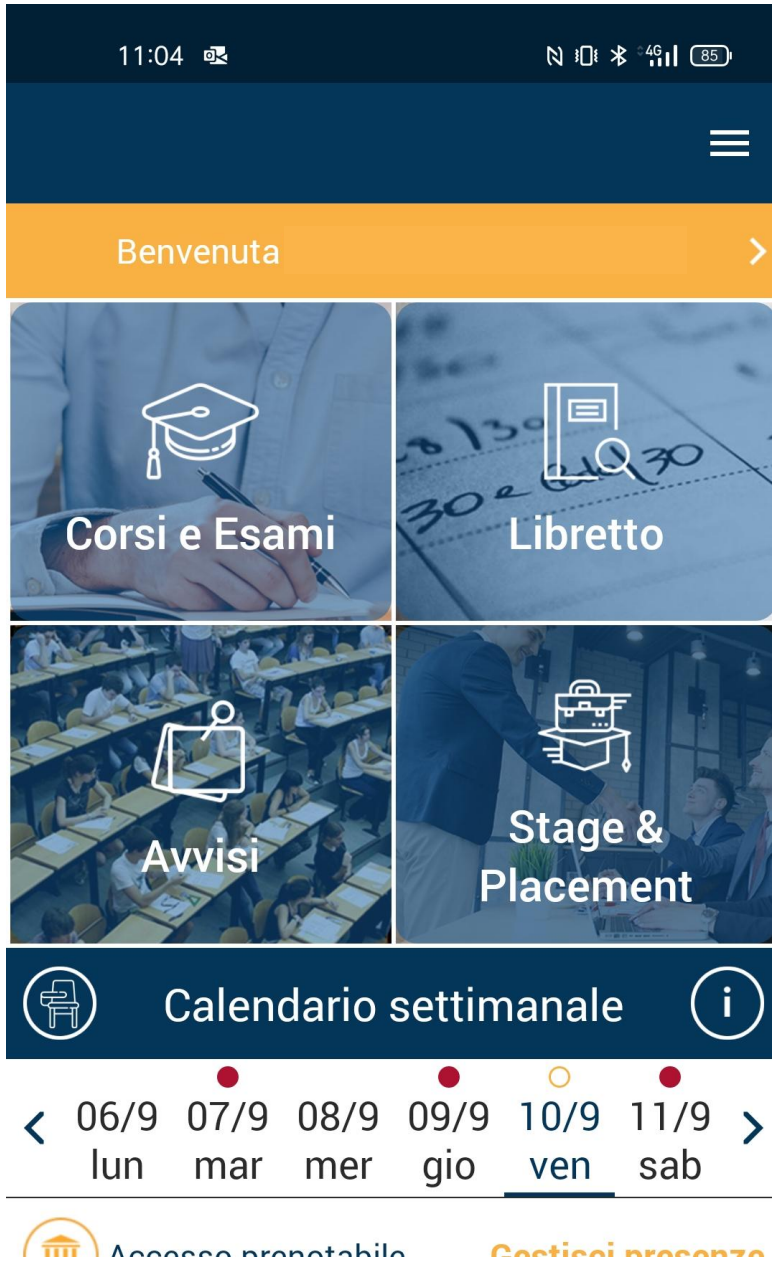
Student name and surname
and student ID number
will be shown here



iCatt App

The **iCatt App** shows:

