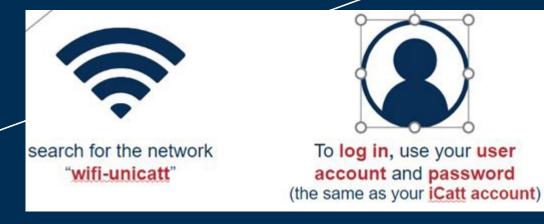


Welcome Summer Students!





Summary

- ICatt account
- ICatt webpage
- Blackboard platform
- Campus services
- The city of Milan

The International Student Services Team



Francesca De Martini Team Coordinator



Alicia Quijano

- Short mobility programmes
- Buddy Mentor Programme
- Isep Coordinator



Laura Ferrari

- Academic Curriculum courses
- ItalianLangaugecourses



Martina Peretti:

- General inquiries
- Double Degree



Olivia Menghini

International Curriculum courses

Contacts



Email:

international.advisor@unicatt.it



Phone:

(0039) 02 7234 5801 (Extension: 2)





Via Carducci, 30 - 3rd Floor.

Follow the blue arrows on the floor!



Office hours: Monday - Friday

Morning: 9.30 am - 12.30 pm

Afternoon: 2.30 pm - 5 pm



Make sure to regularly check and BOOKMARK the Welcome to Cattolica page for up-to-date information!

iCatt - Personal student page



What is iCatt?

iCatt is the student portal where you will access your **personal page** with **all the information you need** to study at Cattolica.

How do I access iCatt?

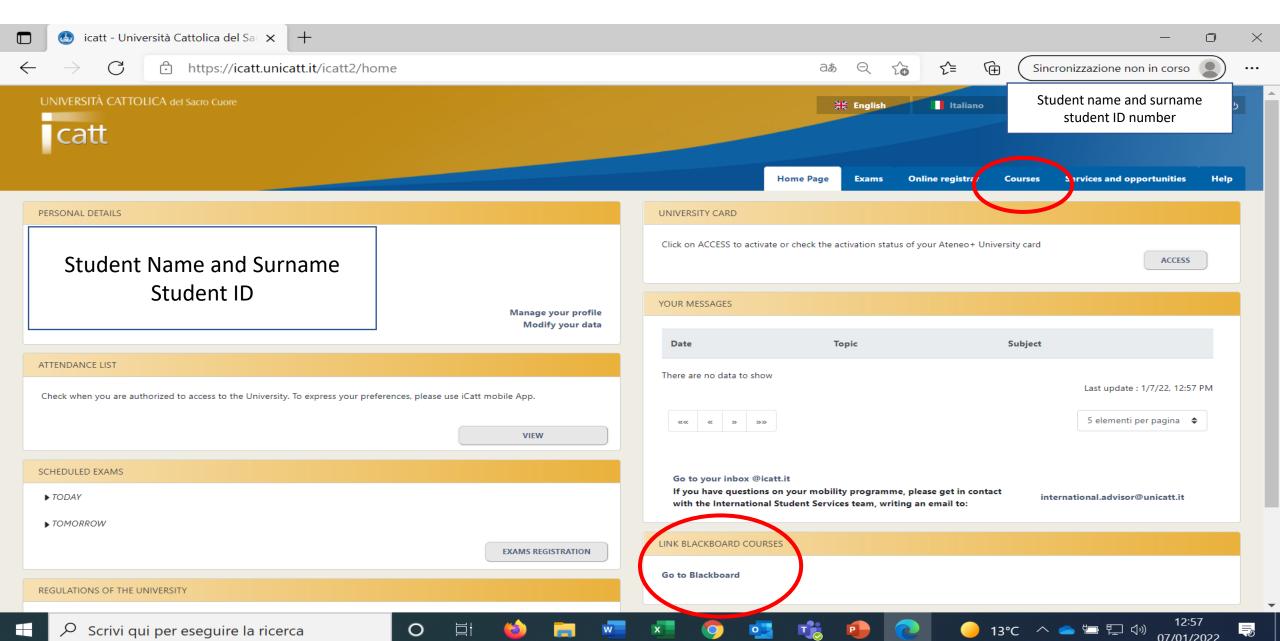
You can access iCatt from the **Cattolica home page** or directly at https://icatt.unicatt.it using the same user ID (firstname.lastname01) and password you used for the application portal.