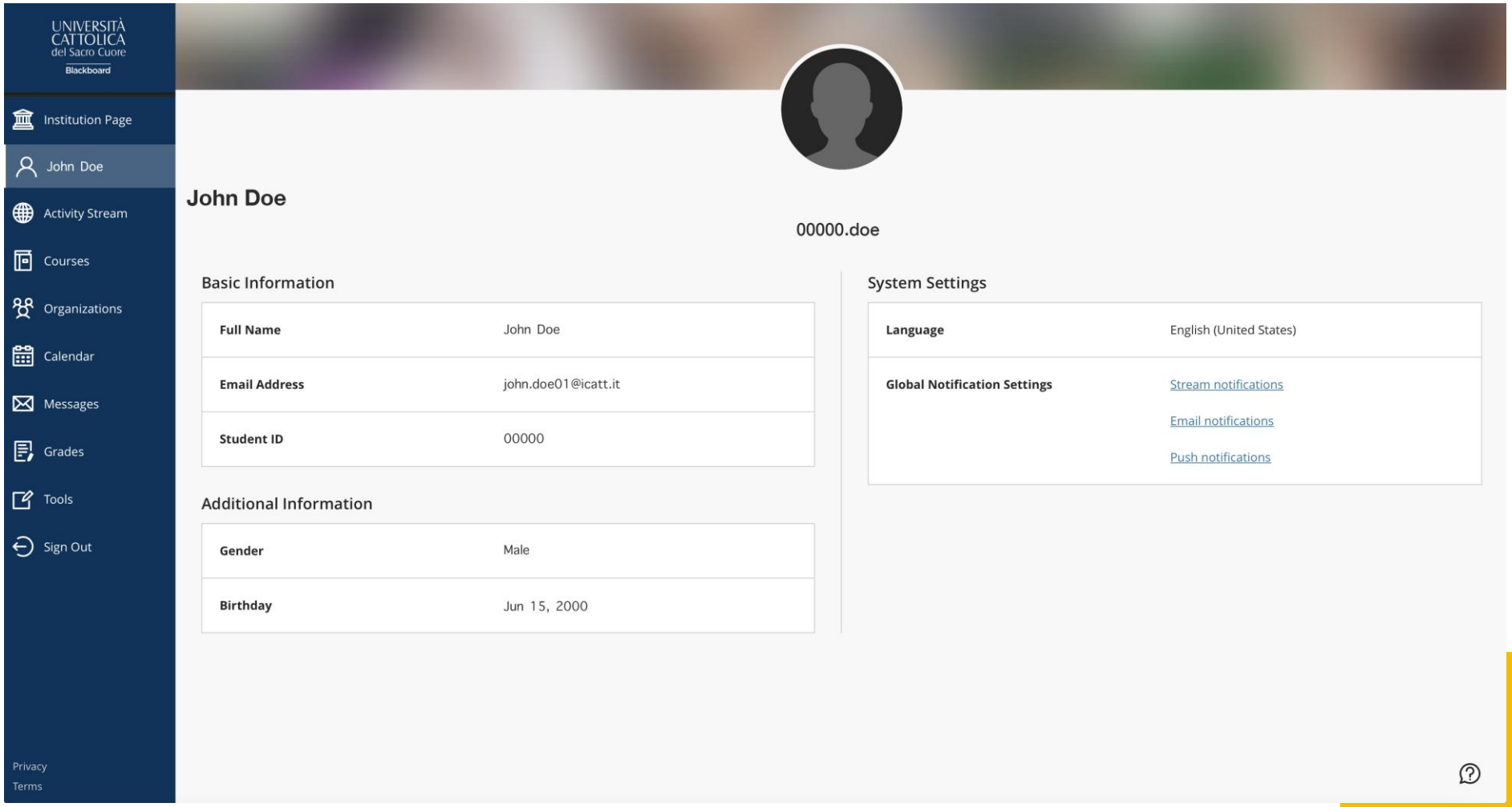
- information about your courses
- schedules and classrooms
- real-time updates about suspended and re-scheduled lessons
- available exam call dates and register for exams **(Academic curriculum only)**



Blackboard page

Blackboard is the platform for accessing course materials, course content, assignments etc.

You will learn how to activate your courses on Blackboard in the International / Academic curriculum info-sessions tomorrow