(Note: your user ID may include middle names and could have "02" instead of "01")

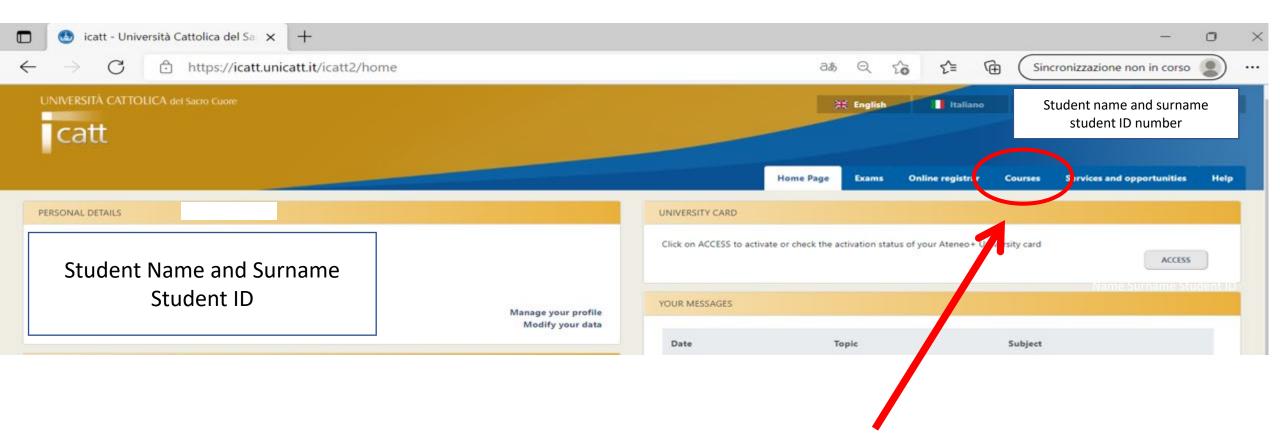
Note:

If you forget your password, click 'forgotten password' and use the *codice fiscale* that was sent to your email address just before you started your application to Cattolica

What does my iCatt Personal Page look like?



How can I see my courses?



Click on Courses on the navigation bar



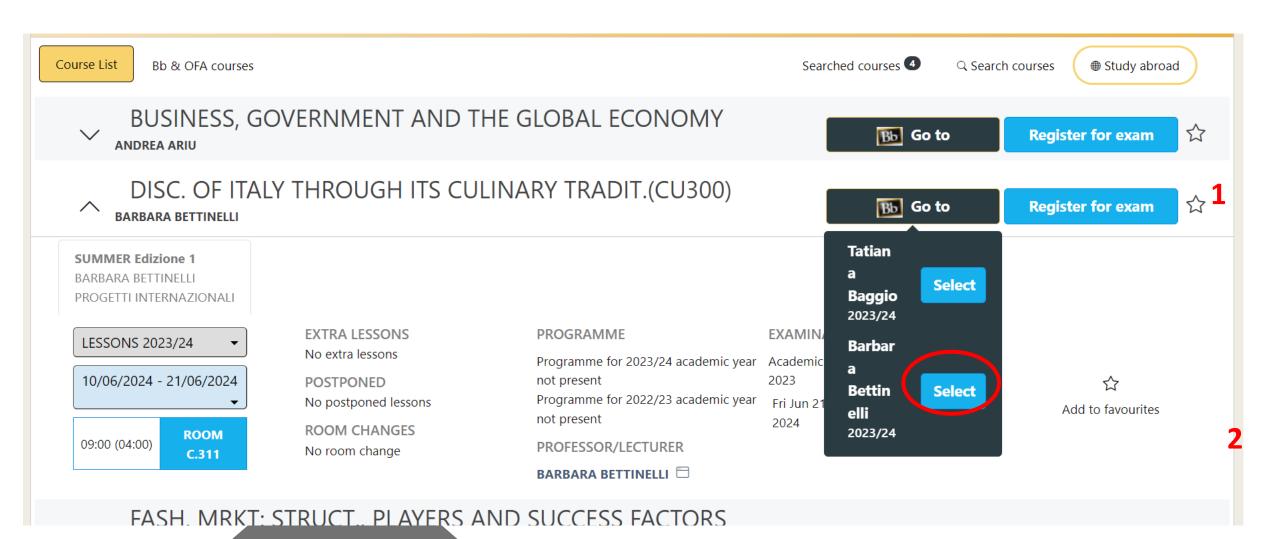
How can I see my courses?



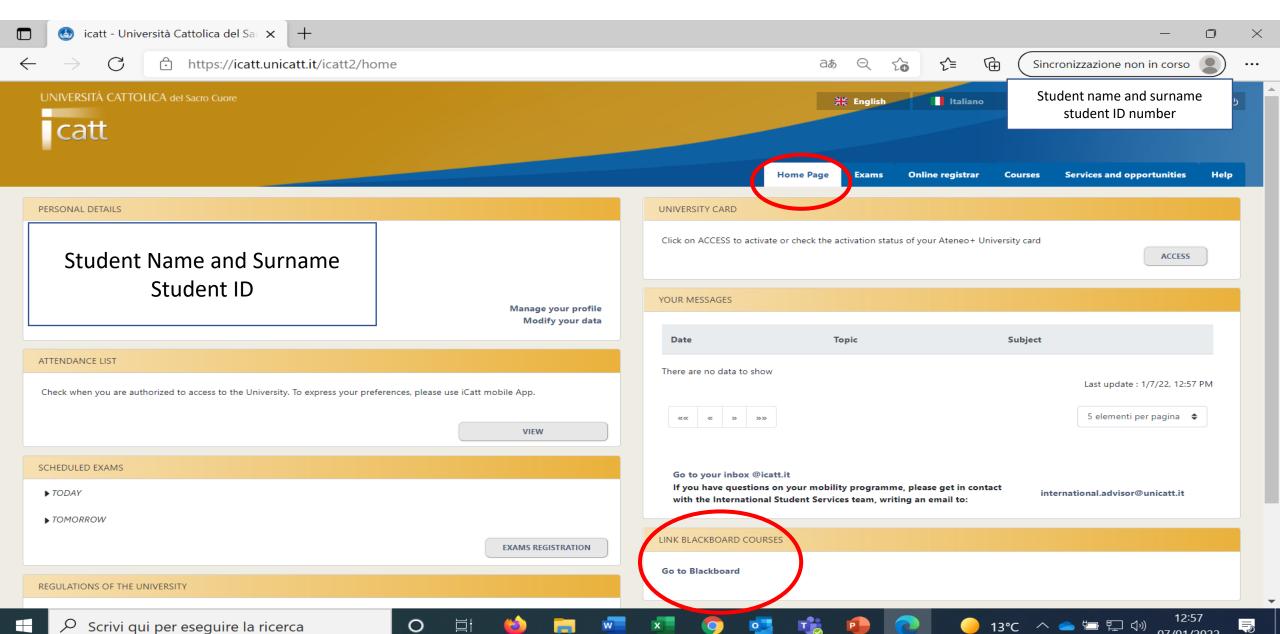
How to activate your course to Blackboard

In order to access your course material you must activate Blackboard for each class

- 1. Click on the black button with the BB logo next to your course
- 2. Click on Select