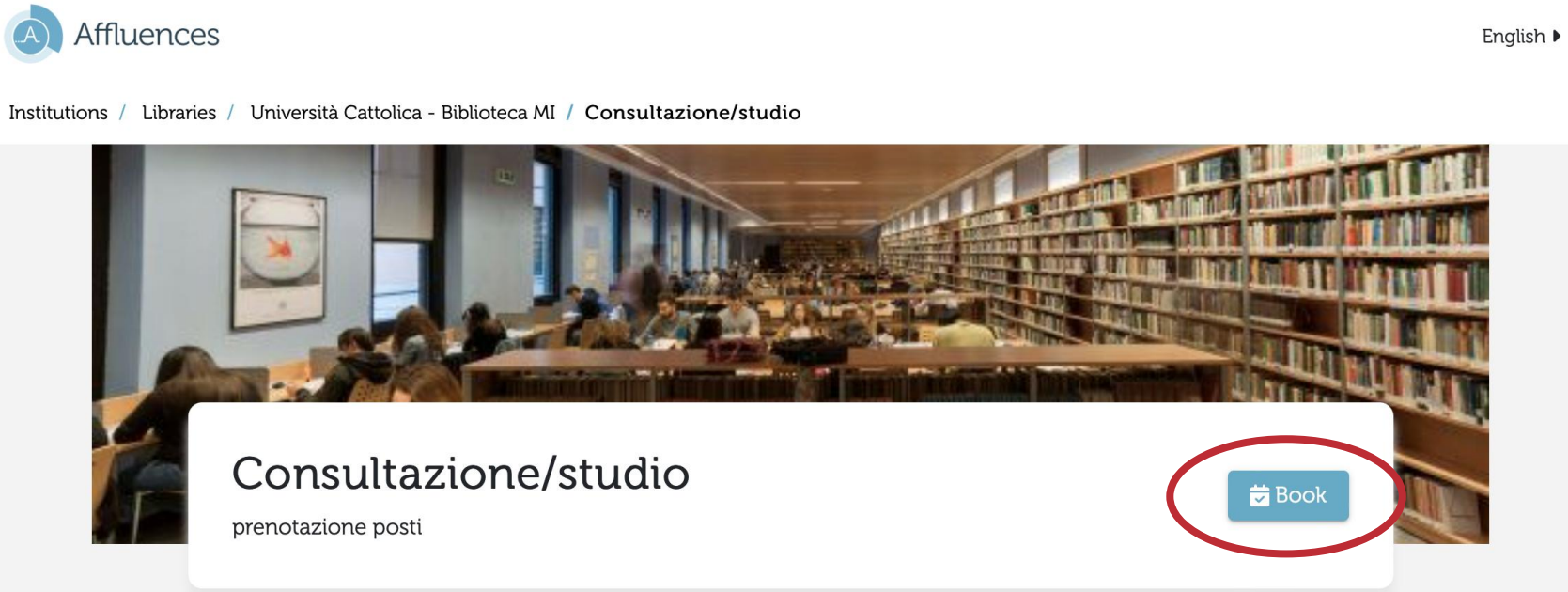


Affluences (Website)

Use Affluences to **book a study spot in the Library**

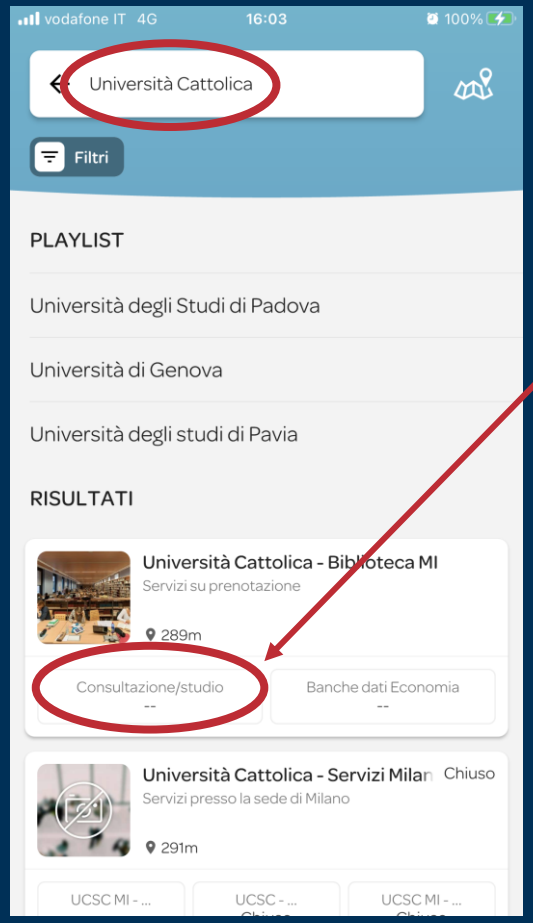
(You don't need to book a spot to enter and take a book)

Type «**Università Cattolica - Biblioteca MI»** in the «SEARCH» field
Click on «**Consultazione/studio»**
Click on **«Book»**



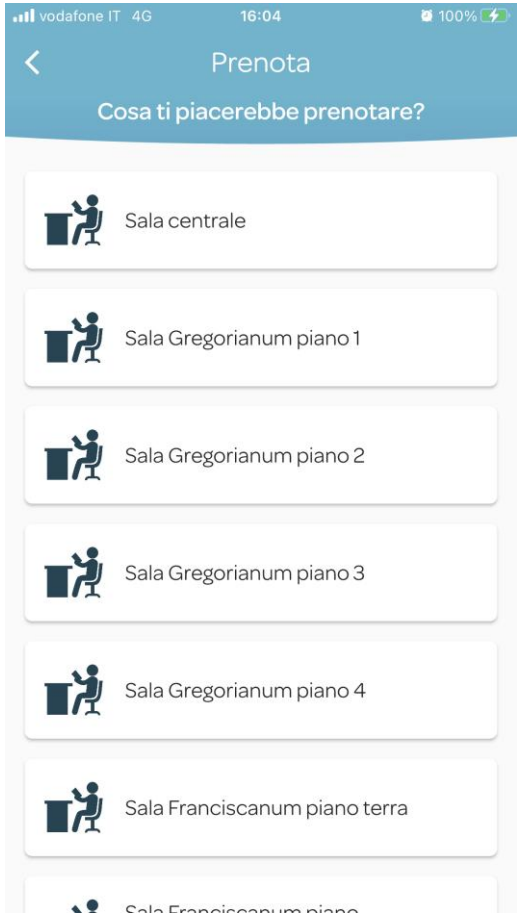
Affluences (App)

Type «**Università Cattolica - Biblioteca MI**» in the «SEARCH» field
Click on «**Consultazione/studio**»





Choose Room



Select time (*ora*) and duration (*durata*) and click «*Prenota*»



Your @iCatt email account

Every student enrolled at Cattolica has an iCatt email address:
your iCatt username + @icatt.it

How do I access my iCatt email account?
Three options:

1	2	3
Visit the **Outlook website** and **add an account**	Click on the **envelope** at the top right of the **www.unicatt.it** homepage	Directly from your **iCatt page** in the **"Your Messages"** section



All **Cattolica official communications** related to courses will be directed to your **@icatt mailbox.**
Make sure to check it regularly (and the SPAM box).
For more information visit **this page**.

You may want to add a new account to your current email box in order to access more than one account on your email app and receive push notifications



Life in Milan

- Transport
- Mobile sim card
- A brief Italian lesson
- General safety and everyday tips
- What's on in Milan
- Food and drink
- YesMilano
- What to see in Milan

Milan is my City now

Public transport: “ATM”

The basic fare is the 3 zones fare (Mi1-Mi3).