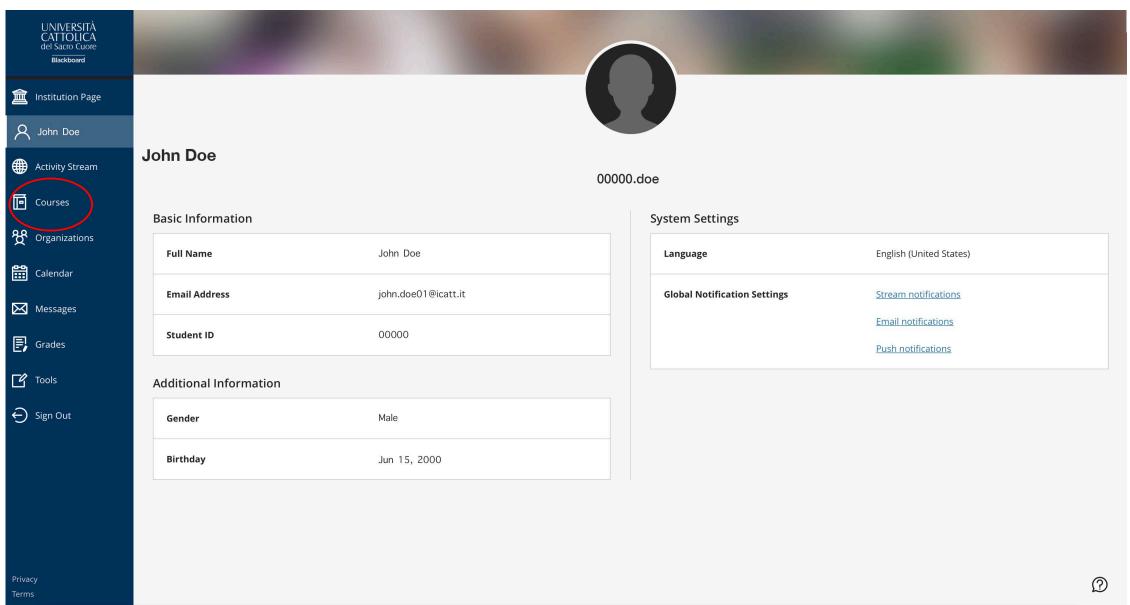


How to enter Blackboard: Return to your Home Page and click on Go to Blackboard



Click on COURSES on your Blackboard home page to access your course.

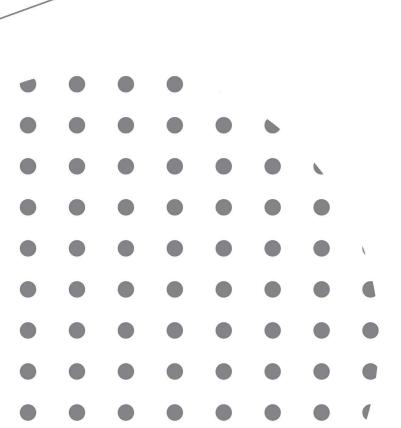




iCatt App

Download the iCatt App to:

- check information about courses
- schedules and classrooms





ACADEMIC POLICIES

- Attendance is mandatory
- Excused absence only with a medical certificate
- Unexcused absences may lead to 3 or 4 points taken off final grade.
- Exams cannot be rescheduled
- If you have not yet signed the policy, you can go to this link and return it signed to international.advisor@unicatt.it

Your @iCatt email account



Every student enrolled at Cattolica has an iCatt email address: your iCatt username + @icatt.it

How do I access my iCatt email account? Three ways:

Directly from your **iCatt page** in the "Your Messages" section

Click on the **envelope** at the top right of the **www.unicatt.it** homepage

Visit the **Outlook website** and **add an account**



Ateneo

Corsi

Ammissione

Facoltà



N

All **Cattolica official communications** related to courses will be directed to your **@icatt mailbox**. **Make sure to check it regularly**. For more information visit **this page**.

CLASSROOMS FIRST SESSION

SUMMER PROGRAM - Course Title	Classroom
Prof Mantegazzini Strategic Management and Entrepreneurship	C. 314
Prof. Bettinelli – Discovery of Italy	C.016
Prof. Galvani – Effective Approaches to Sports Performance	C.314
Prof. Toccaceli - Mass Communication and Media Industries: the Italian Style in producing and managing Television, Advertising and Music	C.311