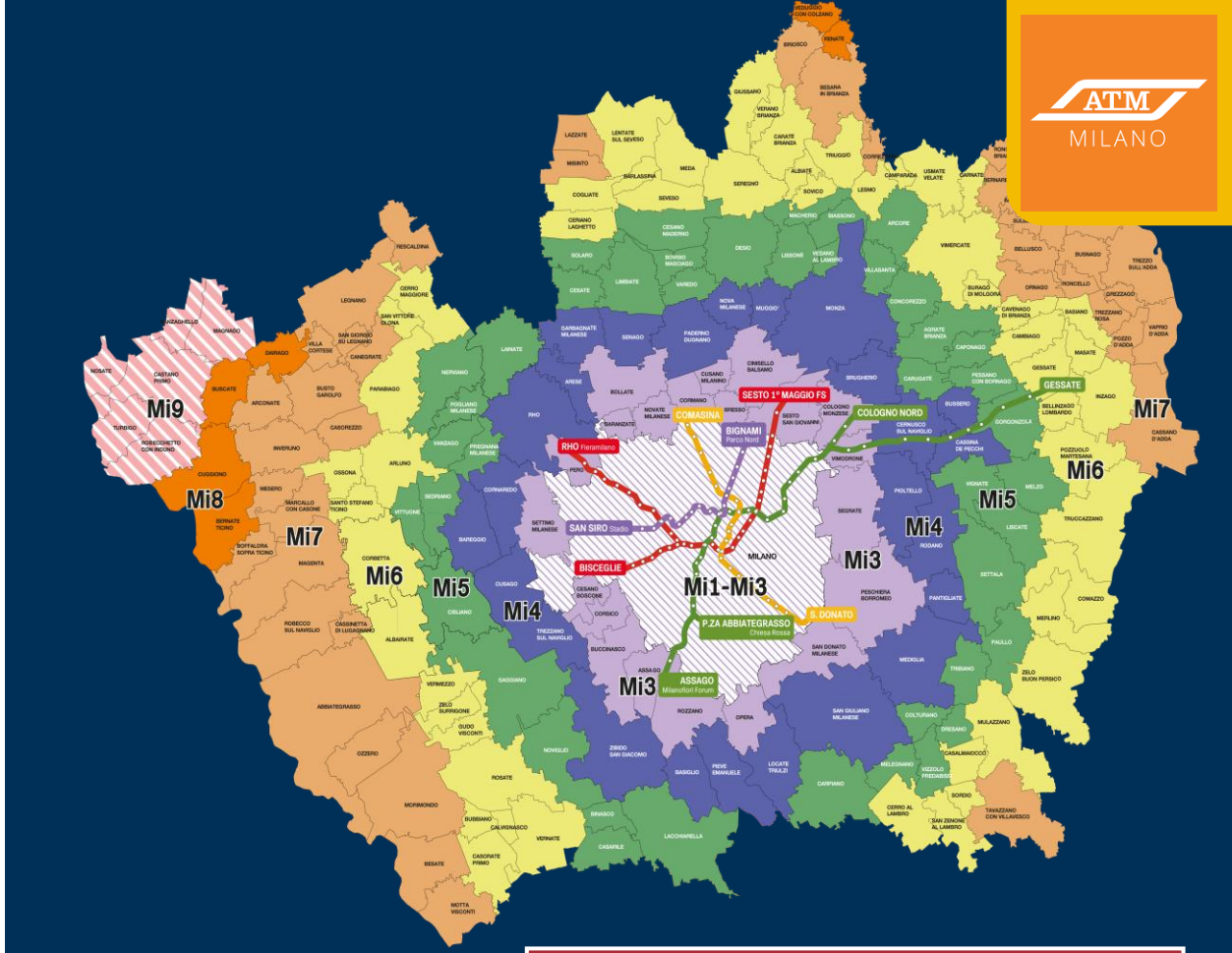
Costs for Mi1-Mi3 (Includes metro, bus and tram)

- **Regular ticket** (valid for 90 minutes from the first validation): € 2,20 rechargeable paper (RicaricaMi)*, virtual ticket** or by bank card***
- **Monthly pass:** €22,00 + a 1 time purchase of the electronic card: €10,00 (we recommend the physical card, not digital card)
- **Weekly pass** and **three-day passes** are also available

Check how to apply for you ATM card here! If you want to top up the card for the current month, it must be done before the 20th.

You must book an appointment either on the app or by going to the ATM point. You don’t need the official fiscal code if you apply for the ATM card in- person.

Be aware of public transport strikes. Use the ATM app for updates.



Useful links:

More info here

Download the ATM Milano app!

ATTENTION: Always **validate** your ticket when you get on a bus/tram/metro.

***Rechargeable paper ticket (RicaricaMi):** Simply tap it on the turnstile reader (buy it from the machine in the metro or from the Tabacco shop)

****Virtual ticket:** Buy a ticket on the ATM Milano app and scan the QR code (only scan on the metro; press ‘activate’ on bus and tram)

*****Contactless bank card (Metro + bus/tram):** Tap your contactless bank card to enter (and **exit the metro only**)

Bike sharing

Cycling is an enjoyable, environmentally-friendly and practical way to travel around the city.