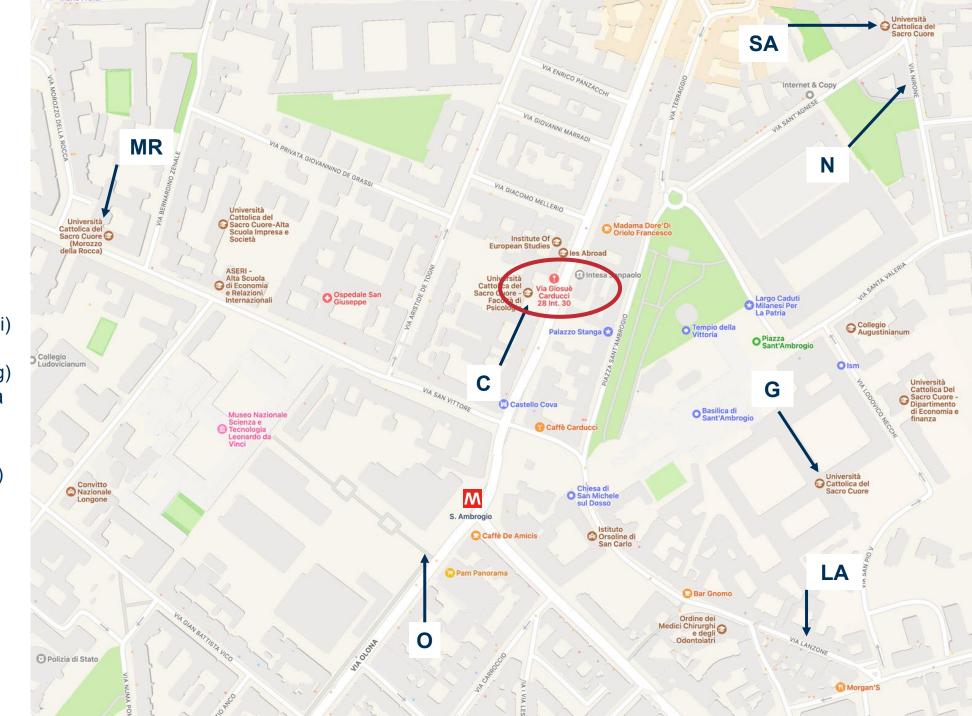
University Buildings

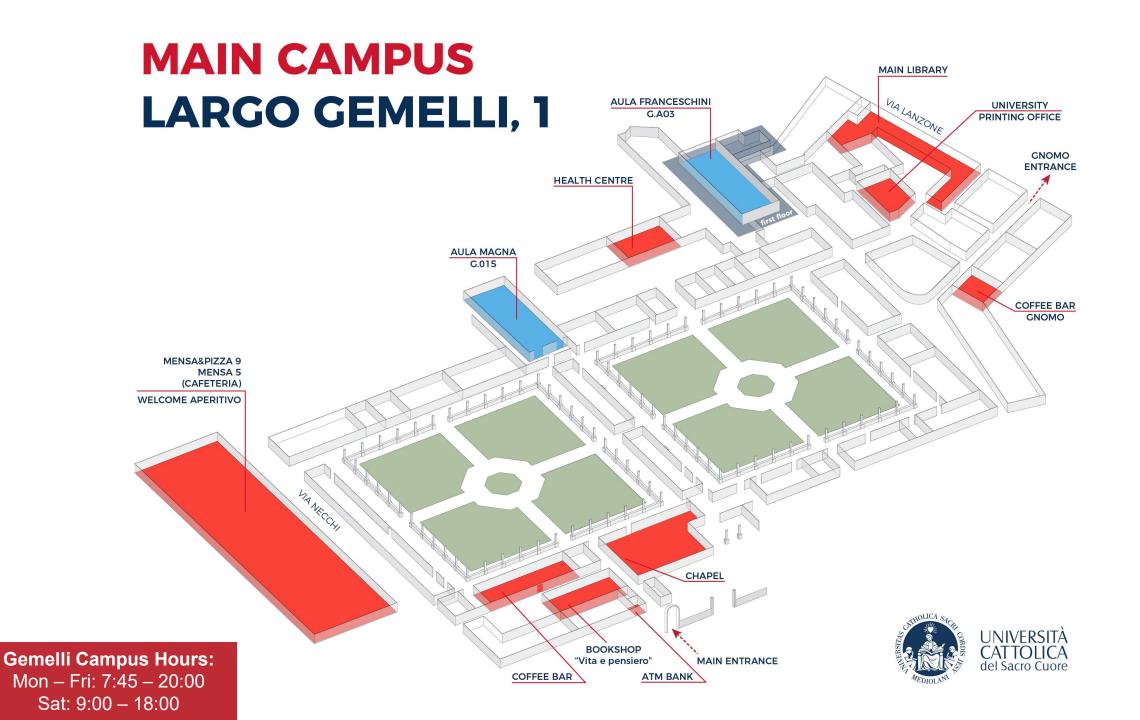
Your courses may be held in various buildings!

Buildings Index:

- G = Gemelli (Main Campus – Largo Gemelli)
- C = Carducci (Cattolica International Building)
- MR = Morozzo della Rocca
- **SA** = Sant'Agnese
- N = Nirone (Via Nirone)
- LA = Lanzone (Via Lanzone)
- O = Olona (Via Olona)

Example: C.311 = Carducci building - 3rd Floor - Room 311





Cafeteria (Mensa)

Locations

- Mensa&Pizza 9 (Via Necchi, 9)
- Mensa 5 (Via Necchi, 5)
- Mensa 18 (Via San Vittore, 18)

Prices

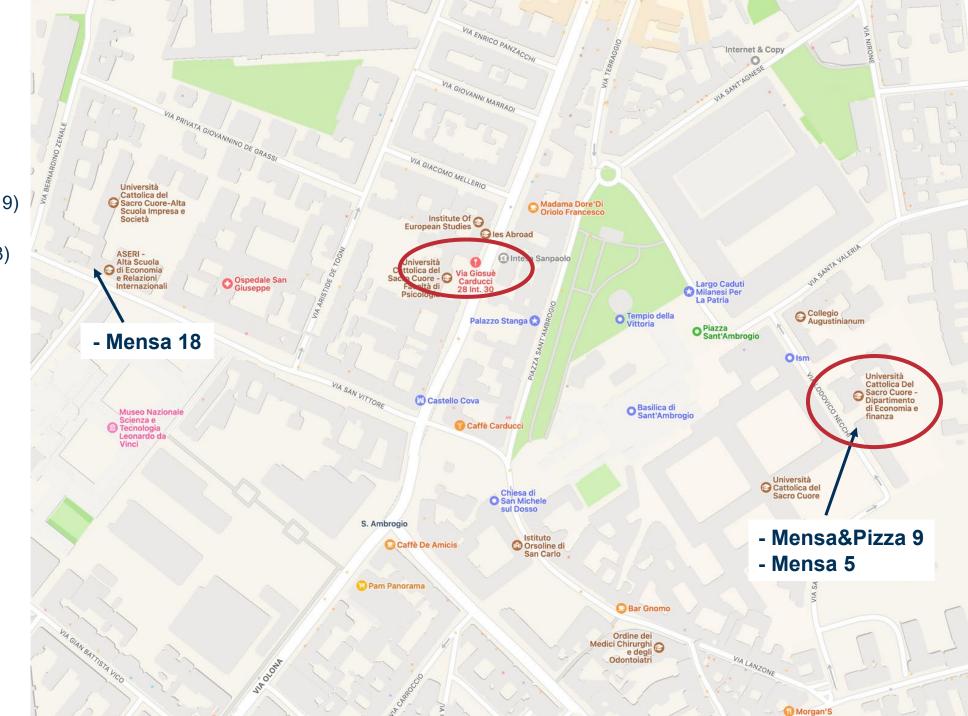
- Complete meal: €7,70
- Lunch meal: €5,00

Payment

- Use your student ID card: cash not accepted
- Card top-up machines are located at the entrance of the Mensa&Pizza 9 (Via Necchi, 9)

Opening Hours

From 11.30 am until 3.00 pm. For more specific opening times, check online!



Composing your meal

FIRST COURSE (Primo piatto): Pasta/ risotto/ soup

SECOND COURSE (Secondo piatto): Meat/ fish/ vegetarian option

(omelette, pie)/ large salad

SIDE DISH (Contorno): Vegetables, small salad, small piece

of cheese

DESSERT: Yogurt, pudding, fruit



COMPLETE MEAL

First Course
Second Course
Side Dish
Fruit
Bread
Drink (free refill)

LUNCH MEAL

First Course
Side Dish
Fruit
Bread
Drink (free refill)

LUNCH MEAL

Second Course Fruit Bread Drink (free refill)

LUNCH MEAL

Second Course
Side Dish
Bread
Drink (free refill)

BASIC PIZZA

A Slice of Pizza
Fruit
Drink (free refill)