Only use cycle lanes or the road – not the sidewalk but always be **careful!** Some roads are not so safe for bikes in Milan.

Freefloating Bike Rentals (available throughout the city. Use their apps to access the service).



Ridemovi

by mobike

Lime

TIER

TIER is becoming dott

BikeMi

Station-based Bike Rentals
(available at specific bike stations)

Taxi service

White taxis:
They generally accept card but ask the driver first

How to catch a cab:
At a taxi stand at several points throughout the city
You can call several taxi services on these numbers:
024040, 026767, 026969, 028585

Taxi apps:
Put your bank details into the app and pay online for the journey you take.



Uber



Freenow



ItTaxi



InTaxi

Mobile Sim card

The **main mobile companies** in Italy are: **Vodafone, TIM, Wind3, Iliad**

Check online for the best deal for you!



- You can get a sim card **online** if you already have an **official fiscal code.**
- Don’t have one yet? No problem – go **in-store** to get the sim without the official fiscal code.
- **eSIM option:** many mobile companies offer eSIMs – check directly with the company for availabilty and activation requirements.

A brief Italian Lesson *(Una breve lezione)*

Hello → ***Buongiorno / Salve*** (formal / for people you don't know)

Hi! / bye! → ***Ciao***

My name is… → ***Mi chiamo***

Please → ***Per favore ('per favor-ay')***

Excuse me → ***Mi scusi*** (asking for a person's attention)

Excuse me → ***Permesso*** (asking for permission to pass/enter)

I would like → ***Vorrei…***

Can I have…? → ***Posso avere…?***

How much does it cost? → ***Quanto costa…?***

Where is…? → ***Dov'è…? ('Dov-ay…?')***

Thank you → ***Grazie ('gra-tz-ee-ay')***

You're welcome! → ***Prego***

Have a nice day! → ***Buona giornata!***



TIP: Pronounce every vowel in the word

Buongiorno, mi chiamo...

Posso avere un'informazione?

Vorrei sapere dove è l'ufficio immigrazione.

Grazie e buona giornata!

General Safety Tips

Milan is a relatively safe city! Just some things to remember...

- **Pickpockets -** be aware at train/metro stations, public transport and crowded places
- Always make sure your **backpack/handbag is closed. Hold it in your arms on public transport**
- Avoid putting your bag on the back of your chair when out in public
- Don’t leave your **phone/wallet** on the table in bars – be careful of the ‘paper trick’ thieves
- Keep your important documents (e.g. Passport) safe at home, and make sure you have **scans or copies** of them
- Don’t walk home alone late at night if you can avoid it - call a taxi. Download a taxi app today

EMERGENCY SERVICE NUMBER: 112 or 911

(Police, Ambulance, Fire Department)



General Tips

- **Be aware of your surroundings**: safety, culture, appropriate behaviour
- If you **visit a church**, cover shoulders and knees and remove hats
- **Appropriate clothing** is expected at University: watch and learn from local students
- **Quiet hours**: generally, 10pm on weekdays and 11pm on weekends
- Go to events to **make friends.**
- Interact with locals and **get out of your comfort zone**!
- Don't forget to relax and take time for yourself. **Your wellbeing is important.** Study abroad burn-out isn't fun

Speak to us if you want to discuss anything!
We are here for you.

What's on in Milan

SET

- 👗 Milan Fashion Week
- 🏎️ Monza Formula 1 Grand Prix

NOV

- 📚 BookCity
- 🎶 Music week
- 🎮 Games week
- 🏍️ EICMA

DEC

- ✨ Sant'Ambrogio
- 🎭 Teatro alla Scala Opening Night
- 🎄 Oh Bej Oh Bej
- 🛍️ Artigiano in Fiera

FEB

- 🧧 Chinese New Year
- 🌟 Ambrosian Carnival
- 👗 Milan Fashion Week

MAR

- 🍀 Ireland Week (St. Patrick's Festival)

APR

- 🎨 Art Week
- 📸 Salone del Mobile
- 📐 Design Week

MAY

- 🎹 Piano City
- 🍕 Food City
- 🎶 MI-AMI Festival
- 🎤 Radio Italia Live

JUN

- 🎧 Party like a Deejay
- 🎬 Milano Film Festival
- 🔆 Estate al Castello
- 💃 Latin Festival
- 👗 Milan Fashion Week

JUL

- 🎸 I-DAYS
- 🔆 Estate al Castello

Food and Drink

- **Payment system** varies in bars and restaurants
(In the bar: usually pay first at the cashier and then order by showing the receipt)

- ***Aperitivo*:** it's a pre-dinner/relax-after-work moment that usually goes from 6 – 9pm
You can have drinks and snacks or small dishes and sometimes a buffet!

- **Tipping** isn't expected. In restaurants you will be charged a **'*coperto*' (service fee)** that is usually around €2 per person – this is always clearly written on the bill and is **not optional.**

- **Lunch time**: 12.00 pm – 2.30 pm
Dinner time: 7.00 pm – 10.00 pm

- **Public water fountains:** free, clean water. Tap water in Milan is usually fine to drink!

- Visit your **local market** for an authentic **Italian grocery shopping experience**
Google search when and where your local market is! *(Closest to the University is Viale Papiniano: Tuesday morning and Saturday all day)*

- **Typical breakfast at the bar:** *cappuccino* and *cornetto* (also called *brioche* or *croissant*)



Check out this article for more tips!

YesMilano: your guide to the city

YESMILANO



New to the city?
Need assistance with settling in Milano?

We can help! Find out how:

yesmilano.it/**welcomestudents**

MILANO&PARTNERS
The official promotional agency of the City of Milano

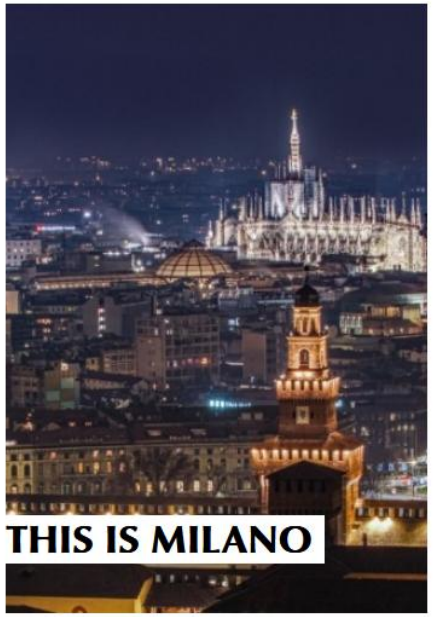
Scan the QR code or click here

YesMilano helps students with bureaucratic steps in Milan including:

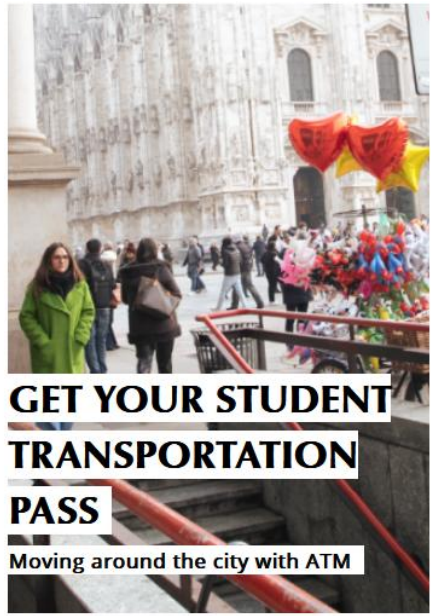
- Tax/Fiscal Code (Codice Fiscale)
- YesMilano City Pass



On the same theme







What to see in Milan (and nearby)

Parks:
- Parco Sempione
- Parco Solari (including indoor swimming pool)
- BAM - Biblioteca degli Alberi Milano
- Giardino Indro Montanelli
- Boscoincittà
- Parco Lambro

Monuments:
- Duomo di Milano (and rooftop)
- Castello Sforzesco
- Arco della Pace
- Torre Branca
- Cimitero Monumentale
- Basilica di Sant'Ambrogio