BASIC PIZZA

A Slice of Pizza Fries Drink (free refill)

€6.65 €5.00

€5,00

€5,00

€4,50

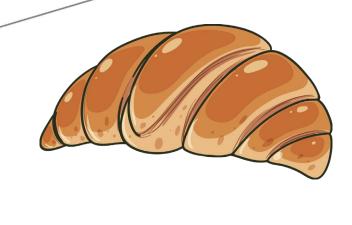
€5.00

The Main Cafeteria "Mensa" on Via Necchi 9

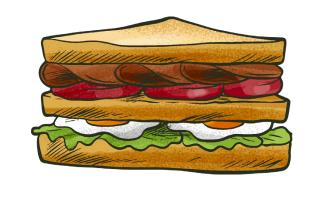
- 1. Load money onto your student ID (insert your ID and remove straight away, as shown on the video)
- 2. Check the day's menu and join the line: there are two lines:
 - Pizza line
 - Regular line (at one point the line splits left and right, but the food is the same)
- 3. Grab a tray, cutlery and bread (optional)
- 4. Choose what you would like based on the options on the previous slide
- 5. Grab a beverage at the beverage fountain machine (free refills)
- 6. Pay by swiping your student ID card at the cash register
- 7. Enjoy! (buon appetito!)
- 8. When you are finished eating, place your tray on the conveyor belt in the dining area on the right.

Coffee Bars

You can take advantage of the bars around the campus for a quick snack, a coffee or a **brioche** (croissant) with cappuccino

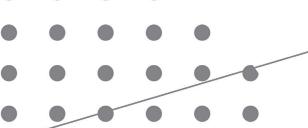












How to Use Your Student ID Card



Eat at the Cafeteria

Use University services

 (printers, medical centre, library services)

 Access some areas reserved for authorized person

Cattolica WiFi Connection



search for the network "wifi-unicatt"



To log in, use your user account and password (the same as your iCatt account)

HEALTH CENTER

Main campus, Dominicanum Building, 1st floor

- No appointment required (free access)
- Free visits
- Visits hours: Mon Thur Fri → 9.00 am –
 4.45 pm | Tue Wed → 1.00 pm 4.45 pm
- English and Italian speaking doctor

Life in Milan



- A brief Italian lesson
- Public transport
- General safety tips
- Food and drink
- What to see in Milan

A Brief Italian Lesson (Una breve lezione)

Hello → Buongiorno (formal / for people you don't know)

Hi! / bye! → Ciao

My name is... → Mi chiamo

Please -> Per favore ('per favor-ay')

Excuse me > Mi scusi (asking for a person's attention)

Excuse me -> Permesso (asking for permission to pass/enter)

I would like > Vorrei...

Can I have...? → Posso avere...?

How much does it cost? → Quanto costa...?

Where is...? → Dov'è...? ('Dov-ay...?')

Thank you -> Grazie ('gra-tz-ee-ay')

Have a nice day! → Buona giornata!



TIP: Pronounce every vowel in the word

Buongiorno, mi chiamo...

Posso avere un'informazione?

Vorrei sapere dove è l'ufficio immigrazione.

Grazie e buona giornata!

Public Transport: "ATM"

Milan is divided in zones. The minimum fare that can be purchased is the 3 zones (Mi1-Mi3).

Costs for Mi1-Mi3:

• Regular ticket (valid for 90 minutes from the first validation): € 2,20

• Monthly pass: €22,00 + a 1 time purchase of the electronic card: €10,00 (valid on metro, bus, tram)

Weekly pass and two-day passes are also availbale

Check how to apply for you atm card here!

Be aware of public transport strikes.
Use the ATM app for updates and also to buy virtual tickets

Useful links:

<u>More info here</u>

<u>Download the ATM Milano app!</u>

ATTENTION: Always **validate** your ticket when you get on a bus/tram/metro.