Museums*:
- Palazzo Reale
- Santa Maria delle Grazie (The Last Supper)
- MUDEC – Museo delle Culture
- GAM – Galleria di Arte Moderna
- Pinacoteca di Brera
- Museo della Scienza e della Tecnica Leonardo da Vinci
- Triennale
- Biblioteca Ambrosiana
- Hangar Bicocca

(Mostly free entry* on **first Sunday of the month**)

Nightlife Areas (dinners and bars):
- Piazza Gae Aulenti
- Corso Como
- Colonne di San Lorenzo
- Navigli
- Isola
- Arco della Pace

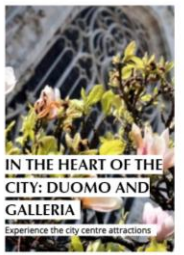
Weekend/Day Trips (close to Milan):
- Como
- Lake Como
- Lake Garda
- Brescia
- Cremona
- Bergamo
- Varese

Weekend Mountain Breaks:
- Piani di Bobbio
- Pila
- Presolana Monte Pora
- Aprica
- Valmalenco
- Montecampione
- Pontedilegno-Tonale

Check out this article for a guide of Milan!

For any other info you may need, visit **YesMilano**









Duomo di Milano



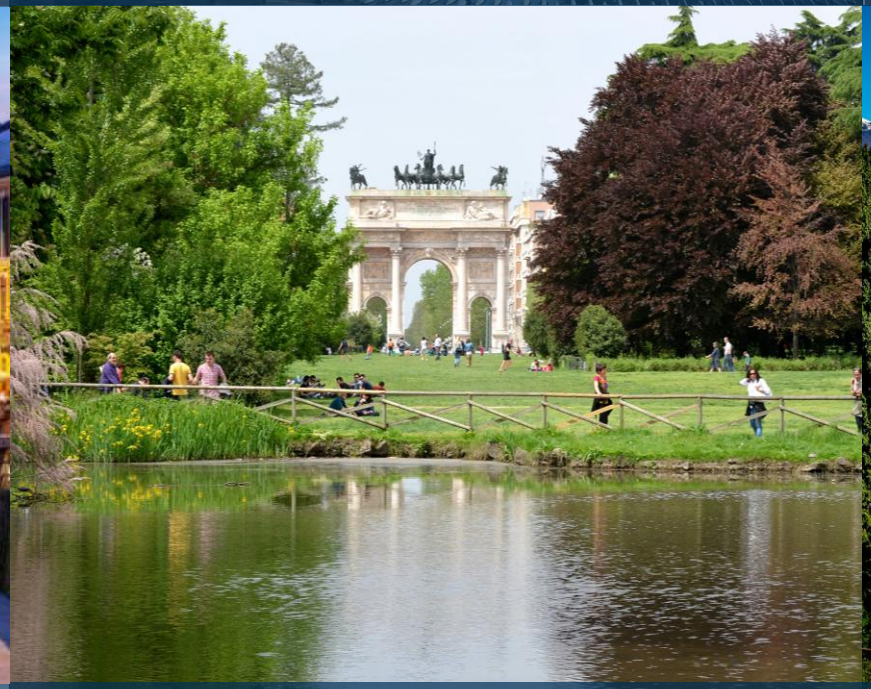
Piazza Gae Aulenti



Brera



Navigli



Parco Sempione/Arco della Pace



Lake Como

Get connected with fellow students

ESN

ESN UNICATT MILANO

INTERNATIONAL EXCHANGE
ERASMUS STUDENT NETWORK

Help International students in Milan have an unforgettable experience.

Buddy Programme



Get connected with Cattolica students.





Up next...

- Studium Musicale d’Ateneo
- Sports at Cattolica
- Erasmus Student Network (ESN)

International Reputation Team

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on Instagram!

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Sport in Cattolica



@cus_cattolica

Studium musicale di Ateneo



Thank you for listening

What's Next?

- International students info point
- ESN card sign-up
- Aperitivo buffet: 6pm in the caffeteria!