Paper ticket: Insert the ticket in the machine

Virtual ticket: Buy a ticket on the ATM app and scan the QR code (only for the metro; no need to scan

on bus and tram)

Contactless bank card: Tap your contactless bank card to enter and exit

Taxi Service

- White taxis are generally cheaper than UBER
- They generally accept cards but ask the driver first

How to catch a cab:

- At a taxi stand at several points throughout the city
- You can call several taxi services on these numbers:
 - 024040, 026969, 028585
- Download one of these Apps:



General Safety Tips

- Be very aware of pickpockets at train stations, metro stations and on public transport
- Always make sure your backpack/handbag is closed. Hold your bag/backpack in your arms on transport
- Don't leave your **phone/wallet** on the table in bars
- In Italy you are required to always have an ID card with you. However, we advise you to keep your passport in your apartment in a safe place.
- Make sure you have scans or copies of your important documents, and keep them safe at home/ online
- If you're getting home late, don't walk home alone if you can avoid it - call a taxi

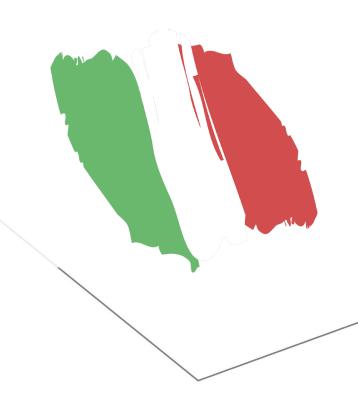
EMERGENCY SERVICE NUMBER: 112

(Police, Ambulance, Fire Department)

General tips

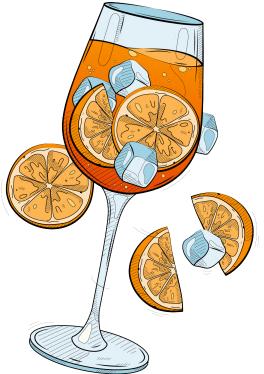
- Appropriate clothing is expected at University: watch and learn from local students
- Be aware of your surroundings
- Quiet hours are generally 10 pm on weekdays and 11 pm on weekends
- If you visit a church, cover shoulders and knees and remove hats
- Get out of your comfort zone!
- Interact with locals

Speak to us if you want to discuss anything!



Food and Drink

- Payment system varies in bars and restaurants
- *Aperitivo*: it's a pre-dinner/relax after work moment that usually goes from 6.00 pm to 9.00 pm. You can have drinks and snacks or small dishes.
- Tipping isn't expected (You may leave some extra euros and this will be appreciated, but it is not necessary).
 However, you will be charged a 'coperto' (service fee) that is usually around € 2,00 per person
- Lunch time: 12.00 pm 2.30 pm Dinner time: 7.00 pm 10.00 pm
- Public water fountains: free, clean water
- Visit the local farmers market for an authentic Italian grocery shopping experience
- Typical breakfast at the bar: cappuccino and cornetto (also called brioche or croissant)



What to see in Milan (and whereabouts)

Parks:

- Parco Sempione
- Parco Solari (including indoor swimming pool)
- BAM Biblioteca degli Alberi Milano
- Giardino Indro Montanelli
- Boscoincittà
- Parco Lambro

Monuments:

- Duomo di Milano
- Castello Sforzesco
- Arco della Pace
- Torre Branca
- Cimitero Monumentale
- Basilica di Sant'Ambrogio

Museums*:

- Palazzo Reale
- Santa Maria delle Grazie (The Last Supper)
- MUDEC Museo delle Culture
- GAM Galleria di Arte Moderna
- Pinacoteca di Brera
- Museo della Scienza e della Tecnica Leonardo da Vinci
- Triennale
- Biblioteca Ambrosiana
- Hangar Bicocca

(Mostly free entry* on first Sunday of the month)

Nightlife Areas (dinners and bars):

- Piazza Gae Aulenti
- Corso Como
- Colonne di San Lorenzo
- Navigli
- Isola
- Arco della Pace

Weekend Trips (close to Milan):

- Como
- Lake Como
- Lake Garda
- Brescia
- Cremona
- Bergamo
- Varese

Weekend Mountain Breaks:

- Piani di Bobbio
- Pila
- Presolana Montepora
- Aprica
- Valmalenco
- Montecampione
- Pontedilegno-Tonale

For any other info you may need,

visit **YesMilano**



YesMilano

YESMLANO

Your Guide to the City



Get connected with fellow students



Help International students in Milan have an unforgettable experience.

Follow us! Tag us!



Thank you!